

**NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010****Results****Event 1 Women 200 Yard Medley Relay****Meet Record: 1:50.87 # 1999 Chapel Hill****All-Am. Auto: 1:49.01 A****All-Am. Cons: 1:50.85 C**

<b>Team</b>	<b>Relay</b>			<b>Finals Time</b>
1 East Chapel Hill				1:53.15
1) Davis, Supriya JR	2) Newton, Helen SR	3) Gan, Zoe JR	4) Zou, Lisa FR	
2 Reynolds, R. J.				1:53.31
1) Ratana, Anna SR	2) Denton, Ellen SR	3) Bullock, Anna Blair JR	4) Jackson, Savannah FR	
3 Grimsley				1:55.26
1) Harris, Natalie SO	2) Gentry, Rachel JR	3) Labonge, Natalie FR	4) Walker, Sarah JR	
4 Pinecrest				1:55.31
1) Cooper, Casey SR	2) Fish, Alyssa SO	3) DiTomasso, Allison SO	4) Fish, Ana SO	
5 Northwest Guilford				1:57.28
1) Sumner, Katie SO	2) Albert, Kalee SO	3) Hollingsworth, Chelsea SR	4) Diemer, Kristin JR	
6 Reagan				1:57.52
1) Bostian, Caroline SR	2) Neil, Caroline FR	3) McGowan, Eileen SR	4) Babcock, Meghan JR	
7 Davie County				1:58.98
1) Keeney, Hannah JR	2) Benson, Palmer SO	3) Coffey, Erika SO	4) Folmar, Bailey FR	
8 Riverside				1:59.94
1) Howard, Chelsea SR	2) Hein, Kate JR	3) Speight, Carly FR	4) Goodwin, Meredith SR	
9 West Forsyth				2:00.48
1) Chung, Vivian JR	2) Varnell, Laurel SR	3) Antolino, Alex JR	4) Urbowicz, Elizabeth SO	
10 Mount Tabor				2:00.86
1) Woodcock, Victoria FR	2) Cash, Catie SO	3) Sayles, Katie SO	4) Larson, Nancy JR	
11 Ragsdale				2:02.31
1) Rindal, Madelyn JR	2) VanRyen, Nicole FR	3) Quillen, Katie JR	4) Quillen, Sarah FR	
12 North Davidson				2:02.55
1) West, Erin SR	2) Hartley, Taylor SR	3) Woosley, Nina JR	4) Michael, Kacie SO	
13 Jordan				2:02.61
1) Lott, Megan FR	2) Ray, Samantha SO	3) Castillo, Bailey FR	4) Seidel, Laura JR	
14 Page				2:03.36
1) Bernstorf, Julie	2) Leik, Chandler SR	3) Kinnear, Kelly JR	4) Myers, Lauren JR	
15 High Point Central				2:06.17
1) Obrien, Mackenzie FR	2) Brown, Asia FR	3) Cottom, Katherine FR	4) Adams, Charlotte SO	
16 Southwest Guilford				2:08.02
1) Massengale, Jenna SO	2) Baratta, Catie SO	3) Hall, Sydney SO	4) Harvey, Lucy SO	
17 Western Guilford				2:10.69
1) Strickland, Sara SR	2) Williams, Kendall JR	3) Cheek, Caroline JR	4) Kilmartin, Kathleen SR	
18 Britt, Jack				2:13.03
1) Blad, Ayla FR	2) O'Hara, Carolyn FR	3) Thornton, Layne SO	4) Bair, Brooke FR	
19 Lumberton				2:15.45
1) Hamilton, Maegan JR	2) Dent, Julia JR	3) Borchert, Peach JR	4) Davis, Callie JR	
20 Southeast Guilford				2:18.30
1) Daniels, Madison JR	2) Lane, Heather FR	3) Ransom, Anna FR	4) Bond, Katie FR	
21 Glenn				2:20.03
1) Kosman, Maddie JR	2) Edwards, Catherine SO	3) Zimmer, Katherine SR	4) Peterson, Emily JR	
22 Sanford, Terry				2:25.12
1) McGinty, Akalea SR	2) Berry, Marisa SR	3) McGuire, Maria SO	4) Salas, Paola SO	
--- Northern Durham				DQ
1) Haywood, Corinne JR	2) Farmer, Kailey JR	3) Moseley, Amanda SO	4) Butters, Haley SO	
--- East Forsyth				DQ
1) Arnall, Kristen SR	2) Cox, Brittney SR	3) Perry, Christilia SR	4) Smith, Kendra JR	

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 2 Men 200 Yard Medley Relay

Meet Record: 1:37.70 # 2002 Riverside

All-Am. Auto: 1:37.02 A

All-Am. Cons: 1:38.50 C

Team	Relay			Finals Time
1 Grimsley				1:40.65
1) Mendelson, Willie SR	2) Gates, Percy SO	3) Ruhm, William SR	4) Riley, Joseph SO	
2 East Chapel Hill				1:41.03
1) Hudgins, Heath SR	2) Hoffer, Luke SR	3) Williams, David JR	4) Lee, Matthew JR	
3 Northwest Guilford				1:43.67
1) Burton, Chad SR	2) Cole, Mitchell SO	3) Oakes, Camden JR	4) Becker, Nathan SR	
4 West Forsyth				1:43.94
1) Jones, Christian SR	2) Scott, John SR	3) Kuebler, Harrison SR	4) Smith, Micah JR	
5 Northern Durham				1:45.93
1) Hoffman, Connor FR	2) Creidler, Nick SR	3) McDonald, Scott SR	4) Wooster, Michael SR	
6 Riverside				1:46.77
1) Speight, Kevin SR	2) Butts, Ian JR	3) McKenzie, Adam SR	4) Gallagher, Thomas FR	
7 Ragsdale				1:47.36
1) James, Colin JR	2) Cranford, Landis SO	3) Weeks, Lon SR	4) Hjelmquist, Jordan SR	
8 Jordan				1:47.63
1) Bacon, Isaac SR	2) House, Garrett FR	3) Vosburgh, Tom SO	4) Fortman, Evan JR	
9 Page				1:47.81
1) Blocker, Joe SR	2) Wheeler, David SR	3) Barefoot, Blake FR	4) Ganem, John JR	
10 Pinecrest				1:48.28
1) Olsen, Alex JR	2) Carey, Mark SO	3) Wohlrab, Kurt SO	4) Deaton, Wright JR	
11 Reynolds, R. J.				1:49.15
1) O'Donnell, Connor SR	2) Barefoot, Eric SO	3) Wagner, Mour SR	4) Stafford, Andrew SO	
12 Western Guilford				1:51.53
1) Brogden, Harrison JR	2) Gehsmann, Ryan JR	3) Jones, Cody SO	4) Allen, Taylor SO	
13 Sanford, Terry				1:51.77
1) Dyer, Dustin FR	2) Hartwell, Treavor SO	3) Dubois, Chase SR	4) Dudley, Wheeler JR	
14 East Forsyth				1:51.99
1) Wooten, William FR	2) Weincek, Charles SR	3) Hamm, Kevin SO	4) Corlett, Eric FR	
15 Reagan				1:52.32
1) Jennings, Eric FR	2) Kellum, Matt JR	3) Posey, Justin SO	4) Babcock, Isaac SR	
16 Davie County				1:52.75
1) Stiling, Joel SR	2) Whitaker, Landon JR	3) Milleson, Nathan JR	4) Macey, Kyle JR	
17 North Davidson				1:53.12
1) Newman, Justin SR	2) Darrow, Brandon JR	3) Johnston, Tyler SR	4) Williams, Shawn JR	
18 Lumberton				1:54.18
1) Fanning, Drew JR	2) Howington, Michael JR	3) Britt, Williams SR	4) Britt, Joe SO	
19 Glenn				1:57.25
1) Mello, Nick JR	2) Stafford, Kenny JR	3) Hunt, Justin SR	4) Trueblood, Michael JR	
20 Southwest Guilford				1:58.61
1) Brandsema, Matt SR	2) Tsakas, Vangeli SO	3) Mulligan, Matt SR	4) Jasinski, Daniel FR	
21 Southeast Guilford				1:59.08
1) Brame, Hunter SR	2) Jackson, Josh JR	3) Webb, Sierra FR	4) Robertshaw, Austin JR	
22 High Point Central				2:03.01
1) Frid, Eric SR	2) Boyarizo, Chris SO	3) Pritchett, Mike FR	4) Aguilar, Evan SR	
23 Britt, Jack				2:06.33
1) Clayton, Nicholas SR	2) Nam, Michael SR	3) Mellott, Sean SR	4) Middleton, Dylan JR	
--- Mount Tabor				DQ
1) Wiley, Matthew JR	2) Warren, Alex SO	3) Covell, Aaron SO	4) Welch, Harrison SR	

**NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010****Results****Event 3 Women 200 Yard Freestyle****Meet Record: 1:52.45 # 2009****Dania Marinshaw(E Chapel Hill)****East Chapel Hill****All-Am. Auto: 1:51.28 A****All-Am. Cons: 1:52.99 C**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1 Gordy, Lillian	JR	Reagan	1:52.80 C
2 Marinshaw, Dania	SR	East Chapel Hill	1:54.15
3 Tronolone, Nicole	SO	Sanford, Terry	1:58.08
4 Bullock, Anna Blair	JR	Reynolds, R. J.	1:58.90
5 York, Michelle	JR	East Chapel Hill	2:01.37
6 Wynn, Clara	SR	Grimsley	2:04.68
7 Benson, Palmer	SO	Davie County	2:05.04
8 Lattarulo, Julia	FR	Pinecrest	2:10.56
9 Lillycrop, Laura	JR	Ragsdale	2:11.87
10 Love, Tiffany	SR	Ragsdale	2:13.10
11 Barringer, Hailey	SR	Grimsley	2:13.64
12 Poindexter, Sloane	FR	Reagan	2:14.00
13 Bunting, Ashley	SR	Northwest Guilford	2:14.28
14 Waldrep, Meg	JR	Reagan	2:14.92
15 Zakerin, Soraya	FR	East Chapel Hill	2:15.11
16 DeWeese, Sarah	JR	Ragsdale	2:15.78
17 Oakes, Cara	FR	Northwest Guilford	2:16.13
18 Smith, Cameron	FR	Reagan	2:17.09
19 Brown, Asia	FR	High Point Central	2:19.15
20 Jabbour, Jessica	SR	Reynolds, R. J.	2:19.61
21 Key, Melissa	SR	Northwest Guilford	2:21.04
--- Ludolf, Marisa	SO	West Forsyth	x2:24.35
--- Baratta, Catie	SO	Southwest Guilford	x2:24.47

**NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010****Results****Event 4 Men 200 Yard Freestyle****Meet Record: 1:43.07 # 2001****John Hudson (WF-Rolesville)****Wake Forest-Role****All-Am. Auto: 1:41.46 A****All-Am. Cons: 1:42.97 C**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1	Williams, David	JR	East Chapel Hill	1:46.47
2	Brogden, Harrison	JR	Western Guilford	1:47.37
3	Healy, Tommy	JR	Reynolds, R. J.	1:47.85
4	Hudgins, Heath	SR	East Chapel Hill	1:48.86
5	Labonge, Alex	JR	Grimsley	1:49.13
6	Howes, Max	FR	East Chapel Hill	1:51.85
7	Creidler, Nick	SR	Northern Durham	1:52.01
8	Ruhm, William	SR	Grimsley	1:52.10
9	Adams, Taylor	SR	East Forsyth	1:53.24
10	Milleson, Nathan	JR	Davie County	1:55.10
11	Mulligan, Matt	SR	Southwest Guilford	1:56.74
12	McGinty, Solomon	SO	Sanford, Terry	1:57.98
13	Gowda, Niraj	JR	Northwest Guilford	1:58.65
14	Mcmullen, Patrick	SO	Grimsley	1:58.73
15	Weincek, Charles	SR	East Forsyth	1:59.36
16	Swanson, Matt	SR	Reagan	2:00.33
17	Washburn, Danner	SO	Reagan	2:00.97
18	Stafford, Andrew	SO	Reynolds, R. J.	2:02.09
19	Shim, Joseph	SR	East Chapel Hill	2:04.56
20	Macey, Kyle	JR	Davie County	2:04.75
21	Gibson, Alex	SO	Northwest Guilford	2:06.76
22	Reck, Zachary	SO	Ragsdale	2:10.55
23	Wiley, Matthew	JR	Mount Tabor	2:10.96
---	O'Brien, Thomas	SO	Davie County	DFS

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 5 Women 200 Yard IM

Meet Record: 2:04.21 # 2000 M. Green (Chapel Hill) Chapel Hill  
 All-Am. Auto: 2:05.37 A  
 All-Am. Cons: 2:07.60 C

	Name	Yr	School	Finals Time
1	Smith, Meghan	SR	East Chapel Hill	2:10.76
2	Gan, Sophie	SO	East Chapel Hill	2:12.58
3	Walker, Sarah	JR	Grimsley	2:15.37
4	Sayles, Katie	SO	Mount Tabor	2:15.86
5	Arnall, Kristen	SR	East Forsyth	2:16.62
6	Babcock, Meghan	JR	Reagan	2:18.09
7	Hein, Kate	JR	Riverside	2:18.89
8	Blackburn, Anna	JR	Reynolds, R. J.	2:20.83
9	VanRyen, Nicole	FR	Ragsdale	2:21.42
10	Martin, Allie	FR	Northwest Guilford	2:22.76
11	Kenny, Laura	SO	Northwest Guilford	2:22.93
12	Coffey, Erika	SO	Davie County	2:24.07
13	Thorne, Susannah	FR	Reagan	2:24.48
14	Thornton, Layne	SO	Britt, Jack	2:24.51
15	West, Erin	SR	North Davidson	2:25.06
16	Seidel, Laura	JR	Jordan	2:26.78
17	Capps, Chelsea	SR	Grimsley	2:27.95
18	Rindal, Madelyn	JR	Ragsdale	2:28.09
19	O'Donnell, Maureen	SR	East Chapel Hill	2:28.80
20	O'Brien, Mackenzie	FR	High Point Central	2:28.98
21	McCullough, Keira	FR	East Chapel Hill	2:30.07
22	Chasse, Isabel	SR	Grimsley	2:30.54
23	Seward, Maria	FR	Reagan	2:32.67
24	Greene, Rachel	FR	North Davidson	2:35.06

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 6 Men 200 Yard IM

Meet Record: 1:54.83 # 2005 Jeff James (Chapel Hill) Chapel Hill  
 All-Am. Auto: 1:54.02 A  
 All-Am. Cons: 1:55.96 C

	Name	Yr	School	Finals Time
1	Hoffer, Luke	SR	East Chapel Hill	2:00.36
2	Hoffman, Connor	FR	Northern Durham	2:04.07
3	Dyer, Dustin	FR	Sanford, Terry	2:04.31
4	Mendelson, Willie	SR	Grimsley	2:04.80
5	O'Donnell, Jeremiah	SO	East Chapel Hill	2:05.32
6	Vosburgh, Tom	SO	Jordan	2:07.00
7	Kovacsi-Mile, Jovi	SR	Reynolds, R. J.	2:08.27
8	Skiba, Paul	SO	East Chapel Hill	2:08.45
9	Cole, Mitchell	SO	Northwest Guilford	2:08.97
10	Thomas, Jacob	FR	Southeast Guilford	2:09.03
11	Wooten, William	FR	East Forsyth	2:10.75
12	Pooley, Cory	SR	East Forsyth	2:11.54
13	House, Garrett	FR	Jordan	2:11.76
14	Carey, Mark	SO	Pinecrest	2:14.31
15	Hoffmann, Erich	JR	Riverside	2:20.72
16	Warren, Alex	SO	Mount Tabor	2:21.25
17	O'Donnell, Connor	SR	Reynolds, R. J.	2:21.91
18	Belton, Andreas	SO	Riverside	2:22.02
19	Kellum, Matt	JR	Reagan	2:23.74
20	Cary, Dakota	SO	Ragsdale	2:23.78
21	Tsakas, Vangeli	SO	Southwest Guilford	2:24.15
22	Matthews, Zach	FR	West Forsyth	2:24.86
*23	Logan, Charles	SO	Riverside	2:27.11
*23	Spangler, Mark	SO	West Forsyth	2:27.11

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 7 Women 50 Yard Freestyle

Meet Record: 23.87 # 2002

K. Maggio (Grimsley)

Grimsley

All-Am. Auto: 23.81 A

All-Am. Cons: 24.12 C

	Name	Yr	School	Finals Time
1	Zou, Lisa	FR	East Chapel Hill	24.49
2	Marshall, Alexandra	FR	Reagan	24.53
3	Labonge, Natalie	FR	Grimsley	24.69
4	Diemer, Kristin	JR	Northwest Guilford	24.72
5	Larson, Nancy	JR	Mount Tabor	24.78
6	Fish, Ana	SO	Pinecrest	24.82
7	Ray, Samantha	SO	Jordan	24.87
8	Bloomquist, Blair	SR	Grimsley	24.96
9	Denton, Ellen	SR	Reynolds, R. J.	25.61
10	Myers, Lauren	JR	Page	25.79
11	Quillen, Sarah	FR	Ragsdale	26.07
12	Boyles, Meghan	JR	West Forsyth	26.20
13	Snyder, Kelly	SO	Northwest Guilford	26.32
14	Fletcher, Erika	JR	Reagan	26.42
15	Seward, Maria	FR	Reagan	26.78
16	Jackson, Savannah	FR	Reynolds, R. J.	26.85
17	Richardson, Brea	JR	Grimsley	26.93
18	Smith, Kendra	JR	East Forsyth	26.96
19	Urbowicz, Elizabeth	SO	West Forsyth	26.99
20	McClendon, Savannah	JR	Northwest Guilford	27.03
21	Sumner, Katie	SO	Northwest Guilford	27.08
22	Burroughs, Melissa	SR	East Chapel Hill	27.10
23	Meshnick, Maggie	FR	East Chapel Hill	27.16
24	Zhou, Laura	SR	East Chapel Hill	27.25

**NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010****Results****Event 8 Men 50 Yard Freestyle**

**Meet Record:** 20.80 # 1990 C. Compton (H.P. Andrews) H.P. Andrews  
**All-Am. Auto:** 21.15 A  
**All-Am. Cons:** 21.48 C

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1	Hubbard, Sawyer	SR	Reagan	21.64
2	Gates, Percy	SO	Grimsley	21.93
3	Burton, Chad	SR	Northwest Guilford	22.03
4	Byers, Jesse	SR	East Forsyth	22.33
5	Speight, Kevin	SR	Riverside	22.89
6	Oakes, Camden	JR	Northwest Guilford	22.90
7	Stancliff, Jay	JR	Reagan	22.93
8	Riley, Joseph	SO	Grimsley	23.14
9	Scott, John	SR	West Forsyth	23.15
10	Harrill, Harrison	SR	Grimsley	23.35
11	Healy, Chris	FR	Reynolds, R. J.	23.45
12	Britt, Williams	SR	Lumberton	23.63
13	Bridges, Paul	SR	Mount Tabor	23.79
14	Blocker, Joe	SR	Page	23.86
15	Aguilar, Evan	SR	High Point Central	23.95
16	Samuels, Brent	JR	Riverside	23.96
17	Ganem, John	JR	Page	23.98
18	Barefoot, Blake	FR	Page	24.01
19	Wiley, Stephen	JR	Mount Tabor	24.10
20	Snyder, Gabe	SR	Ragsdale	24.18
21	Babcock, Isaac	SR	Reagan	24.20
22	Hjelmquist, Jordan	SR	Ragsdale	24.21
23	Kuebler, Harrison	SR	West Forsyth	24.27
24	Nelson, Matt	SR	East Chapel Hill	24.28



**NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010****Results****Event 9 Women 1 mtr Diving****Meet Record: 395.90 # 2007****Rebecca Bentley (Jordan)****Jordan****All-Am. Auto: 375.00 A**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Score</b>
1	Menzies, Alison	JR	Reagan	403.65#
2	Greene, Sarah	SR	Riverside	389.55 A
3	Armstrong, Lily	FR	Western Guilford	341.15
4	Roueche, Alicia	FR	Grimsley	334.15
5	Catotti, Leah	JR	Jordan	263.95
6	Krakow, Katie	SR	East Chapel Hill	244.70
7	Davis, Taylor	JR	Jordan	235.35
8	Jones, Maddie	SO	East Chapel Hill	235.10
9	Showers, Abby	SR	West Forsyth	225.35
10	Spring, Ashlyn	SR	Jordan	207.70
11	Sellars, Ryann	SR	East Chapel Hill	151.45
12	Catotti, Claire	SO	Jordan	133.35

**NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010****Results****Event 10 Men 1 mtr Diving****Meet Record: 633.70 # 2007****Nick McCroy (E Chapel Hill)****East Chapel Hill****All-Am. Auto: 375.00 A**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Score</b>
1	Retter, Charlie	SO	East Chapel Hill	460.60 A
2	Lippard, Ross	SO	Reagan	282.80
3	Kiley, Patrick	FR	East Chapel Hill	258.05
4	Cochran, Wesley	SO	East Chapel Hill	250.50
5	Cutler, Carl	JR	Riverside	245.10
6	Zaterka, Alex	FR	Jordan	196.95
7	Darken, Michael	SO	East Chapel Hill	188.55

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 11 Women 100 Yard Butterfly

Meet Record: 57.15 # 2008

Chelsea Howard (Riverside)

Riverside

All-Am. Auto: 56.57 A

All-Am. Cons: 57.50 C

	Name	Yr	School	Finals Time
1	Ratana, Anna	SR	Reynolds, R. J.	57.04#
2	Howard, Chelsea	SR	Riverside	58.23
3	Gan, Zoe	JR	East Chapel Hill	58.33
4	Smith, Meghan	SR	East Chapel Hill	59.26
5	Davis, Supriya	JR	East Chapel Hill	59.68
6	Cooper, Casey	SR	Pinecrest	1:00.71
7	Sayles, Katie	SO	Mount Tabor	1:02.75
8	Labonge, Natalie	FR	Grimsley	1:03.08
9	McGowan, Eileen	SR	Reagan	1:03.52
*10	Varnell, Laurel	SR	West Forsyth	1:03.83
*10	Hollingsworth, Chelsea	SR	Northwest Guilford	1:03.83
12	Massengale, Jenna	SO	Southwest Guilford	1:03.87
13	DiTomasso, Allison	SO	Pinecrest	1:04.30
14	Martin, Allie	FR	Northwest Guilford	1:04.59
15	Williams, Sam	SO	East Chapel Hill	1:05.60
16	Leik, Chandler	SR	Page	1:05.83
17	Jones, Jordan	SO	Reagan	1:07.42
18	Kinnear, Kelly	JR	Page	1:08.18
19	Herrington, Susan	SO	Pine Forest	1:08.57
20	Cottom, Katherine	FR	High Point Central	1:08.72
21	Jabbour, Jessica	SR	Reynolds, R. J.	1:08.81
22	Antolino, Alex	JR	West Forsyth	1:09.06
23	Myers, Lauren	JR	Page	1:09.21
24	Richardson, Brea	JR	Grimsley	1:09.60

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 12 Men 100 Yard Butterfly

Meet Record: 51.65 # 2000

John Dean (WF-Rolesville)

Wake Forest-Role

All-Am. Auto: 50.80 A

All-Am. Cons: 51.72 C

	Name	Yr	School	Finals Time
1	McKenzie, Adam	SR	Riverside	50.73 A
2	Ruhm, William	SR	Grimsley	53.23
3	Williams, David	JR	East Chapel Hill	53.28
4	Wohlrab, Kurt	SO	Pinecrest	54.27
5	Labonge, Alex	JR	Grimsley	54.36
6	McDonald, Scott	SR	Northern Durham	55.71
7	Oakes, Camden	JR	Northwest Guilford	55.92
8	Vosburgh, Tom	SO	Jordan	56.43
9	Wooten, William	FR	East Forsyth	56.97
10	Esry, Austin	SO	East Chapel Hill	57.66
11	Kibler, Andrew	SR	West Forsyth	57.73
12	Kuebler, Harrison	SR	West Forsyth	58.09
13	Posey, Justin	SO	Reagan	58.22
14	Wagner, Mour	SR	Reynolds, R. J.	58.99
15	Gowda, Niraj	JR	Northwest Guilford	59.13
16	Barefoot, Blake	FR	Page	59.14
17	Nelson, Matt	SR	East Chapel Hill	59.53
18	Covell, Aaron	SO	Mount Tabor	59.68
19	Pooley, Cory	SR	East Forsyth	1:00.15
20	Snyder, Gabe	SR	Ragsdale	1:00.43
21	McGinty, Solomon	SO	Sanford, Terry	1:00.61
22	Matthews, Zach	FR	West Forsyth	1:01.97
23	Logan, Charles	SO	Riverside	1:02.74

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 13 Women 100 Yard Freestyle

Meet Record: 52.56 # 2002 K. Maggio (Grimsley) Grimsley  
 All-Am. Auto: 51.62 A  
 All-Am. Cons: 52.39 C

	Name	Yr	School	Finals Time
1	Marinshaw, Dania	SR	East Chapel Hill	53.80
2	Ray, Samantha	SO	Jordan	53.84
3	Larson, Nancy	JR	Mount Tabor	53.98
4	Marshall, Alexandra	FR	Reagan	54.09
5	Diemer, Kristin	JR	Northwest Guilford	54.13
6	Bloomquist, Blair	SR	Grimsley	54.41
7	Fish, Ana	SO	Pinecrest	54.59
8	Walker, Sarah	JR	Grimsley	55.88
9	Bostian, Caroline	SR	Reagan	56.52
10	Denton, Ellen	SR	Reynolds, R. J.	56.80
11	Fish, Alyssa	SO	Pinecrest	57.18
12	Burroughs, Melissa	SR	East Chapel Hill	58.24
13	Jackson, Savannah	FR	Reynolds, R. J.	58.78
14	Zhou, Laura	SR	East Chapel Hill	58.91
15	Vaughan, Kaylyn	FR	North Davidson	58.97
16	Urbowicz, Elizabeth	SO	West Forsyth	59.40
17	Snyder, Kelly	SO	Northwest Guilford	59.47
18	Poindexter, Sloane	FR	Reagan	59.50
19	Quillen, Sarah	FR	Ragsdale	59.51
20	Bunting, Ashley	SR	Northwest Guilford	59.70
21	Daniels, Madison	JR	Southeast Guilford	59.93
22	Goodwin, Meredith	SR	Riverside	1:00.05
23	McClendon, Savannah	JR	Northwest Guilford	1:00.14
24	Adams, Charlotte	SO	High Point Central	1:00.96

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 14 Men 100 Yard Freestyle

Meet Record: 47.11 # 2001

John Hudson (WF-Rolesville)

Wake Forest-Role

All-Am. Auto: 46.35 A

All-Am. Cons: 46.98 C

	Name	Yr	School	Finals Time
1	Hubbard, Sawyer	SR	Reagan	47.68
2	Burton, Chad	SR	Northwest Guilford	47.88
3	Gates, Percy	SO	Grimsley	48.13
4	Healy, Tommy	JR	Reynolds, R. J.	49.14
5	Stancliff, Jay	JR	Reagan	49.78
6	Speight, Kevin	SR	Riverside	50.44
7	Byers, Jesse	SR	East Forsyth	50.76
8	Milleson, Nathan	JR	Davie County	51.02
9	Kovacsi-Mile, Jovi	SR	Reynolds, R. J.	51.14
10	Weeks, Lon	SR	Ragsdale	51.23
11	Lee, Matthew	JR	East Chapel Hill	51.76
12	Alvarez, Nick	SR	Grimsley	51.96
13	Smith, Micah	JR	West Forsyth	52.19
14	McDonald, Scott	SR	Northern Durham	52.25
15	Britt, Williams	SR	Lumberton	52.73
16	Ganem, John	JR	Page	53.14
17	Jones, Cody	SO	Western Guilford	53.18
*18	Samuels, Brent	JR	Riverside	53.19
*18	James, Colin	JR	Ragsdale	53.19
20	Osada, Shuya	FR	East Chapel Hill	54.28
21	Bridges, Paul	SR	Mount Tabor	54.61
22	Washburn, Danner	SO	Reagan	55.38
23	Kelly, Sean	SO	West Forsyth	55.50
24	Johnston, Tyler	SR	North Davidson	56.36

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 15 Women 500 Yard Freestyle

Meet Record: 4:54.85 # 2000

M. Green (Chapel Hill)

Chapel Hill

All-Am. Auto: 4:57.24 A

All-Am. Cons: 5:02.19 C

Name	Yr	School	Finals Time
1 Gordy, Lillian	JR	Reagan	5:06.81
2 Tronolone, Nicole	SO	Sanford, Terry	5:07.62
3 Bullock, Anna Blair	JR	Reynolds, R. J.	5:17.17
4 York, Michelle	JR	East Chapel Hill	5:18.43
5 Babcock, Meghan	JR	Reagan	5:27.84
6 Neil, Caroline	FR	Reagan	5:30.35
7 Hein, Kate	JR	Riverside	5:30.43
8 Kenny, Laura	SO	Northwest Guilford	5:31.41
9 Wynn, Clara	SR	Grimsley	5:33.26
10 Blackburn, Anna	JR	Reynolds, R. J.	5:35.33
11 Seidel, Laura	JR	Jordan	5:38.84
12 Coffey, Erika	SO	Davie County	5:46.32
13 Strickland, Sara	SR	Western Guilford	5:51.69
14 Williams, Sam	SO	East Chapel Hill	5:52.30
15 Rindal, Madelyn	JR	Ragsdale	5:52.99
16 Vaughan, Kaylyn	FR	North Davidson	5:53.19
17 O'Brien, Mackenzie	FR	High Point Central	5:53.50
18 McCullough, Keira	FR	East Chapel Hill	5:56.39
19 Love, Tiffany	SR	Ragsdale	5:57.61
20 Lattarulo, Julia	FR	Pinecrest	6:00.32
21 Lott, Megan	FR	Jordan	6:05.12
22 Moore, Taylor	SR	Davie County	6:05.45
23 Cusick, Megan	JR	East Chapel Hill	6:05.51
24 Zang, Abigail	SO	Northwest Guilford	6:11.13

**NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010****Results****Event 16 Men 500 Yard Freestyle****Meet Record: 4:39.84 # 2004****Will Dove (Cary)****Cary****All-Am. Auto: 4:35.51 A****All-Am. Cons: 4:39.82 C**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1	Jones, Christian	SR	West Forsyth	4:50.15
2	Creidler, Nick	SR	Northern Durham	4:56.19
3	Healy, Chris	FR	Reynolds, R. J.	4:56.33
4	Dyer, Dustin	FR	Sanford, Terry	4:56.60
5	Adams, Taylor	SR	East Forsyth	5:08.08
6	Howes, Max	FR	East Chapel Hill	5:09.24
7	O'Donnell, Jeremiah	SO	East Chapel Hill	5:09.57
8	Bacon, Isaac	SR	Jordan	5:12.56
9	Mulligan, Matt	SR	Southwest Guilford	5:21.15
10	McMullen, Patrick	SO	Grimsley	5:21.84
11	Mc Lallen, Xavier	SO	Pine Forest	5:28.48
12	Swanson, Matt	SR	Reagan	5:29.75
13	Ruhm, Peter	FR	Grimsley	5:32.31
14	Thompson, Connor	FR	Jordan	5:34.35
15	Leiro, Alex	SR	East Chapel Hill	5:37.30
16	Gothard, Lowell	SO	Sanford, Terry	5:39.94
17	Foster, Ben	JR	West Forsyth	5:40.06
18	Vary, Alex	SO	Ragsdale	5:41.12
19	O'Brien, Thomas	SO	Davie County	5:46.75
20	Sykes, Sam	JR	Riverside	5:54.75
21	Kattmann, Matthew	FR	Grimsley	5:55.86
22	Warren, Reid	SO	Reynolds, R. J.	6:00.24
23	Pritchett, Mike	FR	High Point Central	6:02.48
24	Bryant, Jack	FR	Reynolds, R. J.	6:03.16



## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 17 Women 200 Yard Freestyle Relay

Meet Record: 1:40.43 # 2008 East Chapel Hill

All-Am. Auto: 1:38.14 A

All-Am. Cons: 1:39.64 C

Team	Relay			Finals Time
1 East Chapel Hill				1:40.04#
1) Smith, Meghan SR	2) Davis, Supriya JR	3) Zou, Lisa FR	4) Marinshaw, Dania SR	
2 Reagan				1:41.48
1) Fletcher, Erika JR	2) Babcock, Meghan JR	3) Gordy, Lillian JR	4) Marshall, Alexandra FR	
3 Grimsley				1:42.96
1) Bloomquist, Blair SR	2) Harris, Natalie SO	3) Richardson, Brea JR	4) Labonge, Natalie FR	
4 Northwest Guilford				1:43.01
1) Kenny, Laura SO	2) Hollingsworth, Chelsea SR	3) Snyder, Kelly SO	4) Diemer, Kristin JR	
5 Pinecrest				1:43.84
1) Cooper, Casey SR	2) DiTomasso, Allison SO	3) Fish, Ana SO	4) Fish, Alyssa SO	
6 Mount Tabor				1:44.12
1) Sayles, Katie SO	2) Edwards, Elizabeth SR	3) Woodcock, Victoria FR	4) Larson, Nancy JR	
7 West Forsyth				1:46.96
1) Cardwell, Katie SR	2) Varnell, Laurel SR	3) Boyles, Meghan JR	4) Urbowicz, Elizabeth SO	
8 Riverside				1:48.01
1) Goodwin, Meredith SR	2) Speight, Carly FR	3) Hoover, Maria JR	4) Howard, Chelsea SR	
9 Ragsdale				1:48.33
1) VanRyen, Nicole FR	2) Byerly, Emily SR	3) Lillycrop, Laura JR	4) Quillen, Sarah FR	
10 Page				1:50.05
1) Leik, Chandler SR	2) Barnard, Evynn SO	3) Bernstorf, Jill FR	4) Myers, Lauren JR	
11 North Davidson				1:50.69
1) Hartley, Taylor SR	2) Hyatt, Caroline SR	3) Greene, Rachel FR	4) Michael, Kacie SO	
12 Reynolds, R. J.				1:52.64
1) Blackburn, Anna JR	2) Geary, Samantha JR	3) Jabbour, Jessica SR	4) Semke, Sarah Anne SO	
13 Northern Durham				1:53.06
1) Farmer, Kailey JR	2) Moseley, Amanda SO	3) Haywood, Corinne JR	4) Butters, Haley SO	
14 High Point Central				1:55.05
1) Heater, Maddie SO	2) Pritchett, Malinda SR	3) Bryson, Jessy SR	4) Webster, Kelly SR	
15 Western Guilford				1:55.54
1) Kilmartin, Kathleen SR	2) Cheek, Caroline JR	3) Creamer, Diane SR	4) Williams, Kendall JR	
16 Lumberton				1:56.72
1) Terefenko, Samantha FR	2) Dent, Julia JR	3) Hamilton, Maegan JR	4) Davis, Callie JR	
17 Southwest Guilford				1:56.83
1) Baratta, Catie SO	2) Hall, Sydney SO	3) Harvey, Lucy SO	4) Massengale, Jenna SO	
18 Jordan				1:56.89
1) Morse, Kirsten JR	2) Mills, Heather SR	3) Boynton, Dusty FR	4) Lehew, Emily JR	
19 Sanford, Terry				1:59.15
1) McGuire, Maria SO	2) Berry, Marisa SR	3) Tronolone, Nicole SO	4) McGinty, Akalea SR	
20 Glenn				1:59.38
1) Zimmer, Katherine SR	2) Peterson, Emily JR	3) Edwards, Catherine SO	4) Brown, Lisa JR	
21 Southeast Guilford				2:04.16
1) Daniels, Madison JR	2) Lane, Heather FR	3) Bond, Katie FR	4) Ransom, Anna FR	
22 Britt, Jack				2:04.22
1) Blad, Ayla FR	2) Bair, Brooke FR	3) Driscoll, Katherine SR	4) McVeigh, Megan JR	
23 East Forsyth				2:08.10
1) Smith, Haley FR	2) Boutwell, Maggy JR	3) Hayes, Anna FR	4) Ziglar, Becca JR	
24 Southern Alamance				2:12.45
1) Woodson, Elizabeth SO	2) Isley, Paige JR	3) Fattal, Chelsea JR	4) Hahn, Ashley JR	

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 18 Men 200 Yard Freestyle Relay

Meet Record: 1:28.55 # 1999 Riverside  
 All-Am. Auto: 1:26.92 A  
 All-Am. Cons: 1:28.29 C

Team	Relay			Finals Time
1 Grimsley				1:29.99
1) Labonge, Alex JR	2) Harrill, Harrison SR	3) Alvarez, Nick SR	4) Gates, Percy SO	
2 Reagan				1:31.53
1) Posey, Justin SO	2) Babcock, Isaac SR	3) Stancliff, Jay JR	4) Hubbard, Sawyer SR	
3 Northwest Guilford				1:32.37
1) Oakes, Camden JR	2) Becker, Nathan SR	3) Cole, Mitchell SO	4) Burton, Chad SR	
4 Reynolds, R. J.				1:32.87
1) Healy, Chris FR	2) Wagner, Mour SR	3) Kovacsi-Mile, Jovi SR	4) Healy, Tommy JR	
5 West Forsyth				1:33.60
1) Kuebler, Harrison SR	2) Smith, Micah JR	3) Scott, John SR	4) Jones, Christian SR	
6 East Chapel Hill				1:34.18
1) O'Donnell, Jeremiah SO	2) Skiba, Paul SO	3) Howes, Max FR	4) Lee, Matthew JR	
7 East Forsyth				1:34.22
1) Byers, Jesse SR	2) Weincek, Charles SR	3) Adams, Taylor SR	4) Pooley, Cory SR	
8 Page				1:35.35
1) Barefoot, Blake FR	2) Wheeler, David SR	3) Blocker, Joe SR	4) Ganem, John JR	
9 North Davidson				1:35.49
1) Whicker, Brady SO	2) Johnston, Tyler SR	3) Newman, Justin SR	4) Williams, Shawn JR	
10 Ragsdale				1:35.64
1) Hjelmquist, Jordan SR	2) Cary, Dakota SO	3) Snyder, Gabe SR	4) Weeks, Lon SR	
11 Western Guilford				1:37.60
1) Jones, Cody SO	2) Gehsmann, Ryan JR	3) Allen, Tommy JR	4) Brogden, Harrison JR	
12 Southeast Guilford				1:38.20
1) Robertshaw, Austin JR	2) Jackson, Josh JR	3) Clark, Spencer SR	4) Thomas, Jacob FR	
13 Mount Tabor				1:38.25
1) Welch, Harrison SR	2) Wiley, Stephen JR	3) Wiley, Matthew JR	4) Bridges, Paul SR	
14 Pinecrest				1:38.26
1) Berk, Garrett JR	2) Carey, Mark SO	3) Deaton, Wright JR	4) Wohlrab, Kurt SO	
15 Riverside				1:38.80
1) Gallagher, Thomas FR	2) Butts, Ian JR	3) Hoffmann, Erich JR	4) Samuels, Brent JR	
16 Glenn				1:40.32
1) Hunt, Justin SR	2) Trueblood, Michael JR	3) Stafford, Kenny JR	4) Mello, Nick JR	
17 Sanford, Terry				1:40.73
1) Wilson, Stuart JR	2) Dudley, Wheeler JR	3) Plummer, Scott SR	4) Hartwell, Treavor SO	
18 Southwest Guilford				1:42.38
1) Tsakas, Vangeli SO	2) Brandsema, Matt SR	3) Jasinski, Daniel FR	4) Mulligan, Matt SR	
19 Jordan				1:43.04
1) Heath, Evan FR	2) Riggan, Alex JR	3) Simpson, Ben FR	4) Morgan, Nathan JR	
20 High Point Central				1:43.73
1) Pritchett, Mike FR	2) Chambers, Joel JR	3) Scalf, Lucus SO	4) Frid, Eric SR	
21 Northern Durham				1:44.61
1) Osborne, RJ JR	2) Howell, Jason	3) Fenlon, Cully	4) Wooster, Michael SR	
22 Britt, Jack				1:46.73
1) Molesky, Matthew SO	2) Reaves, Christopher SR	3) Dollberg, Tyler SR	4) Middleton, Dylan JR	
23 Pine Forest				1:51.44
1) Blackwell, Jacob FR	2) Ornalas, Kyle JR	3) Agans, Drew FR	4) Mines, Daniel JR	
--- Lumberton				DQ
1) Britt, Joe SO	2) Haskins, Connor SO	3) Fanning, Drew JR	4) Britt, Williams SR	

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 19 Women 100 Yard Backstroke

Meet Record: 57.26 # 2009 Carly Smith (Chapel Hill) Chapel Hill  
 All-Am. Auto: 57.29 A  
 All-Am. Cons: 58.43 C

Name	Yr	School	Finals Time
1 Cooper, Casey	SR	Pinecrest	59.11
2 Ratana, Anna	SR	Reynolds, R. J.	59.23
3 Arnall, Kristen	SR	East Forsyth	1:00.28
4 Howard, Chelsea	SR	Riverside	1:00.78
5 Bostian, Caroline	SR	Reagan	1:02.09
6 Davis, Supriya	JR	East Chapel Hill	1:02.15
7 Massengale, Jenna	SO	Southwest Guilford	1:02.24
8 Harris, Natalie	SO	Grimsley	1:02.55
9 DiTomasso, Allison	SO	Pinecrest	1:03.69
10 Hollingsworth, Chelsea	SR	Northwest Guilford	1:04.22
11 Fish, Alyssa	SO	Pinecrest	1:04.88
12 West, Erin	SR	North Davidson	1:06.24
13 Sumner, Katie	SO	Northwest Guilford	1:06.26
14 Keeney, Hannah	JR	Davie County	1:06.29
15 Capps, Chelsea	SR	Grimsley	1:06.51
16 Ubertini, Caty	FR	Grimsley	1:06.62
17 Oakes, Cara	FR	Northwest Guilford	1:07.46
18 Jones, Jordan	SO	Reagan	1:07.65
19 Dlesk, Kristin	JR	East Chapel Hill	1:07.91
20 Cusick, Megan	JR	East Chapel Hill	1:07.95
21 Ramsey, Erin	SO	Reagan	1:08.73
22 Isaacs, Abby	SO	East Chapel Hill	1:10.04
23 Adams, Charlotte	SO	High Point Central	1:10.30
24 DeWeese, Sarah	JR	Ragsdale	1:11.44

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 20 Men 100 Yard Backstroke

Meet Record: 50.88 # 2006

Jeff James (Chapel Hill)

Chapel Hill

All-Am. Auto: 51.92 A

All-Am. Cons: 52.90 C

Name	Yr	School	Finals Time
1 Brogden, Harrison	JR	Western Guilford	52.24 C
2 Mendelson, Willie	SR	Grimsley	53.61
3 Jones, Christian	SR	West Forsyth	54.59
4 McKenzie, Adam	SR	Riverside	55.09
5 Riley, Joseph	SO	Grimsley	56.34
6 Hudgins, Heath	SR	East Chapel Hill	56.77
7 James, Colin	JR	Ragsdale	57.92
8 Smith, Micah	JR	West Forsyth	58.51
9 Hoffman, Connor	FR	Northern Durham	58.65
10 Bacon, Isaac	SR	Jordan	59.07
11 Foster, Ben	JR	West Forsyth	59.27
12 Esry, Austin	SO	East Chapel Hill	1:00.98
13 Blocker, Joe	SR	Page	1:01.69
14 Mc Lallen, Xavier	SO	Pine Forest	1:02.14
15 Wheeler, David	SR	Page	1:02.46
16 O'Donnell, Connor	SR	Reynolds, R. J.	1:03.70
17 Stiling, Joel	SR	Davie County	1:04.09
18 Ford, Chris	FR	Reynolds, R. J.	1:04.36
19 Huffman, Hunter	JR	Grimsley	1:04.53
20 Rahn, Ian	SO	Grimsley	1:04.77
21 Vary, Alex	SO	Ragsdale	1:05.06
22 Warnimont, Stephen	SR	West Forsyth	1:06.26
23 Covell, Aaron	SO	Mount Tabor	1:07.72
24 Gibson, Alex	SO	Northwest Guilford	1:07.92

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 21 Women 100 Yard Breaststroke

Meet Record: 1:05.48 # 1998 M. Green (Chapel Hill) Chapel Hill  
 All-Am. Auto: 1:05.03 A  
 All-Am. Cons: 1:06.28 C

	Name	Yr	School	Finals Time
1	Gan, Zoe	JR	East Chapel Hill	1:06.87
2	Varnell, Laurel	SR	West Forsyth	1:07.86
3	Gan, Sophie	SO	East Chapel Hill	1:08.95
4	Neil, Caroline	FR	Reagan	1:09.51
5	Gentry, Rachel	JR	Grimsley	1:10.48
6	Newton, Helen	SR	East Chapel Hill	1:10.76
7	Benson, Palmer	SO	Davie County	1:10.95
8	Thorne, Susannah	FR	Reagan	1:11.96
9	O'Donnell, Maureen	SR	East Chapel Hill	1:12.09
10	McGowan, Eileen	SR	Reagan	1:12.63
11	Chasse, Isabel	SR	Grimsley	1:13.73
12	Leik, Chandler	SR	Page	1:13.75
13	Thornton, Layne	SO	Britt, Jack	1:14.11
14	Albert, Kalee	SO	Northwest Guilford	1:14.28
15	VanRyen, Nicole	FR	Ragsdale	1:15.84
16	Cash, Catie	SO	Mount Tabor	1:16.20
17	Boyles, Meghan	JR	West Forsyth	1:16.70
18	Key, Melissa	SR	Northwest Guilford	1:17.19
19	Hartley, Taylor	SR	North Davidson	1:17.89
20	Baratta, Catie	SO	Southwest Guilford	1:18.04
21	Speight, Carly	FR	Riverside	1:18.30
22	Powell, Brette	SR	Reagan	1:18.53
23	Farmer, Kailey	JR	Northern Durham	1:18.54
24	Hobgood, Haley	FR	Jordan	1:19.69

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 22 Men 100 Yard Breaststroke

Meet Record: 58.86 # 1999 Joe Baicy (Apex) Apex  
 All-Am. Auto: 58.40 A  
 All-Am. Cons: 59.40 C

Name	Yr	School	Finals Time
1 Hoffer, Luke	SR	East Chapel Hill	59.93
2 Wohlrab, Kurt	SO	Pinecrest	1:00.94
3 House, Garrett	FR	Jordan	1:02.99
4 Lee, Matthew	JR	East Chapel Hill	1:03.58
5 Barefoot, Eric	SO	Reynolds, R. J.	1:03.72
6 Cole, Mitchell	SO	Northwest Guilford	1:04.15
7 Skiba, Paul	SO	East Chapel Hill	1:04.84
8 Scott, John	SR	West Forsyth	1:05.33
9 Wagner, Mour	SR	Reynolds, R. J.	1:05.56
10 Thomas, Jacob	FR	Southeast Guilford	1:05.64
11 Weincek, Charles	SR	East Forsyth	1:06.19
12 Tsakas, Vangeli	SO	Southwest Guilford	1:07.41
13 Carey, Mark	SO	Pinecrest	1:07.43
14 Alvarez, Nick	SR	Grimsley	1:08.27
15 Barnard, Brett	JR	Page	1:08.31
16 Hartwell, Treavor	SO	Sanford, Terry	1:08.67
17 Patton, Luke	SR	Grimsley	1:09.27
18 Jackson, Josh	JR	Southeast Guilford	1:10.87
19 Kellum, Matt	JR	Reagan	1:11.11
20 Jones, Cody	SO	Western Guilford	1:11.35
21 Fortman, Evan	JR	Jordan	1:11.54
22 Belton, Andreas	SO	Riverside	1:11.81
23 Warren, Alex	SO	Mount Tabor	1:11.90
--- Cranford, Landis	SO	Ragsdale	DQ

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 23 Women 400 Yard Freestyle Relay

Meet Record: 3:35.79 # 2008 Chapel Hill

All-Am. Auto: 3:33.40 A

All-Am. Cons: 3:36.76 C

Team	Relay			Finals Time
1 East Chapel Hill				3:38.46
1) Smith, Meghan SR	2) York, Michelle JR	3) Zou, Lisa FR	4) Marinshaw, Dania SR	
2 Reagan				3:42.34
1) Bostian, Caroline SR	2) McGowan, Eileen SR	3) Gordy, Lillian JR	4) Marshall, Alexandra FR	
3 Grimsley				3:45.55
1) Bloomquist, Blair SR	2) Harris, Natalie SO	3) Wynn, Clara SR	4) Walker, Sarah JR	
4 Reynolds, R. J.				3:46.42
1) Denton, Ellen SR	2) Jackson, Savannah FR	3) Bullock, Anna Blair JR	4) Ratana, Anna SR	
5 Northwest Guilford				3:55.00
1) Kenny, Laura SO	2) Snyder, Kelly SO	3) Bunting, Ashley SR	4) Martin, Allie FR	
6 Jordan				3:55.51
1) Seidel, Laura JR	2) Lott, Megan FR	3) Castillo, Bailey FR	4) Ray, Samantha SO	
7 Davie County				3:57.20
1) Coffey, Erika SO	2) Benson, Palmer SO	3) Folmar, Bailey FR	4) Keeney, Hannah JR	
8 North Davidson				3:59.95
1) Vaughan, Kaylyn FR	2) Hyatt, Caroline SR	3) West, Erin SR	4) Michael, Kacie SO	
9 Riverside				4:01.83
1) Hein, Kate JR	2) Holland, Rachel SO	3) Hoover, Maria JR	4) Goodwin, Meredith SR	
10 Ragsdale				4:03.71
1) Lillycrop, Laura JR	2) DeWeese, Sarah JR	3) Love, Tiffany SR	4) Rindal, Madelyn JR	
11 High Point Central				4:05.46
1) Cottom, Katherine FR	2) Brown, Asia FR	3) O'Brien, Mackenzie FR	4) Adams, Charlotte SO	
12 East Forsyth				4:10.29
1) Smith, Kendra JR	2) Perry, Christilia SR	3) Cox, Brittney SR	4) Arnall, Kristen SR	
13 Page				4:11.94
1) Kinnear, Kelly JR	2) Bernstorff, Jill FR	3) Stanford, Hannah SO	4) Bernstorff, Julie	
14 Northern Durham				4:13.10
1) Haywood, Corinne JR	2) Farmer, Kailey JR	3) Moseley, Amanda SO	4) Butters, Haley SO	
15 West Forsyth				4:15.01
1) Cardwell, Katie SR	2) Antolino, Alex JR	3) Ludolf, Marisa SO	4) Boyles, Meghan JR	
16 Western Guilford				4:16.83
1) Strickland, Sara SR	2) Martorano, Nicole FR	3) Creamer, Diane SR	4) Kilmartin, Kathleen SR	
17 Sanford, Terry				4:21.98
1) McGuire, Maria SO	2) Berry, Marisa SR	3) McGinty, Akalea SR	4) Tronolone, Nicole SO	
18 Lumberton				4:28.12
1) Terefenko, Samantha FR	2) Dent, Julia JR	3) Hamilton, Maegan JR	4) Davis, Callie JR	
19 Glenn				4:41.24
1) Zimmer, Katherine SR	2) Peterson, Emily JR	3) Edwards, Catherine SO	4) Brown, Lisa JR	

## NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010

## Results

## Event 24 Men 400 Yard Freestyle Relay

Meet Record: 3:14.78 # 2006 Chapel Hill

All-Am. Auto: 3:11.32 A

All-Am. Cons: 3:13.93 C

Team	Relay			Finals Time
1 Grimsley				3:17.96
1) Labonge, Alex JR	2) Riley, Joseph SO	3) Ruhm, William SR	4) Mendelson, Willie SR	
2 East Chapel Hill				3:19.91
1) Hudgins, Heath SR	2) Hoffer, Luke SR	3) O'Donnell, Jeremiah SO	4) Williams, David JR	
3 Riverside				3:26.03
1) McKenzie, Adam SR	2) Speight, Kevin SR	3) Samuels, Brent JR	4) Gallagher, Thomas FR	
4 Reagan				3:26.32
1) Swanson, Matt SR	2) Washburn, Danner SO	3) Stancliff, Jay JR	4) Hubbard, Sawyer SR	
5 Reynolds, R. J.				3:26.46
1) Healy, Chris FR	2) O'Donnell, Connor SR	3) Kovacs-Mile, Jovi SR	4) Healy, Tommy JR	
6 East Forsyth				3:28.43
1) Adams, Taylor SR	2) Wooten, William FR	3) Byers, Jesse SR	4) Pooley, Cory SR	
7 Ragsdale				3:30.17
1) Hjelmquist, Jordan SR	2) Snyder, Gabe SR	3) Weeks, Lon SR	4) James, Colin JR	
8 Northern Durham				3:32.07
1) McDonald, Scott SR	2) Osborne, RJ JR	3) Hoffman, Connor FR	4) Creidler, Nick SR	
9 Sanford, Terry				3:35.21
1) Dyer, Dustin FR	2) McGinty, Solomon SO	3) Dudley, Wheeler JR	4) Hartwell, Treavor SO	
10 Davie County				3:38.16
1) Macey, Kyle JR	2) O'Brien, Thomas SO	3) Stiling, Joel SR	4) Milleson, Nathan JR	
11 Jordan				3:39.26
1) Bacon, Isaac SR	2) Fortman, Evan JR	3) House, Garrett FR	4) Vosburgh, Tom SO	
12 North Davidson				3:40.69
1) Whicker, Brady SO	2) Johnston, Tyler SR	3) Smith, Michael JR	4) Newman, Justin SR	
13 Northwest Guilford				3:42.68
1) Becker, Nathan SR	2) Gibson, Alex SO	3) Derrico, Davis SO	4) Gowda, Niraj JR	
14 Pinecrest				3:45.00
1) Berk, Garrett JR	2) Olsen, Alex JR	3) Deaton, Wright JR	4) Healy, Frederick SR	
15 Southeast Guilford				3:46.17
1) Robertshaw, Austin JR	2) Clark, Spencer SR	3) Jackson, Josh JR	4) Thomas, Jacob FR	
16 Mount Tabor				3:46.76
1) Wiley, Stephen JR	2) Wiley, Matthew JR	3) Warren, Alex SO	4) Bridges, Paul SR	
17 Page				3:47.00
1) Barnard, Brett JR	2) Shaver, Luke JR	3) Wiedbusch, Sean JR	4) Wheeler, David SR	
18 West Forsyth				3:47.90
1) Foster, Ben JR	2) Kibler, Andrew SR	3) Kelly, Sean SO	4) Matthews, Zach FR	
19 Glenn				3:48.01
1) Mello, Nick JR	2) Trueblood, Michael JR	3) Stafford, Kenny JR	4) Hunt, Justin SR	
20 Lumberton				3:54.32
1) Britt, Joe SO	2) Borchert, Mitchell JR	3) Bailey, Michael SO	4) Fanning, Drew JR	
21 High Point Central				4:05.45
1) Boyarizo, Chris SO	2) Frid, Eric SR	3) Chambers, Joel JR	4) Pritchett, Mike FR	
22 Britt, Jack				4:12.72
1) Clayton, Nicholas SR	2) Phipps, Dalcho JR	3) Dollberg, Tyler SR	4) Molesky, Matthew SO	
--- Western Guilford				DQ
1) Utesch, Sam JR	2) Kaylor, Eric FR	3) Pradetto, Paul FR	4) Kilmartin, Patrick SO	



**NCHSAA 4A Central Regional Championships - 2/5/2010 to 2/7/2010****Results****Scores - Women**Women - Team Rankings - Through Event 24

1. East Chapel Hill	404	2. Reagan	308
3. Grimsley	251	4. Reynolds, R. J.	181
5. Northwest Guilford	170.5	6. Pinecrest	152
7. Riverside	135	8. Jordan	108
9. Mount Tabor	98	10. Davie County	85
11. West Forsyth	84.5	12. Ragsdale	80
13. North Davidson	54	14. Page	41
15. East Forsyth	40	16. Sanford, Terry	33
17. Western Guilford	26	18. High Point Central	22
19. Southwest Guilford	19	20. Northern Durham	14
21. Britt, Jack	7	22. Lumberton	2

**Scores - Men**Men - Team Rankings - Through Event 24

1. East Chapel Hill	371	2. Grimsley	295
3. Reynolds, R. J.	171	4. Reagan	161
5. Northwest Guilford	158	6. West Forsyth	146
7. Riverside	141	8. East Forsyth	134
9. Northern Durham	121	10. Jordan	112
11. Ragsdale	81	12. Pinecrest	65
13. Sanford, Terry	64	14. Western Guilford	59
15. Page	53	16. Davie County	34
17. Southeast Guilford	28	17. North Davidson	28
19. Southwest Guilford	20	20. Mount Tabor	15
21. Pine Forest	9	22. Lumberton	7
23. High Point Central	2	23. Glenn	2