

2016 3A Central NCHSAA Regional Championships - 2/5/16 to 2/6/16

Host: Central Davidson H.S.

Swimming & Diving

Results

Women - Team Scores

Place	School	Points
1	Northern Guilford	341
2	Concord	293
3	Cox Mill	271
4	Central Cabarrus	201
5	Hickory Ridge	153
6	Robinson, J. M.	122
7	Sanford, Terry	117
8	Union Pines	113
9	Northwest Cabarrus	106
10	Western Guilford	94
11	Carson, Jesse	87
12	Williams	79
13	Western Alamance	61
14	Ledford	47
15	Central Davidson	37
16	South Rowan	22
16	Rockingham County	22
18	Eastern Alamance	20
19	Morehead	15
20	Lee County	6

Men - Team Scores

Place	School	Points
1	Northern Guilford	282
2	Robinson, J. M.	262
3	Cox Mill	232
4	Concord	191
5	Northwest Cabarrus	167
6	Central Davidson	150.50
7	Hickory Ridge	115
8	Central Cabarrus	108
9	Ledford	104
10	Rockingham County	101
11	Union Pines	88
12	Sanford, Terry	82
13	South Rowan	80
14	Western Alamance	70
15	Lee County	54
16	East Rowan	23.50
17	Southern Lee	23
18	Western Guilford	20
19	Williams	16
20	McMichael	14
21	Eastern Guilford	12
22	Asheboro	6
23	Carson, Jesse	4
24	West Rowan	2

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Swimming & Diving

Results

Event 1 Women 200 Yard Medley Relay

1:45.59 AA-A

1:47.45 AA-C All-America

Team	Relay			Finals Time	Points
1 Cox Mill	1) Holland, Madison JR	2) Minnick, Bailey JR	3) Rogers, Cathleen JR	4) Greenhall, Madison JR	1:52.36 40
2 Northern Guilford	1) Graham, Rachel SO	2) Bene, Olivia SO	3) Glebus, Rebecca SO	4) Forst, Isabella JR	1:53.36 34
3 Concord	1) Adcock, Elena JR	2) Knox, Shae SO	3) Patrum, Julia FR	4) Epler, Katherine SO	1:53.69 32
4 Central Cabarrus	1) Barbour, Hannah	2) Kramer, Sydney SR	3) Federico, Alexa FR	4) Losey, Erica FR	1:59.50 30
5 Robinson, J. M.	1) Woodard, Alexa SO	2) Brown, Ashton SR	3) Mundt, Laura JR	4) Brown, Chloe FR	2:00.00 28
6 Northwest Cabarrus	1) Gribble, Abby SR	2) Prager, Emma SR	3) Prager, Kate FR	4) Crowder, Mackenzie SO	2:00.32 26
7 Sanford, Terry	1) Bresko, Annie SO	2) Hetherington, Tara SR	3) Hetherington, Libby SR	4) Pierson, Brooklyn SR	2:01.69 24
8 Union Pines	1) Schmitz, Madison SO	2) Atkinson, Hunter SR	3) Saunders, Emma FR	4) Majuri, Lily	2:02.09 22
9 Western Guilford	1) Steelman, Jilien JR	2) Davis, Kayla JR	3) Gilliland, Virginia SO	4) Brogden, Elizabeth SR	2:05.22 18
10 Western Alamance	1) Long, Kayleigh JR	2) Long, Kacey JR	3) Burge, Alison SO	4) Leupold, Mary JR	2:07.47 14
11 Hickory Ridge	1) Beauregard, Morgan JR	2) McClosky, Rachel SO	3) Poythress, Kendall SO	4) Patel, Krupa SO	2:11.15 12
12 Morehead	1) Chrapliwy, Abby FR	2) Thackston, Emily SR	3) Corum, Morgan SR	4) Blankenship, Megan FR	2:14.97 10
13 Rockingham County	1) Rizza, Hannah SR	2) Key, Carson SR	3) Rizza, Hailey SO	4) Soyars, Kelsey SR	2:18.57 8
14 Eastern Alamance	1) Cary, Lauren SR	2) Thiele, Hannah JR	3) Lee, Savannah SR	4) Royal, Jamisen SR	2:20.94 6
15 Williams	1) Higgins, Hannah	2) Metts, Caroline JR	3) Stokes, Allysa SR	4) Adams, Charlotte	2:21.52 4
16 South Rowan	1) Blume, Abby SR	2) Jones, Madilyn SR	3) Helms, Micah SR	4) Harvey, Holiday SR	2:21.56 2
17 McMichael	1) Wilkinson, Autumn SO	2) Burris, Morgan SR	3) Burris, Jordan SO	4) Wilson, Emma	2:22.53
18 East Rowan	1) Mills, Ashlyn	2) Vanhooose, Kaitlyn	3) Vanhooose, Shalea	4) Faller, Faith	2:23.74
19 Central Davidson	1) Ogle, Megan	2) Hoover, Sarah SO	3) Mize, Mallory SO	4) Leonard, Kresen SR	2:25.04
20 Carson, Jesse	1) Hinson, Samantha JR	2) Tipton, Allison	3) Wagoner, Ashlee SR	4) Douglass, Alyssa SO	2:26.04
21 Eastern Guilford	1) Nichols, Sequoia	2) Hefner, Sarah	3) White, Emily	4) Robertson, Hannah	2:42.26
22 Asheboro	1) Shafer, Shelbi	2) Richau, Sadie	3) Pincus, Angelina FR	4) McKaughn, Courtney	2:44.96
--- Ledford	1) Maneen, Virginia FR	2) Moore, Grace JR	3) Small, Holly FR	4) Rice, Delanie JR	DQ

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Swimming & Diving

Results

Event 2 Men 200 Yard Medley Relay

1:34.13 AA-A

1:35.69 AA-C All-America

Team	Relay	Finals Time	Points
1 Robinson, J. M. 1) Connelly, Scott SO	2) Rogers, Travis SR	3) Williams, Tyler SO	4) Evans, Kyle JR 1:39.96 40
2 Northern Guilford 1) Reed, Jordan SR	2) Bene, Jacques SR	3) Snider, Ben FR	4) Wachendorfer, Jonathan SO 1:40.69 34
3 Northwest Cabarrus 1) Rose, Dylan SR	2) Enriquez, Edward FR	3) Weston, Jacob JR	4) Vandembulcke, Connor SR 1:44.98 32
4 Hickory Ridge 1) Southern, Jake SR	2) Aardema, Jared SR	3) Arbury, Kieran JR	4) Shimberg, Cole JR 1:46.99 30
5 Central Davidson 1) Cuff, Zeppelin JR	2) Tysinger, Payton JR	3) Bartholow, Frank SR	4) Parks, Jonah JR 1:50.22 28
6 Cox Mill 1) Kocher, Michael JR	2) Brown, Grant SR	3) Allen, Josh SO	4) Haskins, Max JR 1:51.24 26
7 Sanford, Terry 1) Guerrero, Jake SO	2) Li, David FR	3) Jing, Shiyu SR	4) Huffman, Matthew JR 1:52.41 24
8 South Rowan 1) Johnston, Stetson SR	2) Fulton, John SR	3) Perry, Andrew SR	4) Dennis, Dakota SR 1:53.01 22
9 Central Cabarrus 1) Kunesh, Isaac FR	2) Wilson, Sam	3) White, Jason	4) Thomas, Seth FR 1:54.19 18
10 Rockingham County 1) Wilson, Ethan SO	2) Isley, Ben SR	3) Parrish, Daniel JR	4) Moore, Samuel SR 1:55.06 14
11 Western Alamance 1) Pais, Mervyn FR	2) Piatt, Ben SR	3) Sommer, Clay SR	4) Henderson, Noah FR 1:55.27 12
12 Concord 1) Adcock, Will SO	2) Leder, Matthew FR	3) Barrier, James JR	4) Power, Matt SO 1:57.74 10
13 Western Guilford 1) Kennedy, Matt JR	2) Lynch-Wade, Shemssa SO	3) Tselides, Dimitri SR	4) Carpenter, Smith SR 1:58.30 8
14 McMichael 1) Hundley, Grant JR	2) Lacayo, Matthew SR	3) Brim, Taylor SR	4) Blackard, Brody FR 1:59.41 6
15 Southern Lee 1) Maness, Ben JR	2) Bowers, Jacob FR	3) Herrera, Steven JR	4) Marrero, Remiel 2:06.03 4
16 Eastern Guilford 1) Hunt, Trey FR	2) Kennedy, Seth SO	3) Kennedy, Caleb JR	4) Martin, Jermaine JR 2:07.22 2
17 Lee County 1) Will, Cooper	2) Garris, Cole	3) Singleton, Zach	4) Vogelsang, Carter 2:07.37
18 Morehead 1) Dunn, Cody	2) Tilley, Jason	3) Twilla, Ryder JR	4) Dalton, Logan 2:08.06
19 Carson, Jesse 1) Dulin, Gabe SR	2) Lamb, Jared	3) Cauble, Dalton SR	4) Howard, Cole 2:08.88
20 East Rowan 1) Purdue, Zakk	2) Dry, Trey	3) Leazer, Nathan SR	4) Davis, Carson 2:10.23
21 Northeast Guilford 1) Collie, Preston JR	2) Johnson, Conner FR	3) Moore, Jacob JR	4) Banks, Anthony 2:15.04
22 Eastern Alamance 1) Banko, Joseph	2) Fahey, James JR	3) Kreider, Alex FR	4) Loy, Quinton 2:16.00
--- Asheboro 1) Tyler, Badin SO	2) Kidd, Wilson SR	3) Pincus, Richard SR	4) Jones, Justin JR DQ
--- Ledford 1) Snow, Ryan JR	2) Snow, Jordan SR	3) Setzer, Alexander FR	4) Hartzell, Matthew SR DQ

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Results

Event 3 Women 200 Yard Freestyle

1:49.09 AA-A

1:50.82 AA-C All-America

Name	Yr	School	Finals Time	Points
1	Glebus, Rebecca	SO Northern Guilford	1:58.82	20
2	Losey, Erica	FR Central Cabarrus	1:59.71	17
3	Atkinson, Hunter	SR Union Pines	2:03.16	16
4	Volz, Julia	SO Hickory Ridge	2:03.54	15
5	Meacham, Faith	JR Williams	2:08.53	14
6	Houghton, Samantha	JR Cox Mill	2:08.60	13
7	Rohrer, Lexi	SR Concord	2:09.52	12
8	Vandenberg, Alex	Central Cabarrus	2:09.71	11
9	Prager, Kate	FR Northwest Cabarrus	2:10.44	9
10	Vancil, Anna	FR Northern Guilford	2:10.93	7
11	Mangan, Rebecca	JR Robinson, J. M.	2:13.94	6
12	McClamrock, GG	SO Cox Mill	2:15.06	5
13	Hardman, Shea	SO Carson, Jesse	2:15.18	4
14	Brinkley, Erin	SO Cox Mill	2:16.51	3
15	Hey, Laurel	SO Ledford	2:16.94	2
16	Sarah, Briggs	SR Lee County	2:17.98	1
17	Yarborough, Emily	SR Sanford, Terry	2:18.10	
18	Yarborough, Hannah	SO Sanford, Terry	2:19.86	
19	Davis, Kayla	JR Western Guilford	2:19.94	
20	Burchfield, Abigail	SO Concord	2:22.60	
21	Reppert, Lillian	JR Western Guilford	2:24.19	
22	Farrell, Caroline	SR Northern Guilford	2:24.35	
23	Cranford, Miranda	SR Concord	2:27.28	
24	Peace, Madison	JR Robinson, J. M.	2:30.85	

Event 4 Men 200 Yard Freestyle

1:39.07 AA-A

1:40.69 AA-C All-America

Name	Yr	School	Finals Time	Points
1	Jones, Sam	SR Concord	1:47.33	20
2	Connelly, Scott	SO Robinson, J. M.	1:51.95	17
3	Setzer, Alexander	FR Ledford	1:55.01	16
4	Cross, Jordan	SR Rockingham County	1:56.19	15
5	Holt, Max	SO Cox Mill	1:59.42	14
*6	Allen, Josh	SO Cox Mill	2:00.10	12.50
*6	Allred, Parker	SR Central Davidson	2:00.10	12.50
8	Brown, Chance	East Rowan	2:03.40	11
9	Hartle, Andrew	FR Williams	2:03.51	9
10	Almaraz, Alex	JR Cox Mill	2:04.53	7
11	Tselides, Dimitri	SR Western Guilford	2:04.89	6
12	Walser, Aidan	SO Central Davidson	2:05.82	5
13	Palladino, Jacob	SO Cox Mill	2:06.44	4
14	Dumoulin, Ethan	SO Ledford	2:06.46	3
15	Chavis, Jacob	JR Union Pines	2:07.19	2
16	Arbury, Keaton	SO Hickory Ridge	2:07.74	1
17	Schulze, Luke	FR Concord	2:10.90	
18	Campos, Steven	JR Central Davidson	2:11.43	
19	Blumenthal, Blade	SR South Rowan	2:13.21	
20	Power, Matt	SO Concord	2:13.34	
21	Reichenbach, Eric	SR Rockingham County	2:15.37	
22	Shinn, Robbie	JR Northwest Cabarrus	2:15.58	
23	Hartman, Owen	SR South Rowan	2:17.35	
24	Fahey, James	JR Eastern Alamance	2:28.13	

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Results

Event 5 Women 200 Yard IM

2:02.49 AA-A

2:04.60 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Minnick, Bailey	JR	Cox Mill	2:10.52	20
2 Prager, Emma	SR	Northwest Cabarrus	2:19.84	17
3 Bene, Olivia	SO	Northern Guilford	2:20.25	16
4 Hardman, Brynne	FR	Carson, Jesse	2:20.80	15
5 Graham, Rachel	SO	Northern Guilford	2:20.82	14
6 Barbour, Hannah		Central Cabarrus	2:21.86	13
7 Burge, Alison	SO	Western Alamance	2:22.86	12
8 Hetherington, Tara	SR	Sanford, Terry	2:24.16	11
9 Holland, McKenna	SO	Hickory Ridge	2:25.60	9
10 Small, Holly	FR	Ledford	2:26.89	7
11 Santanicola, Mallory	SR	Concord	2:27.99	6
12 Rountree, Madelaine	FR	Northern Guilford	2:29.22	5
13 King, Valerie	SR	Northern Guilford	2:31.33	4
14 Houghton, Samantha	JR	Cox Mill	2:32.63	3
15 Lee, Savannah	SR	Eastern Alamance	2:38.51	2
16 Corum, Morgan	SR	Morehead	2:39.13	1
17 Williams, Amaya	FR	Cox Mill	2:40.01	
18 Maneen, Virginia	FR	Ledford	2:45.27	
19 Delgrosso, Jamie	JR	Cox Mill	2:45.44	
20 Stevenson, Rebecca	SO	Robinson, J. M.	2:47.44	
21 Wagoner, Ashlee	SR	Carson, Jesse	2:57.49	
22 Patel, Krupa	SO	Hickory Ridge	2:59.21	
--- Hetherington, Libby	SR	Sanford, Terry	DQ	
--- Sever, Taylor	FR	Carson, Jesse	DFS	

Event 6 Men 200 Yard IM

1:50.28 AA-A

1:52.59 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Evans, Kyle	JR	Robinson, J. M.	2:01.88	20
2 White, Jason		Central Cabarrus	2:04.28	17
3 Lalumondier, Jeremy	SO	Northern Guilford	2:04.74	16
4 Enriquez, Edward	FR	Northwest Cabarrus	2:05.98	15
5 Bene, Jacques	SR	Northern Guilford	2:09.78	14
6 Fajtek, Aleksander	SO	Concord	2:10.54	13
7 Tysinger, Payton	JR	Central Davidson	2:12.29	12
8 Snow, Ryan	JR	Ledford	2:15.48	11
9 Wilson, Ethan	SO	Rockingham County	2:19.06	9
10 Kocher, Michael	JR	Cox Mill	2:20.83	7
11 Restrepo, Justin	SR	Northern Guilford	2:21.78	6
12 Parkes, Noah	FR	Cox Mill	2:28.22	5
13 San Jose, Trey	JR	Central Cabarrus	2:28.79	4
14 Fulton, John	SR	South Rowan	2:30.17	3
15 Trabucco, Jack	FR	Cox Mill	2:30.18	2
16 Kunesh, Isaac	FR	Central Cabarrus	2:30.89	1
17 Moore, Samuel	SR	Rockingham County	2:31.41	
18 Bartholow, Frank	SR	Central Davidson	2:31.83	
19 Skrobola, Ben	JR	Rockingham County	2:32.81	
20 Pegram, Tanner	SO	Ledford	2:35.28	
21 Li, David	FR	Sanford, Terry	2:35.68	
22 Lacayo, Matthew	SR	McMichael	2:36.05	
23 McLaughlin, Kevin	SO	Hickory Ridge	2:36.36	
24 Frodyma, Jacob	SO	Western Alamance	2:40.00	

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Results

Event 7 Women 50 Yard Freestyle

23.31 AA-A

23.71 AA-C All-America

	Name	Yr	School	Finals Time	Points
1	Brown, Ashton	SR	Robinson, J. M.	24.91	20
2	Rogers, Cathleen	JR	Cox Mill	24.98	17
3	Knox, Shae	SO	Concord	25.18	16
4	Daly, Caroline	SO	Northern Guilford	25.25	15
5	Forst, Isabella	JR	Northern Guilford	25.38	14
6	Epler, Katherine	SO	Concord	25.55	13
7	Sparks, Virginia	JR	Concord	26.21	12
8	Patrum, Julia	FR	Concord	26.44	11
9	Bryant, Sophie	JR	Hickory Ridge	26.45	9
10	Greenhall, Madison	JR	Cox Mill	26.73	7
11	Daniel, L'Deyah	SO	Williams	27.06	6
12	Rule, Anna	JR	Northern Guilford	27.36	5
13	McCarn, Logan	JR	Central Davidson	27.38	4
14	Beck, Kacie	JR	Central Davidson	27.42	3
15	Majuri, Lily		Union Pines	27.48	2
16	Minton, Jessica	SR	Hickory Ridge	28.23	1
*17	Mcnabb, Kristen	SR	West Rowan	28.29	
*17	Wachendorfer, Ella	FR	Northern Guilford	28.29	
19	Brown, Chloe	FR	Robinson, J. M.	28.44	
20	Campany, Hannah	FR	Hickory Ridge	28.60	
21	Graham, Mikayla	SR	West Rowan	28.64	
22	Wolf, Lilly	FR	Ledford	28.69	
23	Williams, Hannah	JR	Williams	28.83	
24	Cary, Lauren	SR	Eastern Alamance	29.21	

Event 8 Men 50 Yard Freestyle

20.72 AA-A

21.04 AA-C All-America

	Name	Yr	School	Finals Time	Points
1	Henderson, Noah	FR	Western Alamance	21.61	20
2	Rogers, Travis	SR	Robinson, J. M.	21.97	17
3	Epler, Robbie	SO	Concord	22.04	16
4	Jensen, Louis	JR	Cox Mill	22.11	15
5	McLeary, Shane	JR	Union Pines	22.58	14
6	Skinner, Malcolm	SO	Cox Mill	22.83	13
7	Weston, Jacob	JR	Northwest Cabarrus	22.89	12
8	Snider, Ben	FR	Northern Guilford	23.03	11
9	Wachendorfer, Jonathan	SO	Northern Guilford	23.13	9
10	Hicks, Dakota	SR	Union Pines	23.66	7
11	Ritchie, George	SO	Concord	23.79	6
12	Parks, Jonah	JR	Central Davidson	23.82	5
13	Seth, Salas	SO	Lee County	23.83	4
14	Kennedy, Caleb	JR	Eastern Guilford	23.93	3
15	Shimberg, Cole	JR	Hickory Ridge	24.35	2
16	Carpenter, Smith	SR	Western Guilford	24.37	1
17	Dennis, Dakota	SR	South Rowan	24.47	
18	Haskins, Max	JR	Cox Mill	24.57	
19	Moran, Kyle	JR	Robinson, J. M.	24.93	
20	Vandenbulcke, Connor	SR	Northwest Cabarrus	25.03	
21	Cauble, Dalton	SR	Carson, Jesse	25.12	
22	Leazer, Nathan	SR	East Rowan	25.23	
23	Adcock, Will	SO	Concord	25.27	
24	Hartzell, Matthew	SR	Ledford	25.37	

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Event 9 Women 1 mtr Diving

	Name	Yr	School	Finals Score	Points
1	Campbell, Madyson	SR	South Rowan	253.25	20
2	Farrell, Louise	SR	Northern Guilford	220.55	17

Event 10 Men 1 mtr Diving

	Name	Yr	School	Finals Score	Points
1	Williams, Gareth	FR	Northern Guilford	345.30	20
2	O'Brien, Patrick	FR	Cox Mill	280.65	17

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Results

Event 11 Women 100 Yard Butterfly

54.84 AA-A

55.98 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Holland, Madison	JR	Cox Mill	1:00.58	20
2 Gilliland, Virginia	SO	Western Guilford	1:00.84	17
3 Atkinson, Hunter	SR	Union Pines	1:01.08	16
4 Adcock, Elena	JR	Concord	1:01.48	15
5 Glebus, Rebecca	SO	Northern Guilford	1:02.90	14
6 Burge, Alison	SO	Western Alamance	1:03.19	13
7 Prager, Kate	FR	Northwest Cabarrus	1:05.60	12
8 Hardman, Brynne	FR	Carson, Jesse	1:05.73	11
9 Rohrer, Lexi	SR	Concord	1:05.96	9
10 Majuri, Lily		Union Pines	1:06.09	7
11 Federico, Alexa	FR	Central Cabarrus	1:06.51	6
12 Vandenberg, Alex		Central Cabarrus	1:07.19	5
13 Greenhall, Madison	JR	Cox Mill	1:07.52	4
14 Beauregard, Morgan	JR	Hickory Ridge	1:09.56	3
15 Long, Kacey	JR	Western Alamance	1:09.60	2
16 Sarah, Briggs	SR	Lee County	1:10.07	1
17 Woodard, Alexa	SO	Robinson, J. M.	1:10.09	
18 Shorter, Olivia	FR	Carson, Jesse	1:10.81	
19 Steelman, Jilien	JR	Western Guilford	1:11.98	
20 Corum, Morgan	SR	Morehead	1:12.73	
21 Saunders, Emma	FR	Union Pines	1:15.36	
22 Salas, Stephanie	SO	Ledford	1:16.43	
23 Caswell, Averi	SO	Cox Mill	1:21.46	
--- Sever, Taylor	FR	Carson, Jesse	DFS	

Event 12 Men 100 Yard Butterfly

49.37 AA-A

50.27 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Henderson, Noah	FR	Western Alamance	51.02	20
2 Reed, Jordan	SR	Northern Guilford	52.27	17
3 Evans, Kyle	JR	Robinson, J. M.	52.85	16
4 Jensen, Louis	JR	Cox Mill	52.98	15
5 Williams, Tyler	SO	Robinson, J. M.	55.27	14
6 Hill, Bryan	SO	Northern Guilford	57.51	13
7 Snider, Ben	FR	Northern Guilford	57.58	12
8 Setzer, Alexander	FR	Ledford	57.62	11
9 Arbury, Kieran	JR	Hickory Ridge	58.29	9
10 Rose, Dylan	SR	Northwest Cabarrus	58.54	7
11 Allen, Josh	SO	Cox Mill	59.36	6
12 Herrera, Steven	JR	Southern Lee	1:00.81	5
13 Byers, Isaac	SR	Central Davidson	1:01.14	4
14 Tselides, Dimitri	SR	Western Guilford	1:01.95	3
15 Jing, Shiyu	SR	Sanford, Terry	1:02.19	2
16 Sommer, Clay	SR	Western Alamance	1:02.79	1
17 Perry, Andrew	SR	South Rowan	1:02.97	
18 Rice, Logan	SO	Ledford	1:03.19	
19 Estrada, Jorge	SR	Ledford	1:04.30	
20 Palladino, Jacob	SO	Cox Mill	1:04.81	
21 Anderson, Keaton	SO	Hickory Ridge	1:05.35	
22 Barrier, James	JR	Concord	1:06.89	
23 Blackard, Brody	FR	McMichael	1:07.59	
--- Seth, Salas	SO	Lee County	DQ	

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Results

Event 13 Women 100 Yard Freestyle

50.59 AA-A

51.40 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Daly, Caroline	SO	Northern Guilford	54.24	20
2 Rogers, Cathleen	JR	Cox Mill	54.88	17
3 Beohler, Anna	SO	Concord	55.53	16
4 Knox, Shae	SO	Concord	55.99	15
5 Forst, Isabella	JR	Northern Guilford	56.56	14
6 Epler, Katherine	SO	Concord	56.80	13
7 Bryant, Sophie	JR	Hickory Ridge	57.96	12
8 Gribble, Abby	SR	Northwest Cabarrus	58.53	11
9 Schmitz, Madison	SO	Union Pines	59.88	9
10 McCarn, Logan	JR	Central Davidson	1:00.79	7
11 Burchfield, Abigail	SO	Concord	1:01.31	6
12 Ozbelli, Talya	JR	Cox Mill	1:01.33	5
13 Pierson, Brooklyn	SR	Sanford, Terry	1:01.40	4
14 Beck, Kacie	JR	Central Davidson	1:02.18	3
15 Minton, Jessica	SR	Hickory Ridge	1:02.47	2
16 Reppert, Lillian	JR	Western Guilford	1:03.75	1
17 Long, Kayleigh	JR	Western Alamance	1:03.89	
18 Dumas, Taylor	SO	Union Pines	1:03.99	
19 Frogge, Maggie	JR	Northern Guilford	1:04.26	
20 Soyars, Kelsey	SR	Rockingham County	1:04.60	
21 Woodard, Alexa	SO	Robinson, J. M.	1:04.62	
22 Chrapliwy, Abby	FR	Morehead	1:05.67	
23 Mundt, Laura	JR	Robinson, J. M.	1:05.95	

Event 14 Men 100 Yard Freestyle

45.28 AA-A

45.97 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Epler, Robbie	SO	Concord	48.97	20
2 Southern, Jake	SR	Hickory Ridge	50.00	17
3 Guerrero, Jake	SO	Sanford, Terry	50.25	16
4 Connelly, Scott	SO	Robinson, J. M.	50.60	15
5 Wachendorfer, Jonathan	SO	Northern Guilford	51.10	14
6 Parks, Jonah	JR	Central Davidson	51.97	13
7 Cross, Jordan	SR	Rockingham County	52.10	12
8 McLeary, Shane	JR	Union Pines	52.11	11
9 Lapsley, Declan	SO	Robinson, J. M.	52.21	9
10 Wilson, Sam		Central Cabarrus	52.37	7
11 Hicks, Dakota	SR	Union Pines	53.95	6
12 Holt, Max	SO	Cox Mill	54.07	5
13 Shimberg, Cole	JR	Hickory Ridge	54.51	4
*14 Almaraz, Alex	JR	Cox Mill	54.52	2.50
*14 Brown, Chance		East Rowan	54.52	2.50
16 Kennedy, Caleb	JR	Eastern Guilford	55.16	1
17 Moran, Kyle	JR	Robinson, J. M.	55.33	
18 Arbury, Kieran	JR	Hickory Ridge	55.42	
19 Brim, Taylor	SR	McMichael	55.46	
20 Chavis, Jacob	JR	Union Pines	55.91	
21 Haskins, Max	JR	Cox Mill	56.90	
22 Wyatt, Tristan	SR	South Rowan	57.46	
--- Carpenter, Smith	SR	Western Guilford	DQ	

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Results

Event 15 Women 500 Yard Freestyle

4:52.18 AA-A

4:57.63 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Losey, Erica	FR	Central Cabarrus	5:18.36	20
2 Kramer, Sydney	SR	Central Cabarrus	5:24.25	17
3 Volz, Julia	SO	Hickory Ridge	5:29.65	16
4 Meacham, Faith	JR	Williams	5:40.92	15
5 Mangan, Rebecca	JR	Robinson, J. M.	5:52.15	14
6 Small, Holly	FR	Ledford	5:52.49	13
7 King, Valerie	SR	Northern Guilford	5:53.80	12
8 Brinkley, Erin	SO	Cox Mill	5:59.37	11
9 Shorter, Olivia	FR	Carson, Jesse	6:06.26	9
10 Hey, Laurel	SO	Ledford	6:11.35	7
11 Hardman, Shea	SO	Carson, Jesse	6:23.45	6
12 Cary, Caitlin	JR	Eastern Alamance	6:35.49	5
13 Page, Krista	SR	Rockingham County	6:37.79	4
14 Park, Sarah	SR	Western Guilford	6:39.82	3
15 Farrell, Caroline	SR	Northern Guilford	6:42.35	2
16 Anonick, Rachel	FR	Concord	6:43.89	1
17 Phillips, Jordan	SR	Gray's Creek	6:47.73	
18 Cranford, Miranda	SR	Concord	6:49.71	
19 Williams, Emerson	SR	Central Davidson	6:49.90	
20 Leonard, Kresen	SR	Central Davidson	6:57.63	
21 Carras, Ellie	SR	Union Pines	7:04.36	
22 Zatta, Carolina	SR	Hickory Ridge	7:05.05	
23 Driessen, Kimber	SO	Northwest Cabarrus	7:08.36	
24 Thiele, Hannah	JR	Eastern Alamance	7:11.21	

Event 16 Men 500 Yard Freestyle

4:29.64 AA-A

4:34.58 AA-C All-America

Name	Yr	School	Finals Time	Points
1 White, Jason		Central Cabarrus	4:55.30	20
2 Williams, Tyler	SO	Robinson, J. M.	5:19.04	17
3 Oneale, Spencer	SR	Northwest Cabarrus	5:21.66	16
4 Dumoulin, Ethan	SO	Ledford	5:37.10	15
5 Herrera, Steven	JR	Southern Lee	5:38.66	14
6 Allred, Parker	SR	Central Davidson	5:45.99	13
7 Perry, Andrew	SR	South Rowan	5:50.93	12
8 Moore, Samuel	SR	Rockingham County	5:54.23	11
9 Horn, Michael	SO	Cox Mill	5:55.72	9
10 Akan, Obadele	FR	Northern Guilford	5:59.93	7
11 Thomas, Seth	FR	Central Cabarrus	6:01.84	6
12 Campos, Steven	JR	Central Davidson	6:10.93	5
13 Pais, Mervyn	FR	Western Alamance	6:15.93	4
14 Power, Matt	SO	Concord	6:16.62	3
15 Parrish, Daniel	JR	Rockingham County	6:18.12	2
16 Frodyma, Jacob	SO	Western Alamance	6:18.56	1
17 Nanney, Kyle	SR	Central Davidson	6:21.84	
18 Haberman, Sam	SO	Concord	6:21.94	
19 Shinn, Robbie	JR	Northwest Cabarrus	6:23.79	
20 Bowman, Lucas	SR	Ledford	6:28.36	
21 Stewart, Alex	SO	Ledford	6:36.04	
22 Miller, Kevin	JR	McMichael	6:48.88	
--- Piatt, Ben	SR	Western Alamance	DQ	
--- Collie, Preston	JR	Northeast Guilford	DFS	

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Results

Event 17 Women 200 Yard Freestyle Relay

1:36.02 AA-A

1:37.45 AA-C All-America

Team	Relay			Finals Time	Points
1 Northern Guilford				1:40.65	40
1) Bene, Olivia SO	2) Daly, Caroline SO	3) Glebus, Rebecca SO	4) Forst, Isabella JR		
2 Concord				1:42.66	34
1) Beohler, Anna SO	2) Epler, Katherine SO	3) Adcock, Elena JR	4) Knox, Shae SO		
3 Cox Mill				1:42.77	32
1) Holland, Madison JR	2) Greenhall, Madison JR	3) Minnick, Bailey JR	4) Rogers, Cathleen JR		
4 Union Pines				1:47.92	30
1) Majuri, Lily	2) Schmitz, Madison SO	3) Saunders, Emma FR	4) Atkinson, Hunter SR		
5 Hickory Ridge				1:48.50	28
1) Bryant, Sophie JR	2) Holland, McKenna SO	3) Minton, Jessica SR	4) Volz, Julia SO		
6 Robinson, J. M.				1:49.47	26
1) Woodard, Alexa SO	2) Brown, Chloe FR	3) Mangan, Rebecca JR	4) Brown, Ashton SR		
7 Carson, Jesse				1:50.79	24
1) Hardman, Shea SO	2) Sever, Taylor FR	3) Shorter, Olivia FR	4) Hardman, Brynne FR		
8 Sanford, Terry				1:51.41	22
1) Hodge, Sophie JR	2) Pierson, Brooklyn SR	3) Horman, Tate JR	4) Yarborough, Hannah SO		
9 Williams				1:51.49	18
1) Gagnon, Walker SO	2) Williams, Hannah JR	3) Meacham, Faith JR	4) Daniel, L'Deyah SO		
10 Central Davidson				1:53.79	14
1) McCarn, Logan JR	2) Mize, Mallory SO	3) Williams, Emerson SR	4) Beck, Kacie JR		
11 Central Cabarrus				1:54.38	12
1) Federico, Alexa FR	2) Elliott, Ashlyn SO	3) Britt, Corinne JR	4) Vandenberg, Alex		
12 Western Guilford				1:55.32	10
1) Reppert, Lillian JR	2) Hoffman, Anna JR	3) Davis, Kayla JR	4) Brogden, Elizabeth SR		
13 Ledford				1:57.71	8
1) Rice, Delanie JR	2) Smith, Coral FR	3) Hey, Laurel SO	4) Salas, Stephanie SO		
14 Rockingham County				1:59.65	6
1) Key, Carson SR	2) Rizza, Hannah SR	3) Whitesell, Nadia SO	4) Soyars, Kelsey SR		
15 Morehead				2:01.01	4
1) Chrapliwy, Abby FR	2) Thackston, Emily SR	3) Blankenship, Megan FR	4) Corum, Morgan SR		
16 Lee County				2:02.80	2
1) Sarah, Briggs SR	2) Claffey, McKenna	3) Cabe, Savannah	4) Mills, Farren		
17 East Rowan				2:03.04	
1) Faller, Faith	2) Vanhoose, Shalea	3) Collins, McKenzie	4) Waller, Brooke		
18 South Rowan				2:03.86	
1) Jones, Madilyn SR	2) Harvey, Holiday SR	3) Helms, Micah SR	4) Blume, Abby SR		
19 McMichael				2:06.83	
1) Zenquis, Selena FR	2) Wilson, Emma	3) Welborn, Sydney	4) Wilkinson, Autumn SO		
20 Western Alamance				2:11.74	
1) Bennett, Kennedy	2) Wells, Katie FR	3) Bass, Maddie SR	4) Gauthier, Marielle FR		
21 Eastern Alamance				2:17.35	
1) Cary, Jenna	2) O'Neal, Kaleigh	3) Evans, Katie FR	4) Cary, Caitlin JR		
22 Asheboro				2:19.87	
1) Richau, Sadie	2) Pincus, Angelina FR	3) McKaughn, Courtney	4) Surratt, Kayla		
23 Gray's Creek				2:20.12	
1) Correa, Brianna	2) Liles, Halie	3) Rizzotto, Daniella	4) Phillips, Jordan SR		
24 Eastern Guilford				2:22.63	
1) White, Emily	2) Robertson, Hannah	3) Hefner, Sarah	4) Nichols, Sequoia		

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Results

Event 18 Men 200 Yard Freestyle Relay

1:25.05 AA-A

1:26.40 AA-C All-America

Team	Relay			Finals Time	Points
1 Robinson, J. M.				1:30.32	40
1) Evans, Kyle JR	2) Lapsley, Declan SO	3) Connelly, Scott SO	4) Rogers, Travis SR		
2 Cox Mill				1:33.32	34
1) Haskins, Max JR	2) Holt, Max SO	3) Skinner, Malcolm SO	4) Jensen, Louis JR		
3 Concord				1:33.44	32
1) Ritchie, George SO	2) Fajtek, Aleksander SO	3) Jones, Sam SR	4) Epler, Robbie SO		
4 Union Pines				1:34.36	30
1) Hicks, Dakota SR	2) Chavis, Jacob JR	3) Womack, Trevor SR	4) McLeary, Shane JR		
5 Northwest Cabarrus				1:36.02	28
1) Rose, Dylan SR	2) England, Nick SR	3) Enriquez, Edward FR	4) Weston, Jacob JR		
6 Lee County				1:38.33	26
1) Cox, Dylan JR	2) Vogelsang, Carter	3) Vogelsang, Austin	4) Seth, Salas SO		
7 Rockingham County				1:38.67	24
1) Isley, Ben SR	2) Reichenbach, Eric SR	3) Wilson, Ethan SO	4) Cross, Jordan SR		
8 Central Cabarrus				1:39.09	22
1) White, Jason	2) Thomas, Seth FR	3) Kunesh, Isaac FR	4) Wilson, Sam		
9 South Rowan				1:39.94	18
1) Dennis, Dakota SR	2) Wyatt, Tristan SR	3) Hartman, Owen SR	4) Johnston, Stetson SR		
10 Ledford				1:40.35	14
1) Hartzell, Matthew SR	2) Estrada, Jorge SR	3) Rhine, Gregory JR	4) Rice, Logan SO		
11 Western Alamance				1:41.76	12
1) Sommer, Clay SR	2) Rainey, Austin SO	3) Adkins, Jacob SR	4) Henderson, Noah FR		
12 Sanford, Terry				1:43.16	10
1) Rowell, Patrick FR	2) Jing, Shiyu SR	3) Develvis, Steven JR	4) Huffman, Matthew JR		
13 McMichael				1:43.56	8
1) Brim, Taylor SR	2) Hundley, Grant JR	3) Lacayo, Matthew SR	4) Blackard, Brody FR		
14 Eastern Guilford				1:45.71	6
1) Fogleman, Hunter JR	2) Kennedy, Seth SO	3) Melton, Landon JR	4) Kennedy, Caleb JR		
15 Carson, Jesse				1:50.04	4
1) Lamb, Jared	2) Perkins, Landon SR	3) Howard, Cole	4) Cauble, Dalton SR		
16 West Rowan				1:51.04	2
1) Cade, Cranford JR	2) Nichols, Scout	3) Gouge, Matthew FR	4) Webb, Thomas SR		
17 Morehead				1:51.35	
1) Dalton, Logan	2) Dunn, Cody	3) Tilley, Jason	4) Twilla, Ryder JR		
--- Western Guilford				DQ	
1) Tselides, Dimitri SR	2) Dahlinghaus, Will FR	3) Lynch-Wade, Shemssa SO	4) Short, Daniel JR		
--- Central Davidson				DQ	
1) Bradley, Donnie JR	2) Cuff, Zeppelin JR	3) Tysinger, Payton JR	4) Allred, Parker SR		
--- Asheboro				DQ	
1) Tyler, Badin SO	2) Kidd, Wilson SR	3) Pincus, Richard SR	4) Jones, Justin JR		
--- Northeast Guilford				DQ	
1) Collie, Preston JR	2) Johnson, Conner FR	3) Moore, Jacob JR	4) Banks, Anthony		
--- Northern Guilford				DQ	
1) Hill, Bryan SO	2) Layton, Jonathan SO	3) Lalumondier, Jeremy SO	4) Bene, Jacques SR		
--- East Rowan				DQ	
1) Leazer, Nathan SR	2) Emerson, Ike	3) Purdue, Zakk	4) Brown, Chance		
--- Hickory Ridge				DQ	
1) Gonzalez, Marc SO	2) Nusbaum, Avery SR	3) Anderson, Keaton SO	4) Arbury, Keaton SO		

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Results

Event 19 Women 100 Yard Backstroke

55.31 AA-A

56.51 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Minnick, Bailey	JR	Cox Mill	59.07	20
2 Holland, Madison	JR	Cox Mill	59.30	17
3 Adcock, Elena	JR	Concord	1:01.59	16
4 Beohler, Anna	SO	Concord	1:01.62	15
5 Kramer, Sydney	SR	Central Cabarrus	1:03.31	14
6 Barbour, Hannah		Central Cabarrus	1:03.50	13
7 Graham, Rachel	SO	Northern Guilford	1:04.73	12
8 Schmitz, Madison	SO	Union Pines	1:04.80	11
9 Federico, Alexa	FR	Central Cabarrus	1:04.88	9
10 Lee, Savannah	SR	Eastern Alamance	1:06.26	7
11 Rountree, Madelaine	FR	Northern Guilford	1:06.49	6
12 Beauregard, Morgan	JR	Hickory Ridge	1:06.73	5
13 Gribble, Abby	SR	Northwest Cabarrus	1:07.11	4
14 Patrum, Julia	FR	Concord	1:07.78	3
15 Steelman, Jilien	JR	Western Guilford	1:08.29	2
16 Sparks, Virginia	JR	Concord	1:10.08	1
17 Ozbelli, Talya	JR	Cox Mill	1:10.30	
18 Long, Kayleigh	JR	Western Alamance	1:10.91	
19 Brogden, Elizabeth	SR	Western Guilford	1:11.00	
20 Gagnon, Walker	SO	Williams	1:11.77	
21 Maneen, Virginia	FR	Ledford	1:12.47	
22 Cary, Lauren	SR	Eastern Alamance	1:13.72	
23 Bresko, Annie	SO	Sanford, Terry	1:14.06	
24 Cary, Caitlin	JR	Eastern Alamance	1:16.17	

Event 20 Men 100 Yard Backstroke

49.85 AA-A

51.13 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Reed, Jordan	SR	Northern Guilford	53.47	20
2 Jones, Sam	SR	Concord	54.44	17
3 Guerrero, Jake	SO	Sanford, Terry	55.98	16
4 Southern, Jake	SR	Hickory Ridge	56.59	15
5 Rose, Dylan	SR	Northwest Cabarrus	57.68	14
6 Johnston, Stetson	SR	South Rowan	59.58	13
7 Hill, Bryan	SO	Northern Guilford	59.71	12
8 Byers, Isaac	SR	Central Davidson	1:01.17	11
9 Oneale, Spencer	SR	Northwest Cabarrus	1:01.98	9
10 Hartle, Andrew	FR	Williams	1:02.12	7
11 Rice, Logan	SO	Ledford	1:02.16	6
12 Wilson, Ethan	SO	Rockingham County	1:02.26	5
13 Snow, Ryan	JR	Ledford	1:04.25	4
14 Adcock, Will	SO	Concord	1:04.55	3
15 Kocher, Michael	JR	Cox Mill	1:05.13	2
16 San Jose, Trey	JR	Central Cabarrus	1:06.15	1
17 Cuff, Zeppelin	JR	Central Davidson	1:07.39	
18 Tesh, Aaron	JR	Robinson, J. M.	1:07.69	
19 Akan, Obadele	FR	Northern Guilford	1:07.74	
20 Schulze, Luke	FR	Concord	1:08.48	
21 England, Nick	SR	Northwest Cabarrus	1:09.18	
22 Pais, Mervyn	FR	Western Alamance	1:09.46	
23 Li, David	FR	Sanford, Terry	1:14.61	
--- Cox, Dylan	JR	Lee County	DFS	

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Event 21 Women 100 Yard Breaststroke

1:03.22 AA-A

1:04.66 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Brown, Ashton	SR	Robinson, J. M.	1:07.71	20
2 Gilliland, Virginia	SO	Western Guilford	1:08.31	17
3 Bene, Olivia	SO	Northern Guilford	1:08.46	16
4 Prager, Emma	SR	Northwest Cabarrus	1:08.63	15
5 Hetherington, Libby	SR	Sanford, Terry	1:09.47	14
6 Holland, McKenna	SO	Hickory Ridge	1:12.63	13
7 Hetherington, Tara	SR	Sanford, Terry	1:13.87	12
8 Santanicola, Mallory	SR	Concord	1:15.02	11
9 Vancil, Anna	FR	Northern Guilford	1:17.08	9
10 Williams, Amaya	FR	Cox Mill	1:17.41	7
11 Long, Kacey	JR	Western Alamance	1:17.94	6
12 Rule, Anna	JR	Northern Guilford	1:17.97	5
13 Alexander, Carley	SR	Concord	1:18.09	4
14 McClamrock, GG	SO	Cox Mill	1:18.97	3
15 Davis, Kayla	JR	Western Guilford	1:19.88	2
16 Delgrosso, Jamie	JR	Cox Mill	1:20.47	1
17 Brown, Chloe	FR	Robinson, J. M.	1:20.78	
18 Key, Carson	SR	Rockingham County	1:21.38	
19 Jones, Madilyn	SR	South Rowan	1:21.40	
20 Metts, Caroline	JR	Williams	1:22.59	
21 Kelnhofer, Maya	SO	Concord	1:23.22	
22 Stokes, Allysa	SR	Williams	1:25.92	
23 McClosky, Rachel	SO	Hickory Ridge	1:27.13	
24 Harvey, Holiday	SR	South Rowan	1:28.17	

Event 22 Men 100 Yard Breaststroke

56.25 AA-A

57.49 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Rogers, Travis	SR	Robinson, J. M.	59.94	20
2 Lalumondier, Jeremy	SO	Northern Guilford	1:00.20	17
3 Enriquez, Edward	FR	Northwest Cabarrus	1:01.81	16
4 Bene, Jacques	SR	Northern Guilford	1:03.32	15
5 Weston, Jacob	JR	Northwest Cabarrus	1:03.73	14
6 Tysinger, Payton	JR	Central Davidson	1:04.62	13
7 Wilson, Sam		Central Cabarrus	1:05.83	12
8 Fajtek, Aleksander	SO	Concord	1:05.89	11
9 Lapsley, Declan	SO	Robinson, J. M.	1:06.14	9
10 Aardema, Jared	SR	Hickory Ridge	1:06.76	7
11 Ritchie, George	SO	Concord	1:07.38	6
12 Restrepo, Justin	SR	Northern Guilford	1:08.34	5
13 Skinner, Malcolm	SO	Cox Mill	1:09.10	4
14 Willard, Dylan	SR	Central Davidson	1:09.43	3
15 Hartzell, Matthew	SR	Ledford	1:10.35	2
16 Isley, Ben	SR	Rockingham County	1:10.42	1
*17 Shue, Trevor	JR	Hickory Ridge	1:10.98	
*17 Twilla, Ryder	JR	Morehead	1:10.98	
19 Layton, Jonathan	SO	Northern Guilford	1:12.53	
20 Skrobola, Ben	JR	Rockingham County	1:12.65	
21 Anderson, Keaton	SO	Hickory Ridge	1:12.82	
22 Fulton, John	SR	South Rowan	1:13.16	
23 Brown, Grant	SR	Cox Mill	1:13.24	
24 Fields, Tyler	SR	South Rowan	1:13.37	
25 Parkes, Noah	FR	Cox Mill	1:13.99	

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26	Trabucco, Jack	FR	Cox Mill	1:15.30
27	Norris, Logan		Northwest Cabarrus	1:15.68
28	Leder, Matthew	FR	Concord	1:16.23
29	Kreider, Alex	FR	Eastern Alamance	1:16.50
30	Fahey, James	JR	Eastern Alamance	1:16.65
31	Pegram, Tanner	SO	Ledford	1:17.30
32	Thomas, Seth	FR	Central Cabarrus	1:17.31

Event 23 Women 400 Yard Freestyle Relay

3:28.71 AA-A

3:32.15 AA-C All-America

Team	Relay	Finals Time	Points
1 Northern Guilford		3:49.42	40
1) Graham, Rachel SO	2) King, Valerie SR	3) Rountree, Madelaine FR	4) Daly, Caroline SO
2 Central Cabarrus		3:50.46	34
1) Kramer, Sydney SR	2) Vandenberg, Alex	3) Barbour, Hannah	4) Losey, Erica FR
3 Concord		3:51.12	32
1) Patrum, Julia FR	2) Rohrer, Lexi SR	3) Santanicola, Mallory SR	4) Beohler, Anna SO
4 Sanford, Terry		4:00.39	30
1) Hetherington, Tara SR	2) Yarborough, Emily SR	3) Yarborough, Hannah SO	4) Hetherington, Libby SR
5 Hickory Ridge		4:01.27	28
1) Bryant, Sophie JR	2) Beauregard, Morgan JR	3) Holland, McKenna SO	4) Volz, Julia SO
6 Cox Mill		4:04.83	26
1) Houghton, Samantha JR	2) Ozbelli, Talya JR	3) Williams, Amaya FR	4) McClamrock, GG SO
7 Western Guilford		4:08.49	24
1) Reppert, Lillian JR	2) Steelman, Jilien JR	3) Brogden, Elizabeth SR	4) Gilliland, Virginia SO
8 Williams		4:09.26	22
1) Daniel, L'Deyah SO	2) Gagnon, Walker SO	3) Williams, Hannah JR	4) Meacham, Faith JR
9 Carson, Jesse		4:13.02	18
1) Hardman, Shea SO	2) Sever, Taylor FR	3) Shorter, Olivia FR	4) Hardman, Brynne FR
10 Western Alamance		4:14.05	14
1) Long, Kayleigh JR	2) Leupold, Mary JR	3) Long, Kacey JR	4) Burge, Alison SO
11 Northwest Cabarrus		4:14.76	12
1) Prager, Emma SR	2) Crowder, Mackenzie SO	3) Prager, Kate FR	4) Gribble, Abby SR
12 Ledford		4:19.39	10
1) Small, Holly FR	2) Hey, Laurel SO	3) Maneen, Virginia FR	4) Salas, Stephanie SO
13 Robinson, J. M.		4:23.07	8
1) Mundt, Laura JR	2) Stevenson, Rebecca SO	3) Peace, Madison JR	4) Mangan, Rebecca JR
14 Central Davidson		4:23.88	6
1) McCarn, Logan JR	2) Williams, Emerson SR	3) Mize, Mallory SO	4) Beck, Kacie JR
15 Rockingham County		4:27.86	4
1) Rizza, Hannah SR	2) Whitesell, Nadia SO	3) Page, Krista SR	4) Soyars, Kelsey SR
16 Lee County		4:32.64	2
1) Sarah, Briggs SR	2) Claffey, McKenna	3) Cabe, Savannah	4) Nicole, Gagliardi
17 Union Pines		4:33.23	
1) Dumas, Taylor SO	2) Muse, Emily JR	3) McLeary, Sammie JR	4) Hicks, Trinity FR
18 Eastern Alamance		4:35.28	
1) Lee, Savannah SR	2) Royal, Jamisen SR	3) Thiele, Hannah JR	4) Cary, Lauren SR
19 South Rowan		4:57.80	
1) Jones, Madilyn SR	2) Harvey, Holiday SR	3) Helms, Micah SR	4) Golladay, Seanna
20 McMichael		5:07.48	
1) Martin, Katie	2) Vernon, McKenzie	3) Burris, Jordan SO	4) Zenquis, Selena FR
21 Asheboro		5:32.77	
1) Richau, Sadie	2) Pincus, Angelina FR	3) McKaughn, Courtney	4) Surratt, Kayla
22 Eastern Guilford		5:38.33	
1) Sears, Holt	2) Hefner, Sarah	3) Robertson, Hannah	4) Nichols, Sequoia
--- Gray's Creek			DQ
1) Rizzotto, Daniella	2) Correa, Brianna	3) Liles, Halie	4) Phillips, Jordan SR
--- East Rowan			DQ
1) Waller, Brooke	2) Collins, McKenzie	3) Mills, Ashlyn	4) Faller, Faith

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Event 24 Men 400 Yard Freestyle Relay

3:06.58 AA-A

3:09.68 AA-C All-America

Team	Relay	Finals Time	Points
1 Northern Guilford		3:22.91	40
1) Snider, Ben FR	2) Hill, Bryan SO	3) Wachendorfer, Jonathan SO	4) Reed, Jordan SR
2 Concord		3:25.79	34
1) Ritchie, George SO	2) Fajtek, Aleksander SO	3) Epler, Robbie SO	4) Jones, Sam SR
3 Cox Mill		3:31.80	32
1) Almaraz, Alex JR	2) Holt, Max SO	3) Skinner, Malcolm SO	4) Jensen, Louis JR
4 Hickory Ridge		3:33.69	30
1) Shimberg, Cole JR	2) Arbury, Kieran JR	3) Arbury, Keaton SO	4) Southern, Jake SR
5 Robinson, J. M.		3:36.02	28
1) Williams, Tyler SO	2) Tesh, Aaron JR	3) Moran, Kyle JR	4) Lapsley, Declan SO
6 Central Davidson		3:37.13	26
1) Parks, Jonah JR	2) Byers, Isaac SR	3) Cuff, Zeppelin JR	4) Allred, Parker SR
7 Lee County		3:41.04	24
1) Cox, Dylan JR	2) Vogelsang, Carter	3) Vogelsang, Austin	4) Seth, Salas SO
8 Ledford		3:41.38	22
1) Rice, Logan SO	2) Dumoulin, Ethan SO	3) Estrada, Jorge SR	4) Setzer, Alexander FR
9 Union Pines		3:41.74	18
1) Hicks, Dakota SR	2) Chavis, Jacob JR	3) Womack, Trevor SR	4) McLeary, Shane JR
10 Sanford, Terry		3:42.24	14
1) Guerrero, Jake SO	2) Li, David FR	3) Jing, Shiyu SR	4) Huffman, Matthew JR
11 South Rowan		3:45.55	12
1) Wyatt, Tristan SR	2) Perry, Andrew SR	3) Hartman, Owen SR	4) Johnston, Stetson SR
12 East Rowan		3:50.03	10
1) Brown, Chance	2) Emerson, Ike	3) Gobbel, Drew	4) Leazer, Nathan SR
13 Rockingham County		3:51.24	8
1) Moore, Samuel SR	2) Reichenbach, Eric SR	3) Parrish, Daniel JR	4) Cross, Jordan SR
14 Asheboro		3:51.87	6
1) Tyler, Badin SO	2) Pincus, Richard SR	3) Kidd, Wilson SR	4) Jones, Justin JR
15 Northwest Cabarrus		3:57.51	4
1) Shinn, Robbie JR	2) Norris, Logan	3) England, Nick SR	4) Oneale, Spencer SR
16 Western Guilford		4:01.56	2
1) Dahlinghaus, Will FR	2) Short, Daniel JR	3) Kennedy, Matt JR	4) Carpenter, Smith SR
17 Western Alamance		4:08.18	
1) Pais, Mervyn FR	2) Adkins, Jacob SR	3) Smiley, Tommy FR	4) Frodyma, Jacob SO
18 Eastern Guilford		4:10.14	
1) Hunt, Trey FR	2) Kennedy, Seth SO	3) Martin, Jermaine JR	4) Fogleman, Hunter JR
19 Central Cabarrus		4:11.28	
1) King, John	2) Brown, Tyler	3) Hinson, Beau	4) San Jose, Trey JR
20 Carson, Jesse		4:15.12	
1) Perkins, Landon SR	2) Kuehl, Connor SO	3) Dulin, Gabe SR	4) Cauble, Dalton SR
21 Northeast Guilford		4:25.88	
1) Collie, Preston JR	2) Johnson, Conner FR	3) Moore, Jacob JR	4) Banks, Anthony
--- McMichael			DQ
1) Brim, Taylor SR	2) Thacker, Koy	3) Brim, Tanner	4) Tuttle, Dylan