

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 1 Women 200 Yard Medley Relay****1:45.33 AA-A****1:47.14 AA-C All-America**

Team	Relay			Finals Time	Points
1 Cox Mill				1:52.75	40
1) Holland, Madison SR	2) Minnick, Bailey SR	3) Rogers, Cathleen SR	4) Greenhall, Madison SR		
27.79	1:00.85 (33.06)	1:27.02 (26.17)	1:52.75 (25.73)		
2 Northern Guilford			1:53.28	34	
1) Graham, Rachel JR	2) Schoppa, Abby FR	3) Glebus, Rebecca JR	4) Daly, Caroline JR		
29.83	1:01.64 (31.81)	1:28.66 (27.02)	1:53.28 (24.62)		
3 Central Cabarrus			1:55.46	32	
1) Barbour, Hannah JR	2) Gaskey, Isabella FR	3) Federico, Alexa SO	4) Losey, Erica SO		
30.02	1:01.47 (31.45)	1:30.86 (29.39)	1:55.46 (24.60)		
4 Concord			1:59.15	30	
1) Halbach, Allyson FR	2) Guthrie, Mia FR	3) Lotfy, Christina FR	4) Sparks, Virginia SR		
30.28	1:04.91 (34.63)	1:32.80 (27.89)	1:59.15 (26.35)		
5 Western Alamance			1:59.29	28	
1) Long, Kayleigh SR	2) Long, Kacey SR	3) Burge, Alison JR	4) Davenport, Corinne FR		
31.97	1:07.03 (35.06)	1:34.91 (27.88)	1:59.29 (24.38)		
6 Western Guilford			2:02.26	26	
1) Stevens, Abigail FR	2) Gilliland, Virginia JR	3) Steelman, Jilien SR	4) Thompson, Mary Katherine FR		
31.85	1:03.07 (31.22)	1:35.06 (31.99)	2:02.26 (27.20)		
7 Hickory Ridge			2:03.43	24	
1) Beauregard, Morgan SR	2) Jaynes, Allyson FR	3) Poythress, Kendall JR	4) Company, Hannah SO		
30.28	1:04.74 (34.46)	1:36.75 (32.01)	2:03.43 (26.68)		
8 Union Pines			2:05.17	22	
1) Schmitz, Madison JR	2) Nelms, Hayley FR	3) Saunders, Emma SO	4) Davenport, Parker FR		
31.00	1:07.66 (36.66)	1:36.84 (29.18)	2:05.17 (28.33)		
9 Central Davidson			2:06.60	18	
1) McCarn, Logan SR	2) Beck, Kacie SR	3) Allred, Hatley FR	4) Mize, Mallory JR		
31.73	1:07.67 (35.94)	1:37.71 (30.04)	2:06.60 (28.89)		
10 Williams			2:07.06	14	
1) Gagnon, Walker JR	2) Metts, Caroline SR	3) Meacham, Faith SR	4) Williams, Hannah SR		
30.86	1:06.58 (35.72)	1:38.88 (32.30)	2:07.06 (28.18)		
11 Robinson, J. M.			2:07.40	12	
1) Peace, Madison SR	2) Brown, Chloe SO	3) Mundt, Laura SR	4) Stevenson, Rebecca JR		
33.12	1:10.13 (37.01)	1:45.95 (35.82)	2:07.40 (21.45)		
12 Ledford			2:10.72	10	
1) Maneen, Virginia SO	2) Burns, Erin FR	3) Salas, Stephanie JR	4) Rice, Delanie SR		
33.04	1:10.65 (37.61)	1:42.95 (32.30)	2:10.72 (27.77)		
13 South Rowan			2:13.07	8	
1) Golladay, Seanna SO	2) Jones, Madilyn	3) Harvey, Holiday	4) Hughes, Lexie FR		
42.36	1:12.40 (30.04)	1:43.94 (31.54)	2:13.07 (29.13)		
14 Sanford, Terry			2:15.24	6	
1) Bresko, Annie JR	2) Hodge, Sophie SR	3) Yarborough, Hannah JR	4) Black, Rebecca JR		
33.30	1:13.63 (40.33)	1:46.56 (32.93)	2:15.24 (28.68)		
15 East Rowan			2:16.44	4	
1) Culp, Brenna FR	2) Vanhooose, Kaitlyn SR	3) Vanhooose, Shalea	4) Faller, Faith		
34.25	1:12.92 (38.67)	1:46.93 (34.01)	2:16.44 (29.51)		
16 Morehead			2:17.70	2	
1) Chrapliwy, Abby SO	2) Walker, Kailey SO	3) Flanagan, Mallory SR	4) Blankenship, Megan SO		
42.87		1:49.14 ()	2:17.70 (28.56)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****(Event 1 Women 200 Yard Medley Relay)**

Team	Relay			Finals Time	Points
17 Rockingham County				2:18.82	
1) Rizza, Hailey JR	2) Beeninga, Tayte SO	3) Gagnon, Alexandra JR	4) Whitesell, Nadia JR		
36.39	1:18.35 (41.96)	1:49.67 (31.32)	2:18.82 (29.15)		
18 Eastern Alamance				2:24.32	
1) Cary, Jenna SO	2) Thiele, Hannah SR	3) Widderich, Allison SO	4) Fenton, Emily JR		
36.35	1:17.33 (40.98)	1:53.28 (35.95)	2:24.32 (31.04)		
19 Lee County				2:25.14	
1) Diaz, Logan	2) Mills, Farren	3) Claffey, McKenna SR	4) Kellerman, Gracie		
37.80	1:21.41 (43.61)	1:52.34 (30.93)	2:25.14 (32.80)		
20 Gray's Creek				2:33.17	
1) Davis, Taylor	2) Rizzotto, Daniella	3) Ormsby, Sara	4) Barefoot, Madison		
	1:22.75 ()	2:00.59 (37.84)	2:33.17 (32.58)		
21 Asheboro				2:36.10	
1) Herrin, Tatum	2) Richau, Sadie	3) Pincus, Angie SO	4) Sanchaz, Cynthia		
40.84	1:26.03 (45.19)	2:36.10 (1:10.07)			
22 Eastern Guilford				2:38.62	
1) Robertson, Hannah	2) Hefner, Sarah	3) White, Emily SR	4) Lowdermilk, Eris		
51.23	1:24.64 (33.41)	2:02.20 (37.56)	2:38.62 (36.42)		
--- Northwest Cabarrus				DQ	
1) Abbate, Mandy FR	2) Hanson, Brianna FR	3) Moreira, Gabriella FR	4) Driessen, Kaylee FR		
33.10	1:12.55 (39.45)	1:48.31 (35.76)	DQ (29.91)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 2 Men 200 Yard Medley Relay****1:33.83 AA-A****1:35.43 AA-C All-America**

Team	Relay			Finals Time	Points
1 Northern Guilford				1:36.58	40
1) Forst, Preston FR	2) Lalumondier, Jeremy JR	3) Hill, Bryan JR	4) Wachendorfer, Jonathan JR		
24.36	51.42 (27.06)	1:14.52 (23.10)	1:36.58 (22.06)		
2 Northwest Cabarrus				1:42.54	34
1) Weston, Haydn FR	2) Enriquez, Edward SO	3) Hamilton, Luke SR	4) Weston, Jacob SR		
25.78	53.00 (27.22)	1:19.52 (26.52)	1:42.54 (23.02)		
3 Robinson, J. M.				1:44.64	32
1) Connelly, Scott JR	2) Evans, Kyle SR	3) Williams, Tyler JR	4) Moran, Kyle SR		
27.56	56.13 (28.57)	1:20.70 (24.57)	1:44.64 (23.94)		
4 Cox Mill				1:45.09	30
1) Skinner, Malcolm JR	2) Darrenkamp, Will FR	3) Jensen, Louis SR	4) Horn, Michael JR		
26.51	55.97 (29.46)	1:20.08 (24.11)	1:45.09 (25.01)		
5 Central Davidson				1:47.76	28
1) Cuff, Zeppelin SR	2) Tysinger, Payton SR	3) Collier, Austin JR	4) Parks, Jonah SR		
29.35	57.29 (27.94)	1:24.79 (27.50)	1:47.76 (22.97)		
6 Ledford				1:48.60	26
1) Snow, Ryan SR	2) Pegram, Tanner JR	3) Setzer, Alexander SO	4) Rice, Logan JR		
28.30	59.61 (31.31)	1:24.53 (24.92)	1:48.60 (24.07)		
7 Union Pines				1:53.55	24
1) McLeary, Shane SR	2) Hinds, Mathew	3) Tranel, Keaton SO	4) Majuri, Luke SO		
27.13	1:01.89 (34.76)	1:28.15 (26.26)	1:53.55 (25.40)		
8 Rockingham County				1:55.39	22
1) Pruitt, Collin JR	2) Skrobola, Ben SR	3) Parrish, Daniel SR	4) Holland, Jonathan JR		
30.53	1:02.29 (31.76)	1:29.52 (27.23)	1:55.39 (25.87)		
9 Western Alamance				1:55.73	18
1) Pais, Mervyn SO	2) Maness, Alexander SR	3) Henderson, Noah SO	4) Frodyma, Jacob JR		
32.05	1:07.92 (35.87)	1:30.29 (22.37)	1:55.73 (25.44)		
10 Concord				1:56.27	14
1) Schulze, Luke SO	2) Leder, Matthew SO	3) Barrier, James SR	4) Haberman, Sam JR		
30.37	1:03.29 (32.92)	1:31.30 (28.01)	1:56.27 (24.97)		
11 Hickory Ridge				1:57.61	12
1) McLaughlin, Kevin JR	2) Shue, Trevor SR	3) Kolsch, Nick JR	4) Holland, Kellyn FR		
30.37	1:02.69 (32.32)	1:32.03 (29.34)	1:57.61 (25.58)		
12 Western Guilford				2:00.35	10
1) Kennedy, Matt SR	2) Lynch-Wade, Shemssa JR	3) Dahlinghaus, Will SO	4) Short, Daniel SR		
32.18	1:04.94 (32.76)	1:34.42 (29.48)	2:00.35 (25.93)		
13 Gray's Creek				2:00.77	8
1) Hernandez-Serrano, Jose SR	2) Hoyt, Baker	3) Lu, Zizhou SO	4) Lindee, Adam SO		
39.81	1:09.05 (29.24)	1:34.13 (25.08)	2:00.77 (26.64)		
14 Southern Lee				2:02.84	6
1) Maness, Ben SR	2) Bowers, Jacob SO	3) Herrera, Steven SR	4) Oldham, Jared		
33.28	1:05.06 (31.78)	2:02.84 (57.78)			
15 Central Cabarrus				2:03.31	4
1) Smith, James SR	2) Sabin, Hunter FR	3) Perrault, Micah SO	4) Buck, Cameron JR		
33.78	1:08.01 (34.23)	1:38.55 (30.54)	2:03.31 (24.76)		
16 Morehead				2:04.16	2
1) Dunn, Cody JR	2) Twilla, Ryder SR	3) Barham, Holden JR	4) Dalton, Logan SO		
34.79	1:06.24 (31.45)	2:04.16 (57.92)			

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

(Event 2 Men 200 Yard Medley Relay)

Team	Relay			Finals Time	Points
17 Lee County				2:04.53	
1) Cox, Dylan SR	2) Garris, Cole	3) Will, Cooper JR	4) Singleton, Zach		
	1:06.59 ()	1:36.04 (29.45)	2:04.53 (28.49)		
18 Eastern Guilford				2:04.81	
1) Ferris, Matthew SR	2) Kennedy, Seth JR	3) Kennedy, Caleb SR	4) Martin, Jermaine SR		
36.90	1:10.98 (34.08)	1:39.02 (28.04)	2:04.81 (25.79)		
19 Sanford, Terry				2:05.02	
1) Li, David SO	2) Gordon, Nikhil SR	3) Allen, Ferris JR	4) Tristan, Smith FR		
32.38	1:06.98 (34.60)	1:38.46 (31.48)	2:05.02 (26.56)		
20 Eastern Alamance				2:07.75	
1) Banko, Joseph SO	2) Kreider, Alex SO	3) Fahey, James SR	4) Loy, Quinton		
32.10	1:04.13 (32.03)	1:35.20 (31.07)	2:07.75 (32.55)		
21 Northeast Guilford				2:08.70	
1) Johnson, Conner SO	2) Fields, Logan SR	3) Collie, Preston SR	4) Welborn, Bryson		
34.99	1:11.70 (36.71)	1:40.23 (28.53)	2:08.70 (28.47)		
22 McMichael				2:08.98	
1) Brim, Tanner	2) Isley, Nathan	3) Miller, Kevin SR	4) Beasley, Izik		
36.56	1:12.53 (35.97)	1:42.22 (29.69)	2:08.98 (26.76)		
--- Asheboro				DQ	
1) Jones, Justin SR	2) Perez, Leonardo	3) Hydzik, Jonah	4) Weaklend, Jacob SR		
31.54	1:12.31 (40.77)	1:45.41 (33.10)	DQ (24.75)		
--- South Rowan				DQ	
1) Bumgarner, Blaise SO	2) Hurd, Cameron SO	3) Fulton, John	4) Severt, Noah SO		
30.62	1:02.15 (31.53)	1:30.51 (28.36)	DQ (25.97)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

Event 3 Women 200 Yard Freestyle

1:48.95 AA-A

1:50.75 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Losey, Erica	SO	Central Cabarrus	1:57.31	20
27.22	56.60 (29.38)	1:26.83 (30.23)	1:57.31 (30.48)	
2 Glebus, Rebecca	JR	Northern Guilford	1:59.11	17
27.15	56.79 (29.64)	1:27.44 (30.65)	1:59.11 (31.67)	
3 Volz, Julia	JR	Hickory Ridge	2:02.93	16
28.35	59.37 (31.02)	1:31.30 (31.93)	2:02.93 (31.63)	
4 Price, Alivia	FR	Cox Mill	2:04.09	15
28.21	59.50 (31.29)	1:31.89 (32.39)	2:04.09 (32.20)	
5 Bryant, Sophie	SR	Hickory Ridge	2:04.61	14
28.23	59.57 (31.34)	1:32.53 (32.96)	2:04.61 (32.08)	
6 Vancil, Anna	SO	Northern Guilford	2:06.35	13
28.99	1:00.99 (32.00)	1:33.78 (32.79)	2:06.35 (32.57)	
7 Burge, Laurin	FR	Western Alamance	2:08.55	12
29.65	1:01.99 (32.34)	1:36.18 (34.19)	2:08.55 (32.37)	
8 Ozbelli, Talya	SR	Cox Mill	2:08.87	11
29.77	1:03.14 (33.37)	1:36.73 (33.59)	2:08.87 (32.14)	
9 Holt, Abby	FR	Cox Mill	2:10.19	9
29.30	1:01.79 (32.49)	1:35.92 (34.13)	2:10.19 (34.27)	
10 Stevens, Abigail	FR	Western Guilford	2:10.56	7
29.65	1:02.48 (32.83)	1:36.61 (34.13)	2:10.56 (33.95)	
11 Eggers, Caroline	FR	Central Cabarrus	2:11.20	6
28.74	1:01.90 (33.16)	1:36.79 (34.89)	2:11.20 (34.41)	
12 Long, Kacey	SR	Western Alamance	2:11.92	5
28.97	1:01.38 (32.41)	1:36.21 (34.83)	2:11.92 (35.71)	
13 Jaynes, Allyson	FR	Hickory Ridge	2:12.63	4
30.14	1:03.06 (32.92)	1:37.93 (34.87)	2:12.63 (34.70)	
14 Brinkley, Erin	JR	Cox Mill	2:14.81	3
30.55	1:04.60 (34.05)	1:40.27 (35.67)	2:14.81 (34.54)	
15 Everheart, Madelyn	FR	Union Pines	2:20.09	2
30.69	1:06.29 (35.60)	1:43.96 (37.67)	2:20.09 (36.13)	
16 Hey, Laurel	JR	Ledford	2:21.00	1
31.68	1:07.11 (35.43)	2:21.00 (1:13.89)		
17 Smith, Coral	SO	Ledford	2:21.65	
32.35	1:07.81 (35.46)	1:44.85 (37.04)	2:21.65 (36.80)	
18 Moreira, Gabriella	FR	Northwest Cabarrus	2:23.58	
31.80	1:07.43 (35.63)	1:44.98 (37.55)	2:23.58 (38.60)	
19 Yoos, Lauren	FR	Concord	2:23.78	
31.37	1:06.90 (35.53)	1:45.62 (38.72)	2:23.78 (38.16)	
20 Anonick, Rachel	SO	Concord	2:24.29	
32.08	1:08.77 (36.69)	1:46.42 (37.65)	2:24.29 (37.87)	
21 Mangan, Rebecca	SR	Robinson, J. M.	2:24.58	
33.07	1:09.33 (36.26)	1:47.74 (38.41)	2:24.58 (36.84)	
22 Sorjonen, Taika	FR	Northern Guilford	2:28.39	
33.30	1:10.59 (37.29)	1:50.01 (39.42)	2:28.39 (38.38)	
23 White, Emily	SR	Eastern Guilford	2:29.59	
34.13	1:11.77 (37.64)	1:51.01 (39.24)	2:29.59 (38.58)	
24 Black, Rebecca	JR	Sanford, Terry	2:36.29	
34.15	1:12.19 (38.04)	1:52.91 (40.72)	2:36.29 (43.38)	

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 4 Men 200 Yard Freestyle****1:38.91 AA-A****1:40.53 AA-C All-America**

Name	Yr	School	Finals Time	Points
1 Forst, Preston	FR	Northern Guilford	1:42.14	20
23.78	49.72 (25.94)	1:16.30 (26.58)	1:42.14 (25.84)	
2 Epler, Robbie	JR	Concord	1:43.75	17
24.28	50.34 (26.06)	1:16.99 (26.65)	1:43.75 (26.76)	
3 White, Jason	SR	Central Cabarrus	1:47.90	16
25.01	52.22 (27.21)	1:20.14 (27.92)	1:47.90 (27.76)	
4 Williams, Tyler	JR	Robinson, J. M.	1:49.96	15
25.88	53.78 (27.90)	1:22.31 (28.53)	1:49.96 (27.65)	
5 Connelly, Scott	JR	Robinson, J. M.	1:50.70	14
26.02	54.19 (28.17)	1:22.71 (28.52)	1:50.70 (27.99)	
6 Setzer, Alexander	SO	Ledford	1:51.13	13
25.66	53.84 (28.18)	1:22.38 (28.54)	1:51.13 (28.75)	
7 Arbury, Kieran	SR	Hickory Ridge	1:51.43	12
26.31	54.41 (28.10)	1:22.96 (28.55)	1:51.43 (28.47)	
8 Weston, Haydn	FR	Northwest Cabarrus	1:53.47	11
27.09	56.37 (29.28)	1:25.24 (28.87)	1:53.47 (28.23)	
9 Gribble, Henry	FR	Northwest Cabarrus	1:56.38	9
26.80	56.42 (29.62)	1:27.21 (30.79)	1:56.38 (29.17)	
10 Holt, Max	JR	Cox Mill	1:59.60	7
27.71	58.15 (30.44)	1:29.39 (31.24)	1:59.60 (30.21)	
11 Rice, Logan	JR	Ledford	2:00.37	6
26.78	56.86 (30.08)	1:28.48 (31.62)	2:00.37 (31.89)	
12 Arbury, Keaton	JR	Hickory Ridge	2:03.21	5
28.02	58.53 (30.51)	1:30.65 (32.12)	2:03.21 (32.56)	
13 Horn, Michael	JR	Cox Mill	2:03.99	4
28.63	1:00.01 (31.38)	1:32.55 (32.54)	2:03.99 (31.44)	
14 Dumoulin, Ethan	JR	Ledford	2:04.22	3
28.46	1:00.11 (31.65)	1:32.22 (32.11)	2:04.22 (32.00)	
15 Hamilton, Luke	SR	Northwest Cabarrus	2:04.31	2
27.19	58.61 (31.42)	1:31.03 (32.42)	2:04.31 (33.28)	
16 Power, Matt	JR	Concord	2:04.76	1
27.64	58.98 (31.34)	1:32.16 (33.18)	2:04.76 (32.60)	
17 Walser, Aidan	JR	Central Davidson	2:05.00	
27.86	58.40 (30.54)	1:30.94 (32.54)	2:05.00 (34.06)	
18 Geist, Keethan	SO	Cox Mill	2:08.48	
28.65	1:01.23 (32.58)	1:35.30 (34.07)	2:08.48 (33.18)	
19 Kelly, Patrick	FR	Cox Mill	2:08.49	
27.94	59.93 (31.99)	1:33.75 (33.82)	2:08.49 (34.74)	
20 Bumgarner, Blaise	SO	South Rowan	2:08.91	
28.83	1:00.81 (31.98)	1:35.07 (34.26)	2:08.91 (33.84)	
21 Hundley, Grant	SR	McMichael	2:09.52	
27.81	1:00.32 (32.51)	1:35.11 (34.79)	2:09.52 (34.41)	
22 Singh, Yash	SO	Northern Guilford	2:10.01	
28.61	1:01.32 (32.71)	1:35.91 (34.59)	2:10.01 (34.10)	
23 Schulze, Luke	SO	Concord	2:10.50	
28.95	1:01.83 (32.88)	1:35.96 (34.13)	2:10.50 (34.54)	
24 Haberman, Sam	JR	Concord	2:15.46	
30.66	1:05.58 (34.92)	1:41.12 (35.54)	2:15.46 (34.34)	

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

Event 5 Women 200 Yard IM

2:02.21 AA-A

2:04.42 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Gaskey, Isabella	FR	Central Cabarrus	2:11.46	20
28.01	1:01.75 (33.74)	1:39.91 (38.16)	2:11.46 (31.55)	
2 Gilliland, Virginia	JR	Western Guilford	2:14.48	17
29.28	1:03.54 (34.26)	1:42.15 (38.61)	2:14.48 (32.33)	
3 Schoppa, Abby	FR	Northern Guilford	2:14.65	16
30.37	1:03.52 (33.15)	1:42.38 (38.86)	2:14.65 (32.27)	
4 Minnick, Bailey	SR	Cox Mill	2:15.85	15
29.81	1:03.47 (33.66)	1:43.31 (39.84)	2:15.85 (32.54)	
5 Burge, Alison	JR	Western Alamance	2:18.64	14
28.91	1:05.97 (37.06)	1:46.75 (40.78)	2:18.64 (31.89)	
6 Graham, Rachel	JR	Northern Guilford	2:18.76	13
29.96	1:04.74 (34.78)	1:46.77 (42.03)	2:18.76 (31.99)	
7 Holland, McKenna	JR	Hickory Ridge	2:20.32	12
29.56	1:03.86 (34.30)	1:45.97 (42.11)	2:20.32 (34.35)	
8 Federico, Alexa	SO	Central Cabarrus	2:21.73	11
29.87	1:02.59 (32.72)	1:48.43 (45.84)	2:21.73 (33.30)	
9 Lotfy, Christina	FR	Concord	2:22.44	9
30.14	1:05.73 (35.59)	1:48.13 (42.40)	2:22.44 (34.31)	
10 Koh, Hannah	FR	Northern Guilford	2:26.14	7
32.25	1:12.69 (40.44)	1:51.39 (38.70)	2:26.14 (34.75)	
11 Shorter, Olivia	SO	Carson, Jesse	2:31.18	6
31.38	1:08.46 (37.08)	1:55.20 (46.74)	2:31.18 (35.98)	
12 Greer, Cayla	FR	Cox Mill	2:32.85	5
33.97	1:11.44 (37.47)	1:57.22 (45.78)	2:32.85 (35.63)	
13 Foster, Mackenzie	FR	Cox Mill	2:33.62	4
33.36	1:11.06 (37.70)	1:56.60 (45.54)	2:33.62 (37.02)	
14 Small, Holly	SO	Ledford	2:35.73	3
33.15	1:12.25 (39.10)	1:59.29 (47.04)	2:35.73 (36.44)	
15 Grajzar, Madison	FR	Western Alamance	2:36.48	2
31.88	1:12.23 (40.35)	2:02.24 (50.01)	2:36.48 (34.24)	
16 Steelman, Jilien	SR	Western Guilford	2:41.53	1
33.79	1:13.62 (39.83)	2:02.96 (49.34)	2:41.53 (38.57)	
17 Stevenson, Rebecca	JR	Robinson, J. M.	2:43.69	
32.90	1:14.76 (41.86)	2:05.66 (50.90)	2:43.69 (38.03)	
18 McFadden, Kaleigh	FR	Union Pines	2:43.86	
33.87	1:14.89 (41.02)	2:07.19 (52.30)	2:43.86 (36.67)	
19 Culp, Brenna	FR	East Rowan	2:47.48	
37.76	1:17.77 (40.01)	2:10.71 (52.94)	2:47.48 (36.77)	
20 Whitesell, Nadia	JR	Rockingham County	2:47.67	
36.11	1:18.21 (42.10)	2:47.67 (1:29.46)		
21 Gagnon, Alexandra	JR	Rockingham County	2:48.84	
36.44	1:19.38 (42.94)	2:10.32 (50.94)	2:48.84 (38.52)	
22 McLeary, Sammie	SR	Union Pines	2:52.56	
36.94	1:21.38 (44.44)	2:12.52 (51.14)	2:52.56 (40.04)	
--- Kluepfel, Valerie	FR	Northern Guilford	DQ	
30.81	1:07.29 (36.48)	1:51.12 (43.83)	DQ (37.89)	
--- Nelms, Hayley	FR	Union Pines	DQ	
35.26	1:16.22 (40.96)	2:02.46 (46.24)	DQ (38.09)	

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 6 Men 200 Yard IM****1:50.01 AA-A****1:52.28 AA-C All-America**

Name	Yr	School	Finals Time	Points
1 Evans, Kyle	SR	Robinson, J. M.	1:57.36	20
25.67	55.91 (30.24)	1:30.30 (34.39)	1:57.36 (27.06)	
2 Enriquez, Edward	SO	Northwest Cabarrus	1:57.69	17
26.83	57.55 (30.72)	1:29.62 (32.07)	1:57.69 (28.07)	
3 Lalumondier, Jeremy	JR	Northern Guilford	2:05.44	16
26.35	59.71 (33.36)	1:34.10 (34.39)	2:05.44 (31.34)	
4 Lucky, Andrew	FR	Concord	2:09.89	15
29.30	1:00.64 (31.34)	1:39.13 (38.49)	2:09.89 (30.76)	
5 Darrenkamp, Will	FR	Cox Mill	2:13.18	14
29.51	1:03.47 (33.96)	1:41.16 (37.69)	2:13.18 (32.02)	
6 Snow, Ryan	SR	Ledford	2:18.52	13
29.48	1:04.75 (35.27)	1:44.87 (40.12)	2:18.52 (33.65)	
7 Kocher, Michael	SR	Cox Mill	2:19.00	12
27.80	1:01.64 (33.84)	1:45.04 (43.40)	2:19.00 (33.96)	
8 Li, David	SO	Sanford, Terry	2:19.46	11
28.90	1:05.85 (36.95)	1:47.15 (41.30)	2:19.46 (32.31)	
9 Herrera, Steven	SR	Southern Lee	2:20.13	9
28.43	1:04.85 (36.42)	1:48.62 (43.77)	2:20.13 (31.51)	
10 Parkes, Noah	SO	Cox Mill	2:21.82	7
32.64	1:07.71 (35.07)	1:46.75 (39.04)	2:21.82 (35.07)	
11 Anderson, Keaton	JR	Hickory Ridge	2:22.48	6
28.83	1:06.16 (37.33)	1:49.22 (43.06)	2:22.48 (33.26)	
12 Allen, Josh	JR	Cox Mill	2:23.39	5
29.02	1:05.14 (36.12)	1:47.94 (42.80)	2:23.39 (35.45)	
13 Hamilton, Luke	SR	Northwest Cabarrus	2:24.42	4
29.84	1:06.79 (36.95)	1:48.79 (42.00)	2:24.42 (35.63)	
14 Collier, Austin	JR	Central Davidson	2:25.05	3
28.28	1:06.26 (37.98)	1:50.57 (44.31)	2:25.05 (34.48)	
15 Leder, Matthew	SO	Concord	2:26.47	2
30.40	1:09.00 (38.60)	1:53.00 (44.00)	2:26.47 (33.47)	
16 Luker, Seth	FR	Hickory Ridge	2:26.59	1
33.00	1:10.99 (37.99)	1:53.63 (42.64)	2:26.59 (32.96)	
17 Pegram, Tanner	JR	Ledford	2:27.80	
30.10	1:08.53 (38.43)	1:51.23 (42.70)	2:27.80 (36.57)	
18 Shinn, Robbie	SR	Northwest Cabarrus	2:30.32	
29.99	1:10.67 (40.68)	1:56.47 (45.80)	2:30.32 (33.85)	
19 Fulton, John		South Rowan	2:31.25	
29.79	1:10.97 (41.18)	1:54.96 (43.99)	2:31.25 (36.29)	
20 Barrier, James	SR	Concord	2:31.34	
28.60	1:09.31 (40.71)	1:56.54 (47.23)	2:31.34 (34.80)	
21 Buck, Cameron	JR	Central Cabarrus	2:33.46	
30.95	1:09.45 (38.50)	1:58.50 (49.05)	2:33.46 (34.96)	
22 Fahey, James	SR	Eastern Alamance	2:34.58	
33.48	1:12.98 (39.50)	1:57.26 (44.28)	2:34.58 (37.32)	
23 Euforbia, Felix	SR	Central Davidson	2:45.32	
	1:19.75 ()	2:05.26 (45.51)	2:45.32 (40.06)	
--- Skrobola, Ben	SR	Rockingham County	DFS	

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 7 Women 50 Yard Freestyle**

23.27 AA-A

23.68 AA-C All-America

	Name	Yr	School	Finals Time	Points
1	Davenport, Corinne	FR	Western Alamance	24.69	20
2	Rogers, Cathleen	SR	Cox Mill	24.75	17
3	Daly, Caroline	JR	Northern Guilford	24.99	16
4	Beohler, Anna	JR	Concord	25.06	15
5	Epler, Katherine	JR	Concord	25.32	14
6	Knox, Shae	JR	Concord	25.70	13
7	Rountree, Madelaine	SO	Northern Guilford	26.06	12
8	Sparks, Virginia	SR	Concord	26.62	11
9	Greenhall, Madison	SR	Cox Mill	26.94	9
10	Saunders, Emma	SO	Union Pines	27.17	7
11	McCarn, Logan	SR	Central Davidson	27.18	6
12	Company, Hannah	SO	Hickory Ridge	27.31	5
13	Williams, Amaya	SO	Cox Mill	27.35	4
14	Harvey, Holiday		South Rowan	27.43	3
15	Beck, Kacie	SR	Central Davidson	27.58	2
16	Rule, Anna	SR	Northern Guilford	27.64	1
17	Hoffman, Anna	SR	Western Guilford	27.99	
18	Rice, Delanie	SR	Ledford	28.07	
19	Blankenship, Megan	SO	Morehead	28.47	
20	Wachendorfer, Ella	SO	Northern Guilford	28.57	
21	Brown, Chloe	SO	Robinson, J. M.	28.94	
22	Horman, Tate	SR	Sanford, Terry	29.14	
23	Hughes, Lexie	FR	South Rowan	30.79	

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 8 Men 50 Yard Freestyle****20.69 AA-A****21.00 AA-C All-America**

	Name	Yr	School	Finals Time	Points
1	Henderson, Noah	SO	Western Alamance	21.12	20
2	McLeary, Shane	SR	Union Pines	21.84	17
3	Skinner, Malcolm	JR	Cox Mill	22.41	16
4	Jensen, Louis	SR	Cox Mill	22.50	15
*5	Snider, Ben	SO	Northern Guilford	22.58	13.50
*5	Lu, Zizhou	SO	Gray's Creek	22.58	13.50
7	Weston, Jacob	SR	Northwest Cabarrus	22.80	12
8	Wachendorfer, Jonathan	JR	Northern Guilford	22.82	11
9	Shimberg, Cole	SR	Hickory Ridge	23.09	9
10	Collie, Preston	SR	Northeast Guilford	23.36	7
11	Parks, Jonah	SR	Central Davidson	23.75	6
12	Almaraz, Alex	SR	Cox Mill	23.91	5
13	Blackard, Brody	SO	McMichael	24.01	4
14	Kunesh, Isaac	SO	Central Cabarrus	24.05	3
15	Kennedy, Caleb	SR	Eastern Guilford	24.08	2
16	Moran, Kyle	SR	Robinson, J. M.	24.72	1
17	Power, Matt	JR	Concord	24.77	
18	Edwards, James	FR	Williams	24.93	
19	Layton, Jonathan	JR	Northern Guilford	25.14	
20	Tesh, Aaron	SR	Robinson, J. M.	25.31	
21	Kreider, Alex	SO	Eastern Alamance	25.32	
22	Holland, Jonathan	JR	Rockingham County	25.51	
23	Fields, Logan	SR	Northeast Guilford	25.64	
24	Huffman, Matthew	SR	Sanford, Terry	25.75	

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

Event 9 Women 1 mtr Diving

	Name	Yr	School	Finals Score	Points
1	Walden, Cheyenne	SR	Western Guilford	174.05	20

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 10 Men 1 mtr Diving**

	Name	Yr	School	Finals Score	Points
1	O'Brien, Patrick	SO	Cox Mill	391.45	20
2	Williams, Gareth	SO	Northern Guilford	362.95	17

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 11 Women 100 Yard Butterfly****54.65 AA-A****55.90 AA-C All-America**

Name	Yr	School	Finals Time	Points
1 Rogers, Cathleen	SR	Cox Mill	58.67	20
27.98		58.67 (30.69)		
2 Davenport, Corinne	FR	Western Alamance	1:00.15	17
27.63		1:00.15 (32.52)		
3 Holland, Madison	SR	Cox Mill	1:00.51	16
28.36		1:00.51 (32.15)		
4 Burge, Alison	JR	Western Alamance	1:01.50	15
28.66		1:01.50 (32.84)		
5 Adcock, Elena	SR	Concord	1:01.54	14
29.02		1:01.54 (32.52)		
6 Grajzar, Madison	FR	Western Alamance	1:06.57	13
31.11		1:06.57 (35.46)		
7 Shorter, Olivia	SO	Carson, Jesse	1:07.60	12
31.33		1:07.60 (36.27)		
8 Beauregard, Morgan	SR	Hickory Ridge	1:08.03	11
30.97		1:08.03 (37.06)		
9 Saunders, Emma	SO	Union Pines	1:08.32	9
31.46		1:08.32 (36.86)		
10 Allred, Hatley	FR	Central Davidson	1:10.28	7
30.83		1:10.28 (39.45)		
11 Spry, Jordan	FR	Cox Mill	1:12.90	6
33.16		1:12.90 (39.74)		
12 McFadden, Kaleigh	FR	Union Pines	1:13.33	5
33.94		1:13.33 (39.39)		
13 Salas, Stephanie	JR	Ledford	1:13.81	4
33.66		1:13.81 (40.15)		
14 Small, Holly	SO	Ledford	1:14.15	3
34.02		1:14.15 (40.13)		
15 Oldt, Lindsay	JR	Northern Guilford	1:14.36	2
33.17		1:14.36 (41.19)		
16 Stevenson, Rebecca	JR	Robinson, J. M.	1:15.54	1
33.53		1:15.54 (42.01)		
17 Elliot, Jenna	JR	Southern Lee	1:15.71	
35.94		1:15.71 (39.77)		
18 Rookstool, Adeline	FR	Central Cabarrus	1:19.76	
37.30		1:19.76 (42.46)		
19 McLeary, Sammie	SR	Union Pines	1:19.92	
36.96		1:19.92 (42.96)		
20 Poythress, Kendall	JR	Hickory Ridge	1:20.14	
35.62		1:20.14 (44.52)		
21 Yoos, Lauren	FR	Concord	1:20.69	
36.37		1:20.69 (44.32)		
22 Cornelius, Anna	FR	Hickory Ridge	1:21.61	
35.23		1:21.61 (46.38)		
--- Knox, Shae	JR	Concord	DQ	
28.87		DQ (33.37)		
--- Glebus, Rebecca	JR	Northern Guilford	DFS	

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 12 Men 100 Yard Butterfly**

49.23 AA-A

50.16 AA-C All-America

	Name	Yr	School	Finals Time	Points
1	Henderson, Noah	SO	Western Alamance	50.71	20
	23.02		50.71 (27.69)		
2	Evans, Kyle	SR	Robinson, J. M.	53.07	17
	24.77		53.07 (28.30)		
3	Williams, Tyler	JR	Robinson, J. M.	53.90	16
	25.49		53.90 (28.41)		
4	Jensen, Louis	SR	Cox Mill	54.23	15
	25.26		54.23 (28.97)		
5	Setzer, Alexander	SO	Ledford	54.55	14
	25.50		54.55 (29.05)		
6	Hill, Bryan	JR	Northern Guilford	54.59	13
	25.24		54.59 (29.35)		
7	Snider, Ben	SO	Northern Guilford	55.17	12
	25.96		55.17 (29.21)		
8	Blackard, Brody	SO	McMichael	58.30	11
	26.86		58.30 (31.44)		
9	Parrish, Daniel	SR	Rockingham County	1:01.99	9
	28.22		1:01.99 (33.77)		
10	Collier, Austin	JR	Central Davidson	1:02.53	7
	28.97		1:02.53 (33.56)		
11	Williams, Chris	SO	Cox Mill	1:02.81	6
	28.25		1:02.81 (34.56)		
12	Li, David	SO	Sanford, Terry	1:02.86	5
	29.66		1:02.86 (33.20)		
13	Allen, Josh	JR	Cox Mill	1:03.79	4
	28.99		1:03.79 (34.80)		
14	Jeffries, Andrew	FR	Lee County	1:04.49	3
	29.95		1:04.49 (34.54)		
15	Barrier, James	SR	Concord	1:04.97	2
	28.70		1:04.97 (36.27)		
16	Majuri, Luke	SO	Union Pines	1:05.76	1
	30.05		1:05.76 (35.71)		
17	Pruitt, Collin	JR	Rockingham County	1:06.30	
	30.11		1:06.30 (36.19)		
18	Reitz, Nick	SR	Sanford, Terry	1:06.60	
	29.65		1:06.60 (36.95)		
19	Tranel, Keaton	SO	Union Pines	1:07.52	
	27.46		1:07.52 (40.06)		
20	Kearns, Alex	JR	Central Cabarrus	1:09.09	
	32.34		1:09.09 (36.75)		
21	Perrault, Micah	SO	Central Cabarrus	1:09.20	
	32.19		1:09.20 (37.01)		
22	Rivera, Jair	SO	Robinson, J. M.	1:10.25	
	33.69		1:10.25 (36.56)		
23	Rodriguez, Christian	FR	Ledford	1:12.39	
	30.36		1:12.39 (42.03)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 13 Women 100 Yard Freestyle****50.50 AA-A****51.27 AA-C All-America**

Name	Yr	School	Finals Time	Points
1 Daly, Caroline	JR	Northern Guilford	53.98	20
26.11		53.98 (27.87)		
2 Losey, Erica	SO	Central Cabarrus	54.03	17
25.97		54.03 (28.06)		
3 Epler, Katherine	JR	Concord	56.13	16
26.88		56.13 (29.25)		
4 Bryant, Sophie	SR	Hickory Ridge	56.24	15
26.59		56.24 (29.65)		
5 Halbach, Allyson	FR	Concord	57.85	14
27.53		57.85 (30.32)		
6 Barbour, Hannah	JR	Central Cabarrus	58.35	13
28.28		58.35 (30.07)		
7 Burge, Laurin	FR	Western Alamance	58.46	12
28.10		58.46 (30.36)		
8 Jaynes, Allyson	FR	Hickory Ridge	59.53	11
28.32		59.53 (31.21)		
9 Thompson, Mary Katherine	FR	Western Guilford	1:00.02	9
28.67		1:00.02 (31.35)		
10 Sever, Taylor	SO	Carson, Jesse	1:00.10	7
28.29		1:00.10 (31.81)		
11 McClamrock, GG	JR	Cox Mill	1:00.19	6
29.42		1:00.19 (30.77)		
12 Schmitz, Madison	JR	Union Pines	1:00.41	5
28.61		1:00.41 (31.80)		
13 Company, Hannah	SO	Hickory Ridge	1:00.57	4
29.39		1:00.57 (31.18)		
14 Sparks, Virginia	SR	Concord	1:00.67	3
28.57		1:00.67 (32.10)		
15 McCarn, Logan	SR	Central Davidson	1:00.89	2
28.57		1:00.89 (32.32)		
16 Ozbelli, Talya	SR	Cox Mill	1:01.32	1
29.05		1:01.32 (32.27)		
17 Guthrie, Mia	FR	Concord	1:01.56	
28.80		1:01.56 (32.76)		
18 Chrapliwy, Abby	SO	Morehead	1:02.75	
29.50		1:02.75 (33.25)		
19 Rice, Delanie	SR	Ledford	1:03.63	
29.96		1:03.63 (33.67)		
20 Long, Kayleigh	SR	Western Alamance	1:04.22	
30.37		1:04.22 (33.85)		
21 Beck, Kacie	SR	Central Davidson	1:04.88	
31.17		1:04.88 (33.71)		
22 Hoffman, Anna	SR	Western Guilford	1:05.63	
30.75		1:05.63 (34.88)		
23 Whitesell, Nadia	JR	Rockingham County	1:05.98	
31.49		1:05.98 (34.49)		
24 Horman, Tate	SR	Sanford, Terry	1:06.76	
32.03		1:06.76 (34.73)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 14 Men 100 Yard Freestyle**

45.14 AA-A

45.86 AA-C All-America

	Name	Yr	School	Finals Time	Points
1	Forst, Preston	FR	Northern Guilford	47.00	20
	22.71		47.00 (24.29)		
2	Epler, Robbie	JR	Concord	47.20	17
	22.81		47.20 (24.39)		
3	Wachendorfer, Jonathan	JR	Northern Guilford	49.67	16
	23.50		49.67 (26.17)		
4	Lu, Zizhou	SO	Gray's Creek	49.80	15
	24.01		49.80 (25.79)		
5	Ritchie, George	JR	Concord	50.17	14
	24.07		50.17 (26.10)		
6	Arbury, Kieran	SR	Hickory Ridge	50.27	13
	24.14		50.27 (26.13)		
7	McLeary, Shane	SR	Union Pines	50.41	12
	24.77		50.41 (25.64)		
8	Shimberg, Cole	SR	Hickory Ridge	50.83	11
	24.70		50.83 (26.13)		
9	Connelly, Scott	JR	Robinson, J. M.	51.11	9
	24.79		51.11 (26.32)		
10	Skinner, Malcolm	JR	Cox Mill	51.12	7
	24.18		51.12 (26.94)		
11	Parks, Jonah	SR	Central Davidson	52.58	6
	24.62		52.58 (27.96)		
12	Collie, Preston	SR	Northeast Guilford	53.19	5
	24.83		53.19 (28.36)		
13	Kunesh, Isaac	SO	Central Cabarrus	53.26	4
	25.67		53.26 (27.59)		
14	Seth, Salas	JR	Lee County	53.41	3
	25.47		53.41 (27.94)		
15	Holt, Max	JR	Cox Mill	53.97	2
	26.66		53.97 (27.31)		
16	Almaraz, Alex	SR	Cox Mill	54.30	1
	24.85		54.30 (29.45)		
17	Karver, Noah	SR	Northern Guilford	54.71	
	25.23		54.71 (29.48)		
18	Arbury, Keaton	JR	Hickory Ridge	55.30	
	26.66		55.30 (28.64)		
19	Vogelsang, Carter	JR	Lee County	55.97	
	26.41		55.97 (29.56)		
20	Holland, Jonathan	JR	Rockingham County	56.14	
	26.47		56.14 (29.67)		
21	Edwards, James	FR	Williams	56.92	
	26.75		56.92 (30.17)		
22	Cuff, Zeppelin	SR	Central Davidson	59.38	
	28.45		59.38 (30.93)		
23	Kennedy, Matt	SR	Western Guilford	59.69	
	27.57		59.69 (32.12)		
24	Fields, Logan	SR	Northeast Guilford	1:00.43	
	27.29		1:00.43 (33.14)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

Event 15 Women 500 Yard Freestyle

4:52.43 AA-A

4:57.48 AA-C All-America

Name	Yr	School	Finals Time			Points
1 Volz, Julia	JR	Hickory Ridge	5:31.41			20
			30.03	1:02.90 (32.87)	1:36.71 (33.81)	2:10.80 (34.09)
			2:44.61 (33.81)	3:18.40 (33.79)	3:52.02 (33.62)	4:26.00 (33.98)
			4:59.40 (33.40)	5:31.41 (32.01)		
2 Meacham, Faith	SR	Williams	5:50.71			17
			31.16	1:05.75 (34.59)	1:41.01 (35.26)	2:16.40 (35.39)
			2:52.21 (35.81)	3:27.91 (35.70)	4:04.37 (36.46)	4:40.27 (35.90)
			5:15.37 (35.10)	5:50.71 (35.34)		
3 Brinkley, Erin	JR	Cox Mill	5:50.81			16
			31.00	1:04.93 (33.93)	1:39.74 (34.81)	2:15.29 (35.55)
			2:51.08 (35.79)	3:27.06 (35.98)	4:03.67 (36.61)	4:39.94 (36.27)
			5:16.50 (36.56)	5:50.81 (34.31)		
4 Stevens, Abigail	FR	Western Guilford	5:51.29			15
			30.52	1:04.23 (33.71)	1:39.09 (34.86)	2:14.39 (35.30)
			2:50.18 (35.79)	3:26.57 (36.39)	4:03.11 (36.54)	4:39.85 (36.74)
			5:16.28 (36.43)	5:51.29 (35.01)		
5 Holt, Abby	FR	Cox Mill	6:00.30			14
			32.29	1:08.70 (36.41)	1:45.52 (36.82)	2:22.68 (37.16)
			2:59.64 (36.96)	3:37.05 (37.41)	4:14.20 (37.15)	4:51.44 (37.24)
			5:27.02 (35.58)	6:00.30 (33.28)		
6 Greer, Cayla	FR	Cox Mill	6:05.91			13
			33.06	1:08.82 (35.76)	1:44.63 (35.81)	2:21.20 (36.57)
			2:58.61 (37.41)	3:36.15 (37.54)	4:13.39 (37.24)	4:51.01 (37.62)
			5:28.94 (37.93)	6:05.91 (36.97)		
7 Davenport, Parker	FR	Union Pines	6:08.28			12
			32.28	1:09.00 (36.72)	1:45.94 (36.94)	2:23.93 (37.99)
			3:02.08 (38.15)	3:40.34 (38.26)	4:18.26 (37.92)	4:56.17 (37.91)
			5:33.40 (37.23)	6:08.28 (34.88)		
8 Wachendorfer, Ella	SO	Northern Guilford	6:08.37			11
			31.63	1:05.85 (34.22)	1:41.76 (35.91)	2:18.63 (36.87)
			2:56.30 (37.67)	3:34.39 (38.09)	4:13.07 (38.68)	4:52.07 (39.00)
			5:31.48 (39.41)	6:08.37 (36.89)		
9 Maneen, Virginia	SO	Ledford	6:19.44			9
			32.10	1:08.96 (36.86)	1:47.01 (38.05)	2:25.14 (38.13)
			3:04.79 (39.65)	3:44.64 (39.85)	4:24.28 (39.64)	5:03.76 (39.48)
			5:43.22 (39.46)	6:19.44 (36.22)		
10 Mangan, Rebecca	SR	Robinson, J. M.	6:25.56			7
			32.09	1:08.99 (36.90)	1:47.16 (38.17)	2:25.77 (38.61)
			3:05.61 (39.84)	3:45.45 (39.84)	4:26.18 (40.73)	5:07.53 (41.35)
			5:47.66 (40.13)	6:25.56 (37.90)		
11 Anonick, Rachel	SO	Concord	6:26.70			6
			34.16	1:12.91 (38.75)	1:52.26 (39.35)	2:31.66 (39.40)
			3:11.02 (39.36)	3:50.47 (39.45)	4:30.18 (39.71)	5:09.82 (39.64)
			5:48.82 (39.00)	6:26.70 (37.88)		
12 Sorjonen, Taika	FR	Northern Guilford	6:27.97			5
			34.22	1:12.60 (38.38)	1:52.30 (39.70)	2:32.16 (39.86)
			3:11.48 (39.32)	3:51.32 (39.84)	4:31.32 (40.00)	5:11.20 (39.88)
			5:50.42 (39.22)	6:27.97 (37.55)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

(Event 15 Women 500 Yard Freestyle)

	Name	Yr	School		Finals Time	Points
13	Peace, Madison	SR	Robinson, J. M.		6:28.32	4
	33.32	1:10.30 (36.98)	1:48.73 (38.43)	2:28.54 (39.81)		
	3:08.67 (40.13)	3:49.82 (41.15)	4:31.16 (41.34)	5:12.56 (41.40)		
	5:52.65 (40.09)	6:28.32 (35.67)				
14	Hanson, Brianna	FR	Northwest Cabarrus		6:31.50	3
	33.19	1:11.14 (37.95)	1:51.08 (39.94)	2:30.99 (39.91)		
	3:06.25 (35.26)	3:47.21 (40.96)	4:29.42 (42.21)	5:11.50 (42.08)		
	5:53.80 (42.30)	6:31.50 (37.70)				
15	Barnett, Alicia	SO	Cox Mill		6:31.77	2
	32.72	1:10.74 (38.02)	1:50.93 (40.19)	2:30.89 (39.96)		
	3:11.32 (40.43)	3:51.23 (39.91)	4:31.16 (39.93)	5:11.66 (40.50)		
	5:52.43 (40.77)	6:31.77 (39.34)				
16	Hey, Laurel	JR	Ledford		6:32.70	1
	33.89	1:11.94 (38.05)	1:52.15 (40.21)	2:32.66 (40.51)		
	3:12.62 (39.96)	3:53.35 (40.73)	4:34.20 (40.85)	5:14.34 (40.14)		
	5:54.67 (40.33)	6:32.70 (38.03)				
17	Yarborough, Hannah	JR	Sanford, Terry		6:33.14	
	31.73	1:08.38 (36.65)	1:47.26 (38.88)	2:26.83 (39.57)		
	3:06.98 (40.15)	3:47.38 (40.40)	4:28.68 (41.30)	5:10.63 (41.95)		
	5:52.62 (41.99)	6:33.14 (40.52)				
18	Everheart, Madelyn	FR	Union Pines		6:39.46	
	32.09	1:09.22 (37.13)	1:48.86 (39.64)	2:28.31 (39.45)		
	3:08.61 (40.30)	3:49.29 (40.68)	4:33.88 (44.59)	5:15.82 (41.94)		
	5:57.83 (42.01)	6:39.46 (41.63)				
19	Cary, Caitlin	SR	Eastern Alamance		6:42.36	
	32.87	1:12.03 (39.16)	1:53.25 (41.22)	2:34.50 (41.25)		
	3:16.30 (41.80)	3:57.36 (41.06)	4:39.40 (42.04)	5:21.78 (42.38)		
	6:03.88 (42.10)	6:42.36 (38.48)				
20	Gagnon, Alexandra	JR	Rockingham County		6:44.24	
	33.56	1:11.78 (38.22)	1:51.92 (40.14)	2:33.22 (41.30)		
	3:14.89 (41.67)	3:57.39 (42.50)	4:40.05 (42.66)	5:22.57 (42.52)		
	6:04.31 (41.74)	6:44.24 (39.93)				
21	Zenquis, Selena	SO	McMichael		6:46.99	
	33.59	1:12.63 (39.04)	1:53.64 (41.01)	2:35.57 (41.93)		
	3:17.61 (42.04)	3:59.81 (42.20)	4:41.46 (41.65)	5:24.12 (42.66)		
	6:06.89 (42.77)	6:46.99 (40.10)				
22	Hodge, Sophie	SR	Sanford, Terry		6:51.89	
	33.17	1:10.75 (37.58)	1:51.05 (40.30)	2:31.92 (40.87)		
	3:14.59 (42.67)	3:57.55 (42.96)	4:41.73 (44.18)	5:26.17 (44.44)		
	6:09.74 (43.57)	6:51.89 (42.15)				
23	White, Emily	SR	Eastern Guilford		6:53.41	
	34.87	1:14.88 (40.01)	1:56.69 (41.81)	2:38.71 (42.02)		
	3:20.64 (41.93)	4:03.25 (42.61)	4:46.15 (42.90)	5:29.78 (43.63)		
	6:53.41 (1:23.63)					
24	Burris, Jordan	JR	McMichael		6:55.81	
	35.90	1:16.12 (40.22)	1:58.14 (42.02)	2:40.29 (42.15)		
	3:22.48 (42.19)	4:05.67 (43.19)	4:49.08 (43.41)	5:32.79 (43.71)		
	6:16.46 (43.67)	6:55.81 (39.35)				

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

Event 16 Men 500 Yard Freestyle

4:29.69 AA-A

4:34.26 AA-C All-America

Name	Yr	School	Finals Time	Points
1 White, Jason	SR	Central Cabarrus	4:47.77	20
25.84	54.26 (28.42)	1:23.16 (28.90)	1:51.96 (28.80)	
2:20.99 (29.03)	2:50.11 (29.12)	3:19.41 (29.30)	3:48.86 (29.45)	
4:18.63 (29.77)	4:47.77 (29.14)			
2 Gribble, Henry	FR	Northwest Cabarrus	5:13.15	17
27.77	58.17 (30.40)	1:30.53 (32.36)	2:02.69 (32.16)	
2:34.78 (32.09)	3:06.90 (32.12)	3:39.27 (32.37)	4:11.71 (32.44)	
4:43.54 (31.83)	5:13.15 (29.61)			
3 Rice, Logan	JR	Ledford	5:28.81	16
27.23	58.02 (30.79)	1:30.63 (32.61)	2:03.46 (32.83)	
2:36.78 (33.32)	3:10.52 (33.74)	3:45.17 (34.65)	4:20.17 (35.00)	
4:55.34 (35.17)	5:28.81 (33.47)			
4 Akan, Obadele	SO	Northern Guilford	5:35.49	15
28.55	1:00.50 (31.95)	1:33.66 (33.16)	2:08.08 (34.42)	
2:42.40 (34.32)	3:17.00 (34.60)	3:52.25 (35.25)	4:27.78 (35.53)	
5:02.80 (35.02)	5:35.49 (32.69)			
5 Horn, Michael	JR	Cox Mill	5:36.85	14
28.75	1:01.02 (32.27)	1:35.36 (34.34)	2:11.17 (35.81)	
2:45.64 (34.47)	3:19.66 (34.02)	3:54.23 (34.57)	4:29.44 (35.21)	
5:03.25 (33.81)	5:36.85 (33.60)			
6 Anderson, Keaton	JR	Hickory Ridge	5:39.24	13
28.64	1:00.62 (31.98)	1:33.47 (32.85)	2:07.79 (34.32)	
2:42.41 (34.62)	3:17.87 (35.46)	3:53.97 (36.10)	4:29.86 (35.89)	
5:05.82 (35.96)	5:39.24 (33.42)			
7 Dumoulin, Ethan	JR	Ledford	5:42.04	12
29.69	1:02.05 (32.36)	1:36.06 (34.01)	2:10.46 (34.40)	
2:44.93 (34.47)	3:19.66 (34.73)	3:54.83 (35.17)	4:30.82 (35.99)	
5:07.02 (36.20)	5:42.04 (35.02)			
8 Walser, Aidan	JR	Central Davidson	5:42.44	11
30.20	1:04.06 (33.86)	1:38.36 (34.30)	2:13.25 (34.89)	
2:48.22 (34.97)	3:23.48 (35.26)	3:59.03 (35.55)	4:34.61 (35.58)	
5:09.90 (35.29)	5:42.44 (32.54)			
9 Herrera, Steven	SR	Southern Lee	5:48.43	9
28.79	1:01.68 (32.89)	1:35.95 (34.27)	2:10.61 (34.66)	
2:46.10 (35.49)	3:22.47 (36.37)	3:59.12 (36.65)	4:35.62 (36.50)	
5:12.84 (37.22)	5:48.43 (35.59)			
10 Haberman, Sam	JR	Concord	5:54.91	7
31.05	1:06.23 (35.18)	1:43.69 (37.46)	2:20.51 (36.82)	
2:57.36 (36.85)	3:34.45 (37.09)	4:11.54 (37.09)	4:48.87 (37.33)	
5:23.93 (35.06)	5:54.91 (30.98)			
11 Geist, Keethan	SO	Cox Mill	5:56.42	6
30.87	1:05.30 (34.43)	1:41.43 (36.13)	2:18.63 (37.20)	
2:55.61 (36.98)	3:32.23 (36.62)	4:09.82 (37.59)	4:47.14 (37.32)	
5:23.19 (36.05)	5:56.42 (33.23)			
12 Thomas, Seth	SO	Central Cabarrus	5:57.67	5
29.16	1:02.73 (33.57)	1:38.73 (36.00)	2:15.44 (36.71)	
2:52.43 (36.99)	3:29.71 (37.28)	4:07.43 (37.72)	4:45.35 (37.92)	
5:22.60 (37.25)	5:57.67 (35.07)			

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****(Event 16 Men 500 Yard Freestyle)**

	Name	Yr	School				Finals Time	Points
13	Parrish, Daniel	SR	Rockingham County				5:59.57	4
	30.37	1:04.56 (34.19)	1:40.00 (35.44)	2:16.76 (36.76)				
	2:54.21 (37.45)	3:32.14 (37.93)	4:09.57 (37.43)	4:47.69 (38.12)				
	5:24.36 (36.67)	5:59.57 (35.21)						
14	Gouge, Matthew		West Rowan HS				5:59.77	3
	30.30	1:04.00 (33.70)	1:39.64 (35.64)	2:16.50 (36.86)				
	2:53.59 (37.09)	3:31.32 (37.73)	4:09.17 (37.85)	4:47.26 (38.09)				
	5:24.66 (37.40)	5:59.77 (35.11)						
15	Bumgarner, Blaise	SO	South Rowan				6:00.72	2
	29.45	1:02.26 (32.81)	1:37.30 (35.04)	2:15.02 (37.72)				
	2:51.63 (36.61)	3:29.31 (37.68)	4:07.34 (38.03)	4:45.87 (38.53)				
	5:23.97 (38.10)	6:00.72 (36.75)						
16	Luker, Seth	FR	Hickory Ridge				6:07.00	1
	30.92	1:06.94 (36.02)	1:44.50 (37.56)	2:22.57 (38.07)				
	3:00.76 (38.19)	3:38.85 (38.09)	4:17.30 (38.45)	4:54.38 (37.08)				
	5:33.18 (38.80)	6:07.00 (33.82)						
17	Kennedy, Seth	JR	Eastern Guilford				6:28.63	
	30.39	1:05.32 (34.93)	1:43.55 (38.23)	2:22.65 (39.10)				
	3:03.57 (40.92)	3:44.51 (40.94)	4:26.32 (41.81)	5:08.27 (41.95)				
	5:50.43 (42.16)	6:28.63 (38.20)						
18	Shinn, Robbie	SR	Northwest Cabarrus				6:28.91	
	31.08	1:07.81 (36.73)	1:46.42 (38.61)					
		3:48.36 ()	4:29.87 (41.51)	5:10.69 (40.82)				
	5:51.14 (40.45)	6:28.91 (37.77)						
19	Estrada, Alejandro	FR	Ledford				6:29.31	
	32.75	1:10.20 (37.45)	1:49.72 (39.52)	2:29.76 (40.04)				
	3:10.66 (40.90)	3:51.19 (40.53)	4:31.91 (40.72)	5:12.32 (40.41)				
	5:52.36 (40.04)	6:29.31 (36.95)						
20	Julian, Matthew	JR	Rockingham County				6:32.41	
	33.10	1:10.96 (37.86)	1:52.24 (41.28)	2:33.35 (41.11)				
	3:14.11 (40.76)	3:54.58 (40.47)	4:35.39 (40.81)	5:16.02 (40.63)				
	5:57.63 (41.61)	6:32.41 (34.78)						
21	Jackson, Noah	JR	Robinson, J. M.				6:44.49	
	32.91	1:10.69 (37.78)	1:50.66 (39.97)	2:31.57 (40.91)				
	3:12.85 (41.28)	3:54.88 (42.03)	4:36.94 (42.06)	5:20.34 (43.40)				
	6:03.34 (43.00)	6:44.49 (41.15)						
22	Stadt, Travis	FR	Hickory Ridge				6:48.10	
	32.94	1:10.04 (37.10)	1:49.61 (39.57)	2:30.59 (40.98)				
	3:13.07 (42.48)	3:55.63 (42.56)	4:39.13 (43.50)	5:22.04 (42.91)				
	6:05.47 (43.43)	6:48.10 (42.63)						
23	Strubinger, Ethan	SR	Northern Guilford				6:55.80	
	32.97	1:10.52 (37.55)	1:50.65 (40.13)	2:32.30 (41.65)				
	3:14.70 (42.40)	3:57.40 (42.70)	4:40.91 (43.51)	6:10.88 (1:29.97)				
	6:55.80 (44.92)							
24	Musgrave, Trevor	SO	Central Davidson				7:02.43	
	34.04	1:12.23 (38.19)	1:53.54 (41.31)	2:37.18 (43.64)				
		4:05.19 ()	4:50.58 (45.39)	6:21.56 (1:30.98)				
	7:02.43 (40.87)							

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

Event 17 Women 200 Yard Freestyle Relay

1:35.85 AA-A

1:37.39 AA-C All-America

Team	Relay			Finals Time	Points
1 Northern Guilford				1:41.57	40
1) Schoppa, Abby FR	2) Rountree, Madelaine SO	3) Daly, Caroline JR	4) Glebus, Rebecca JR		
25.74	51.48 (25.74)	1:16.78 (25.30)	1:41.57 (24.79)		
2 Concord				1:41.62	34
1) Beohler, Anna JR	2) Adcock, Elena SR	3) Epler, Katherine JR	4) Knox, Shae JR		
25.25	51.09 (25.84)	1:16.43 (25.34)	1:41.62 (25.19)		
3 Cox Mill				1:42.43	32
1) Minnick, Bailey SR	2) Greenhall, Madison SR	3) Holland, Madison SR	4) Rogers, Cathleen SR		
26.28	52.59 (26.31)	1:17.77 (25.18)	1:42.43 (24.66)		
4 Hickory Ridge				1:46.38	30
1) Bryant, Sophie SR	2) Campany, Hannah SO	3) Holland, McKenna JR	4) Volz, Julia JR		
26.07	53.36 (27.29)	1:19.40 (26.04)	1:46.38 (26.98)		
5 Central Davidson				1:52.07	28
1) Beck, Kacie SR	2) Mize, Mallory JR	3) Allred, Hatley FR	4) McCarn, Logan SR		
27.70	56.58 (28.88)	1:25.28 (28.70)	1:52.07 (26.79)		
6 Robinson, J. M.				1:52.89	26
1) Stevenson, Rebecca JR	2) Mangan, Rebecca SR	3) Peace, Madison SR	4) Brown, Chloe SO		
57.21		1:24.57 ()	1:52.89 (28.32)		
7 Union Pines				1:53.02	24
1) Saunders, Emma SO	2) Nelms, Hayley FR	3) Dumas, Taylor JR	4) Schmitz, Madison JR		
27.74	56.83 (29.09)	1:25.45 (28.62)	1:53.02 (27.57)		
8 Williams				1:54.70	22
1) Higgins, Hannah	2) Meacham, Faith SR	3) Williams, Hannah SR	4) Gagnon, Walker JR		
30.34	58.96 (28.62)	1:26.96 (28.00)	1:54.70 (27.74)		
9 Sanford, Terry				1:55.93	18
1) Black, Rebecca JR	2) Hodge, Sophie SR	3) Yarborough, Hannah JR	4) Horman, Tate SR		
29.00	58.41 (29.41)	1:27.32 (28.91)	1:55.93 (28.61)		
10 Western Alamance				1:56.17	14
1) Grajzar, Madison FR	2) Gauthier, Marielle SO	3) Leupold, Mary SR	4) Burge, Laurin FR		
29.25	59.21 (29.96)	1:29.03 (29.82)	1:56.17 (27.14)		
11 Ledford				1:57.93	12
1) Hey, Laurel JR	2) Thiessen, McKenzie JR	3) Smith, Coral SO	4) Small, Holly SO		
59.35		1:28.65 ()	1:57.93 (29.28)		
12 Northwest Cabarrus				1:57.97	10
1) Moreira, Gabriella FR	2) Driessen, Kaylee FR	3) Hanson, Brianna FR	4) Abbate, Mandy FR		
28.96	1:00.33 (31.37)	1:30.48 (30.15)	1:57.97 (27.49)		
13 Central Cabarrus				1:58.16	8
1) Elliott, Ashlyn JR	2) Britt, Corinne SR	3) Schmipf, Paige	4) Eggers, Caroline FR		
30.20	1:00.23 (30.03)	1:31.45 (31.22)	1:58.16 (26.71)		
14 Carson, Jesse				1:58.47	6
1) Sever, Taylor SO	2) Weatherby, Olivia	3) Hinson, Samantha SR	4) Shorter, Olivia SO		
28.83	59.53 (30.70)	1:58.47 (58.94)			
15 Western Guilford				1:58.69	4
1) Stack, Alaina SO	2) Topalovic, Gloria FR	3) Bull, Danielle SO	4) Hoffman, Anna SR		
30.44	1:00.56 (30.12)	1:30.70 (30.14)	1:58.69 (27.99)		
16 South Rowan				2:01.93	2
1) Hughes, Lexie FR	2) Jones, Madilyn	3) Rymer, Kira	4) Harvey, Holiday		
31.43	1:00.74 (29.31)	1:31.81 (31.07)	2:01.93 (30.12)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****(Event 17 Women 200 Yard Freestyle Relay)**

	Team	Relay			Finals Time	Points
17	East Rowan				2:02.56	
	1) Faller, Faith	2) Faller, Grace	3) Mills, Ashlyn	4) Vanhoose, Shalea		
	30.28	1:00.34 (30.06)	1:32.66 (32.32)	2:02.56 (29.90)		
18	Morehead				2:03.01	
	1) Flanagan, Mallory SR	2) Barton, Sarah SO	3) Chrapliwy, Abby SO	4) Blankenship, Megan SO		
	32.50	1:05.47 (32.97)	1:34.07 (28.60)	2:03.01 (28.94)		
19	McMichael				2:03.46	
	1) Zenquis, Selena SO	2) Burris, Jordan JR	3) Welborn, Sydney	4) Wilkinson, Autumn JR		
	31.33	1:02.79 (31.46)	1:34.03 (31.24)	2:03.46 (29.43)		
20	Rockingham County				2:03.57	
	1) Goodwin, Jessica SR	2) Gagnon, Taylor FR	3) Brown, Gabrielle SO	4) Wilmouth, Reanna FR		
	32.91	1:04.05 (31.14)	1:33.43 (29.38)	2:03.57 (30.14)		
21	Asheboro				2:12.81	
	1) Pincus, Angie SO	2) Richau, Sadie	3) Herrin, Tatum	4) Sanchaz, Cynthia		
	30.56	1:03.01 (32.45)	1:37.65 (34.64)	2:12.81 (35.16)		
22	Gray's Creek				2:13.61	
	1) Barefoot, Madison	2) Davis, Taylor	3) Ormsby, Sara	4) Rizzotto, Daniella		
	32.92	1:08.89 (35.97)	1:41.56 (32.67)	2:13.61 (32.05)		
23	Lee County				2:14.00	
	1) Claffey, McKenna SR	2) Mills, Farren	3) Kellerman, Gracie	4) Diaz, Logan		
	29.02	1:03.92 (34.90)	1:39.26 (35.34)	2:14.00 (34.74)		
24	Eastern Alamance				2:21.47	
	1) Graham, Haley	2) Thomas, Gretchen	3) Fahey, Emily	4) Lawson, Morgan		
	34.61	1:16.38 (41.77)	2:21.47 (1:05.09)			

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 18 Men 200 Yard Freestyle Relay****1:24.95 AA-A****1:26.28 AA-C All-America**

Team	Relay			Finals Time	Points
1 Northern Guilford				1:28.69	40
1) Hill, Bryan JR	2) Snider, Ben SO	3) Wachendorfer, Jonathan JR	4) Forst, Preston FR		
22.75	45.09 (22.34)	1:07.38 (22.29)	1:28.69 (21.31)		
2 Cox Mill				1:32.52	34
1) Almaraz, Alex SR	2) Holt, Max JR	3) Skinner, Malcolm JR	4) Jensen, Louis SR		
23.92	47.77 (23.85)	1:10.20 (22.43)	1:32.52 (22.32)		
3 Robinson, J. M.				1:32.75	32
1) Tesh, Aaron SR	2) Williams, Tyler JR	3) Connelly, Scott JR	4) Evans, Kyle SR		
24.22	47.66 (23.44)	1:10.95 (23.29)	1:32.75 (21.80)		
4 Concord				1:32.87	30
1) Power, Matt JR	2) Lucky, Andrew FR	3) Ritchie, George JR	4) Epler, Robbie JR		
24.63	48.67 (24.04)	1:11.35 (22.68)	1:32.87 (21.52)		
5 Northwest Cabarrus				1:33.73	28
1) Enriquez, Edward SO	2) Gribble, Henry FR	3) Weston, Haydn FR	4) Weston, Jacob SR		
23.63	47.22 (23.59)	1:10.74 (23.52)	1:33.73 (22.99)		
6 Hickory Ridge				1:36.13	26
1) Arbury, Kieran SR	2) Arbury, Keaton JR	3) Anderson, Keaton JR	4) Shimberg, Cole SR		
23.73	48.05 (24.32)	1:13.17 (25.12)	1:36.13 (22.96)		
7 Central Cabarrus				1:37.68	24
1) Kunesh, Isaac SO	2) Buck, Cameron JR	3) Thomas, Seth SO	4) White, Jason SR		
24.14	48.88 (24.74)	1:14.11 (25.23)	1:37.68 (23.57)		
8 Union Pines				1:37.77	22
1) McLeary, Shane SR	2) Prevatte, Dalton SR	3) Tranel, Keaton SO	4) Majuri, Luke SO		
22.40	47.00 (24.60)	1:12.22 (25.22)	1:37.77 (25.55)		
9 Lee County				1:38.77	18
1) Jeffries, Andrew FR	2) Cox, Dylan SR	3) Vogelsang, Carter JR	4) Seth, Salas JR		
23.91	48.93 (25.02)	1:13.16 (24.23)	1:38.77 (25.61)		
10 Central Davidson				1:39.91	14
1) Euforbia, Felix SR	2) Cuff, Zeppelin SR	3) Bradley, Donnie SR	4) Tysinger, Payton SR		
27.06	51.72 (24.66)	1:16.50 (24.78)	1:39.91 (23.41)		
11 South Rowan				1:42.86	12
1) Fulton, John	2) Severt, Noah SO	3) Reynolds, Christian SO	4) Hurd, Cameron SO		
26.02	51.96 (25.94)	1:18.00 (26.04)	1:42.86 (24.86)		
12 Eastern Guilford				1:43.27	10
1) Martin, Jermaine SR	2) Kennedy, Seth JR	3) Mulvey, Christopher SR	4) Kennedy, Caleb SR		
25.32	52.28 (26.96)	1:18.91 (26.63)	1:43.27 (24.36)		
13 McMichael				1:44.38	8
1) Beasley, Izik	2) Hundley, Grant SR	3) Miller, Kevin SR	4) Blackard, Brody SO		
27.88	53.34 (25.46)	1:20.31 (26.97)	1:44.38 (24.07)		
14 Sanford, Terry				1:45.06	6
1) Reitz, Nick SR	2) Develvis, Steven SR	3) Allen, Ferris JR	4) Huffman, Matthew SR		
26.63	53.58 (26.95)	1:20.31 (26.73)	1:45.06 (24.75)		
15 Western Guilford				1:45.17	4
1) Dahlinghaus, Will SO	2) Short, Daniel SR	3) Lynch-Wade, Shemssa JR	4) Kennedy, Matt SR		
27.22	53.91 (26.69)	1:18.90 (24.99)	1:45.17 (26.27)		
16 Ledford				1:45.57	2
1) Rodriguez, Gabriel FR	2) Pegram, Tanner JR	3) Rodriguez, Christian FR	4) Dumoulin, Ethan JR		
26.00	52.00 (26.00)	1:19.31 (27.31)	1:45.57 (26.26)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****(Event 18 Men 200 Yard Freestyle Relay)**

Team	Relay			Finals Time	Points
17 Gray's Creek				1:46.03	
1) Lu, Zizhou SO 23.07	2) Shuey, Jett 50.66 (27.59)	3) Edwards, Xavier 1:26.26 (35.60)	4) Hernandez-Serrano, Jose SR 1:46.03 (19.77)		
18 Western Alamance				1:46.61	
1) Rainey, Austin JR 26.41	2) Roy, Vaughn SO 54.46 (28.05)	3) Greeson, Perry 1:20.65 (26.19)	4) Stuart, Colby JR 1:46.61 (25.96)		
19 Morehead				1:47.34	
1) Twilla, Ryder SR 25.57	2) Barham, Holden JR 53.28 (27.71)	3) Dalton, Logan SO 1:26.26 (32.98)	4) Harris, Colby 1:47.34 (21.08)		
20 Asheboro				1:47.88	
1) Hydzik, Jonah 27.94	2) Jones, Justin SR 53.85 (25.91)	3) Weaklend, Jacob SR 1:19.29 (25.44)	4) Perez, Leonardo 1:47.88 (28.59)		
21 Northeast Guilford				1:48.60	
1) Fields, Logan SR 27.35	2) Norton, David 55.61 (28.26)	3) Welborn, Bryson 1:24.45 (28.84)	4) Collie, Preston SR 1:48.60 (24.15)		
22 Rockingham County				1:49.89	
1) Skrobola, Ben SR 27.83	2) Carter, Heath 55.22 (27.39)	3) Shreve, Hawk 1:23.50 (28.28)	4) Parrish, Caleb SR 1:49.89 (26.39)		
23 Carson, Jesse				1:50.62	
1) Meres, Michael SO 26.99	2) Gay, Devin 55.57 (28.58)	3) Taylor, Jacob 1:22.27 (26.70)	4) Pell, Daniel 1:50.62 (28.35)		
--- Williams				DQ	
1) Coffey, Spencer 30.12	2) Gabrielli, Will 58.31 (28.19)	3) Baldwin, Jake 1:26.14 (27.83)	4) Edwards, James FR DQ (24.89)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 19 Women 100 Yard Backstroke****55.18 AA-A****56.39 AA-C All-America**

	Name	Yr	School	Finals Time	Points
1	Holland, Madison	SR	Cox Mill	59.00	20
	28.86		59.00 (30.14)		
2	Minnick, Bailey	SR	Cox Mill	59.69	17
	29.32		59.69 (30.37)		
3	Beohler, Anna	JR	Concord	1:01.10	16
	29.84		1:01.10 (31.26)		
4	Rountree, Madelaine	SO	Northern Guilford	1:01.12	15
	30.03		1:01.12 (31.09)		
5	Adcock, Elena	SR	Concord	1:01.24	14
	29.71		1:01.24 (31.53)		
6	Graham, Rachel	JR	Northern Guilford	1:02.35	13
	30.40		1:02.35 (31.95)		
7	Federico, Alexa	SO	Central Cabarrus	1:02.80	12
	30.90		1:02.80 (31.90)		
8	Barbour, Hannah	JR	Central Cabarrus	1:02.96	11
	30.96		1:02.96 (32.00)		
9	Beauregard, Morgan	SR	Hickory Ridge	1:04.34	9
	31.10		1:04.34 (33.24)		
10	Price, Alivia	FR	Cox Mill	1:05.14	7
	31.49		1:05.14 (33.65)		
*11	Halbach, Allyson	FR	Concord	1:05.89	5.50
	31.31		1:05.89 (34.58)		
*11	Kluepfel, Valerie	FR	Northern Guilford	1:05.89	5.50
	31.77		1:05.89 (34.12)		
13	Eggers, Caroline	FR	Central Cabarrus	1:07.66	4
	33.17		1:07.66 (34.49)		
14	Schmitz, Madison	JR	Union Pines	1:08.40	3
	32.32		1:08.40 (36.08)		
15	Davenport, Parker	FR	Union Pines	1:08.49	2
	32.92		1:08.49 (35.57)		
16	Steelman, Jilien	SR	Western Guilford	1:10.33	1
	34.43		1:10.33 (35.90)		
17	Long, Kayleigh	SR	Western Alamance	1:10.93	
	34.56		1:10.93 (36.37)		
18	Spry, Jordan	FR	Cox Mill	1:11.75	
	34.96		1:11.75 (36.79)		
19	Culp, Brenna	FR	East Rowan	1:12.49	
	34.74		1:12.49 (37.75)		
20	Bresko, Annie	JR	Sanford, Terry	1:13.10	
	34.71		1:13.10 (38.39)		
21	Maneen, Virginia	SO	Ledford	1:13.98	
	35.93		1:13.98 (38.05)		
22	Guthrie, Mia	FR	Concord	1:14.11	
	35.16		1:14.11 (38.95)		
23	Chrapliwy, Abby	SO	Morehead	1:16.14	
	37.27		1:16.14 (38.87)		
---	Gagnon, Walker	JR	Williams	DFS	

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 20 Men 100 Yard Backstroke**

49.74 AA-A

51.01 AA-C All-America

	Name	Yr	School	Finals Time	Points
1	Weston, Haydn 26.64	FR	Northwest Cabarrus (28.27)	54.91	20
2	Hill, Bryan 27.32	JR	Northern Guilford (28.88)	56.20	17
3	Lucky, Andrew 27.93	FR	Concord (28.92)	56.85	16
4	Akan, Obadele 30.07	SO	Northern Guilford (31.27)	1:01.34	15
5	Snow, Ryan 30.70	SR	Ledford (31.87)	1:02.57	14
6	Kocher, Michael 31.13	SR	Cox Mill (32.43)	1:03.56	13
7	Palladino, Jacob 31.31	JR	Cox Mill (33.07)	1:04.38	12
8	Schulze, Luke 30.98	SO	Concord (33.56)	1:04.54	11
9	Cuff, Zeppelin 32.09	SR	Central Davidson (33.48)	1:05.57	9
10	Kelly, Patrick 32.18	FR	Cox Mill (33.44)	1:05.62	7
11	McLaughlin, Kevin 31.90	JR	Hickory Ridge (33.74)	1:05.64	6
12	Bradley, Donnie 31.44	SR	Central Davidson (34.43)	1:05.87	5
13	Pruitt, Collin 32.25	JR	Rockingham County (34.16)	1:06.41	4
14	Kennedy, Caleb 32.71	SR	Eastern Guilford (34.11)	1:06.82	3
15	Holland, Kellyn 32.32	FR	Hickory Ridge (34.84)	1:07.16	2
16	Blackburn, Jake	SO	Robinson, J. M.	1:08.19	1
17	Pais, Mervyn 33.62	SO	Western Alamance (34.81)	1:08.43	
18	Estrada, Alejandro 33.05	FR	Ledford (36.12)	1:09.17	
19	Rodriguez, Gabriel 32.68	FR	Ledford (36.71)	1:09.39	
20	Kuehl, Connor 33.96	JR	Carson, Jesse (37.40)	1:11.36	
21	Reynolds, Christian 33.39	SO	South Rowan (38.59)	1:11.98	
22	Huffman, Matthew 35.14	SR	Sanford, Terry (37.62)	1:12.76	
23	Johnson, Conner 36.84	SO	Northeast Guilford (39.55)	1:16.39	
---	Cox, Dylan	SR	Lee County	DFS	

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

Event 21 Women 100 Yard Breaststroke

1:03.03 AA-A

1:04.56 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Gilliland, Virginia	JR	Western Guilford	1:06.33	20
31.29		1:06.33 (35.04)		
2 Gaskey, Isabella	FR	Central Cabarrus	1:07.72	17
32.11		1:07.72 (35.61)		
3 Schoppa, Abby	FR	Northern Guilford	1:09.49	16
33.01		1:09.49 (36.48)		
4 Koh, Hannah	FR	Northern Guilford	1:11.82	15
33.67		1:11.82 (38.15)		
5 Vancil, Anna	SO	Northern Guilford	1:12.28	14
34.72		1:12.28 (37.56)		
6 Lotfy, Christina	FR	Concord	1:12.52	13
34.02		1:12.52 (38.50)		
7 Holland, McKenna	JR	Hickory Ridge	1:14.20	12
34.17		1:14.20 (40.03)		
8 Thompson, Mary Katherine	FR	Western Guilford	1:14.85	11
35.02		1:14.85 (39.83)		
9 Elliot, Jenna	JR	Southern Lee	1:15.38	9
36.08		1:15.38 (39.30)		
10 Williams, Amaya	SO	Cox Mill	1:16.01	7
34.85		1:16.01 (41.16)		
11 Long, Kacey	SR	Western Alamance	1:17.15	6
36.22		1:17.15 (40.93)		
12 Foster, Mackenzie	FR	Cox Mill	1:17.94	5
36.80		1:17.94 (41.14)		
13 Rule, Anna	SR	Northern Guilford	1:18.69	4
36.74		1:18.69 (41.95)		
14 Houghton, Samantha	SR	Cox Mill	1:18.92	3
37.43		1:18.92 (41.49)		
15 McClamrock, GG	JR	Cox Mill	1:20.01	2
37.47		1:20.01 (42.54)		
16 Nelms, Hayley	FR	Union Pines	1:20.11	1
37.88		1:20.11 (42.23)		
17 Metts, Caroline	SR	Williams	1:20.96	
37.77		1:20.96 (43.19)		
18 Jones, Madilyn		South Rowan	1:22.26	
38.15		1:22.26 (44.11)		
19 Rogers, Tori	FR	Robinson, J. M.	1:22.36	
38.15		1:22.36 (44.21)		
20 Harvey, Holiday		South Rowan	1:23.03	
39.04		1:23.03 (43.99)		
21 Brown, Chloe	SO	Robinson, J. M.	1:23.57	
39.14		1:23.57 (44.43)		
22 Burchfield, Abigail	JR	Concord	1:23.68	
39.61		1:23.68 (44.07)		
23 Sever, Taylor	SO	Carson, Jesse	1:25.32	
38.55		1:25.32 (46.77)		
24 Vanhoose, Kaitlyn	SR	East Rowan	1:27.18	
39.98		1:27.18 (47.20)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

Event 22 Men 100 Yard Breaststroke

56.09 AA-A

57.39 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Enriquez, Edward	SO	Northwest Cabarrus	59.65	20
27.93	59.65 (31.72)			
2 Lalumondier, Jeremy	JR	Northern Guilford	59.87	17
27.51	59.87 (32.36)			
3 Tysinger, Payton	SR	Central Davidson	1:03.22	16
28.88	1:03.22 (34.34)			
4 Ritchie, George	JR	Concord	1:04.09	15
29.91	1:04.09 (34.18)			
5 Weston, Jacob	SR	Northwest Cabarrus	1:04.19	14
31.09	1:04.19 (33.10)			
6 Darrenkamp, Will	FR	Cox Mill	1:05.41	13
30.26	1:05.41 (35.15)			
7 Parkes, Noah	SO	Cox Mill	1:06.53	12
31.30	1:06.53 (35.23)			
8 Skrobola, Ben	SR	Rockingham County	1:08.33	11
31.77	1:08.33 (36.56)			
9 Singh, Yash	SO	Northern Guilford	1:09.27	9
31.98	1:09.27 (37.29)			
10 Pegram, Tanner	JR	Ledford	1:10.20	7
32.56	1:10.20 (37.64)			
11 Fahey, James	SR	Eastern Alamance	1:10.50	6
33.37	1:10.50 (37.13)			
12 Layton, Jonathan	JR	Northern Guilford	1:10.57	5
32.10	1:10.57 (38.47)			
13 Bowers, Jacob	SO	Southern Lee	1:11.64	4
33.08	1:11.64 (38.56)			
14 Leder, Matthew	SO	Concord	1:12.29	3
34.29	1:12.29 (38.00)			
15 Shue, Trevor	SR	Hickory Ridge	1:12.38	2
33.83	1:12.38 (38.55)			
16 Thomas, Seth	SO	Central Cabarrus	1:13.08	1
34.57	1:13.08 (38.51)			
17 Davis, Carson	JR	East Rowan	1:13.82	
34.10	1:13.82 (39.72)			
18 Kreider, Alex	SO	Eastern Alamance	1:14.22	
33.21	1:14.22 (41.01)			
19 Hollmond, Nhygel	SO	Robinson, J. M.	1:14.37	
34.50	1:14.37 (39.87)			
20 Williams, Chris	SO	Cox Mill	1:14.59	
35.19	1:14.59 (39.40)			
21 Fulton, John		South Rowan	1:14.89	
35.08	1:14.89 (39.81)			
22 Euforbia, Felix	SR	Central Davidson	1:16.14	
35.43	1:16.14 (40.71)			
23 Lynch-Wade, Shemssa	JR	Western Guilford	1:16.48	
35.61	1:16.48 (40.87)			
--- Twilla, Ryder	SR	Morehead	DQ	
31.82	DQ (39.00)			

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

Event 23 Women 400 Yard Freestyle Relay

3:28.27 AA-A

3:31.83 AA-C All-America

Team	Relay			Finals Time	Points
1 Central Cabarrus				3:42.69	40
1) Losey, Erica SO	2) Federico, Alexa SO	3) Barbour, Hannah JR	4) Gaskey, Isabella FR		
25.97	53.81 (53.81)	1:22.03 (28.22)	1:52.26 (58.45)		
2:19.57 (27.31)	2:49.27 (57.01)	3:14.59 (25.32)	3:42.69 (53.42)		
2 Concord				3:45.73	34
1) Beohler, Anna JR	2) Adcock, Elena SR	3) Knox, Shae JR	4) Epler, Katherine JR		
27.34	56.67 (56.67)	1:24.09 (27.42)	1:53.61 (56.94)		
2:20.11 (26.50)	2:49.29 (55.68)	3:15.57 (26.28)	3:45.73 (56.44)		
3 Western Alamance				3:48.54	32
1) Burge, Laurin FR	2) Long, Kacey SR	3) Burge, Alison JR	4) Davenport, Corinne FR		
27.90	58.34 (58.34)	1:26.59 (28.25)	1:57.62 (59.28)		
2:24.56 (26.94)	2:54.50 (56.88)	3:20.35 (25.85)	3:48.54 (54.04)		
4 Northern Guilford				3:53.49	30
1) Graham, Rachel JR	2) Koh, Hannah FR	3) Rountree, Madelaine SO	4) Vancil, Anna SO		
26.89	56.25 (56.25)	1:25.69 (29.44)	1:58.83 (1:02.58)		
2:25.82 (26.99)	2:55.97 (57.14)	3:12.02 (16.05)	3:53.49 (57.52)		
5 Hickory Ridge				3:53.61	28
1) Bryant, Sophie SR	2) Beauregard, Morgan SR	3) Holland, McKenna JR	4) Volz, Julia JR		
27.41	57.50 (57.50)	1:25.49 (27.99)	1:57.12 (59.62)		
2:24.71 (27.59)	2:55.43 (58.31)	3:23.30 (27.87)	3:53.61 (58.18)		
6 Cox Mill				3:53.65	26
1) Price, Alivia FR	2) Ozbelli, Talya SR	3) McClamrock, GG JR	4) Greenhall, Madison SR		
27.67	57.17 (57.17)	1:25.16 (27.99)	1:56.65 (59.48)		
2:25.23 (28.58)	2:56.18 (59.53)	3:23.52 (27.34)	3:53.65 (57.47)		
7 Western Guilford				4:02.39	24
1) Thompson, Mary Katherine FR	2) Steelman, Jilien SR	3) Stevens, Abigail FR	4) Gilliland, Virginia JR		
28.96	1:00.83 (1:00.83)	1:31.27 (30.44)	2:05.42 (1:04.59)		
2:34.55 (29.13)	3:07.35 (1:01.93)	3:33.87 (26.52)	4:02.39 (55.04)		
8 Ledford				4:14.51	22
1) Small, Holly SO	2) Hey, Laurel JR	3) Maneen, Virginia SO	4) Rice, Delanie SR		
30.67	1:04.38 (1:04.38)	1:35.22 (30.84)	2:09.41 (1:05.03)		
2:38.42 (29.01)	3:11.66 (1:02.25)	3:40.70 (29.04)	4:14.51 (1:02.85)		
9 Robinson, J. M.				4:16.38	18
1) Mundt, Laura SR	2) Halterman, April SR	3) Mangan, Rebecca SR	4) Peace, Madison SR		
30.94		1:36.10 ()	2:08.94 ()		
2:39.41 (30.47)	3:14.57 (1:05.63)	3:43.04 (28.47)	4:16.38 (1:01.81)		
10 Williams				4:17.23	14
1) Gilgo, Grace	2) Williams, Hannah SR	3) Gagnon, Walker JR	4) Meacham, Faith SR		
31.28	1:06.35 (1:06.35)	1:35.17 (28.82)			
2:41.51 ()	3:14.56 ()	3:44.53 (29.97)	4:17.23 (1:02.67)		
11 Union Pines				4:19.66	12
1) Davenport, Parker FR	2) Everheart, Madelyn FR	3) Muse, Emily SR	4) McFadden, Kaleigh FR		
31.49	1:06.08 (1:06.08)	1:36.17 (30.09)	2:10.17 (1:04.09)		
2:40.57 (30.40)	3:15.42 (1:05.25)	3:46.08 (30.66)	4:19.66 (1:04.24)		
12 Sanford, Terry				4:19.76	10
1) Black, Rebecca JR	2) Hodge, Sophie SR	3) Yarborough, Hannah JR	4) Horman, Tate SR		
31.19	1:04.53 (1:04.53)	1:34.77 (30.24)	2:09.73 (1:05.20)		
2:39.83 (30.10)	3:14.47 (1:04.74)	3:44.90 (30.43)	4:19.76 (1:05.29)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

(Event 23 Women 400 Yard Freestyle Relay)

Team	Relay				Finals Time	Points
13 Carson, Jesse					4:24.07	8
1) Shorter, Olivia SO	2) Weatherby, Olivia	3) Hinson, Samantha SR	4) Sever, Taylor SO			
29.73	1:02.01 (1:02.01)	1:33.98 (31.97)	2:09.94 (1:07.93)			
2:43.41 (33.47)	3:19.64 (1:09.70)	3:49.27 (29.63)	4:24.07 (1:04.43)			
14 Northwest Cabarrus					4:26.44	6
1) Moreira, Gabriella FR	2) Driessen, Kaylee FR	3) Hanson, Brianna FR	4) Abbate, Mandy FR			
31.49	1:05.23 (1:05.23)	1:38.95 (33.72)	2:16.65 (1:11.42)			
2:48.28 (31.63)	3:25.24 (1:08.59)	3:54.35 (29.11)	4:26.44 (1:01.20)			
15 Rockingham County					4:33.22	4
1) Gagnon, Alexandra JR	2) Rizza, Hailey JR	3) Wilmouth, Reanna FR	4) Whitesell, Nadia JR			
32.69	1:09.54 (1:09.54)	1:26.43 (16.89)	2:20.13 (1:10.59)			
2:51.61 (31.48)	3:27.23 (1:07.10)	3:57.91 (30.68)	4:33.22 (1:05.99)			
16 Central Davidson					4:38.08	2
1) Allred, Hatley FR	2) Walser, Stephanie FR	3) Trantham, Emily JR	4) Mize, Mallory JR			
31.56	1:07.06 (1:07.06)	1:40.66 (33.60)	2:19.83 (1:12.77)			
2:52.52 (32.69)	3:27.49 (1:07.66)	3:59.45 (31.96)	4:38.08 (1:10.59)			
17 McMichael					4:41.91	
1) Zenquis, Selena SO	2) Burris, Jordan JR	3) Welborn, Sydney	4) Wilkinson, Autumn JR			
32.86	1:08.40 (1:08.40)	1:42.94 (34.54)	2:21.18 (1:12.78)			
2:56.43 (35.25)	3:34.05 (1:12.87)	4:06.50 (32.45)	4:41.91 (1:07.86)			
18 East Rowan					4:47.70	
1) Culp, Brenna FR	2) Mahaffey, Shannon	3) Mills, Ashlyn	4) Vanhooose, Shalea			
31.16	1:06.43 (1:06.43)	1:42.20 (35.77)	2:22.91 (1:16.48)			
2:56.98 (34.07)	3:35.22 (1:12.31)	4:09.10 (33.88)	4:47.70 (1:12.48)			
19 South Rowan					4:58.70	
1) Golladay, Seanna SO	2) Sloop, Haley	3) Rymer, Kira	4) Hughes, Lexie FR			
34.08	1:27.63 (1:27.63)	1:49.09 (21.46)	2:31.62 (1:03.99)			
	3:46.16 (1:14.54)	4:18.54 (32.38)	4:58.70 (1:12.54)			
20 Gray's Creek					5:05.34	
1) Ormsby, Sara	2) Davis, Taylor	3) Barefoot, Madison	4) Rizzotto, Daniella			
33.93	1:10.17 (1:10.17)	1:49.54 (39.37)	2:36.35 (1:26.18)			
3:13.11 (36.76)		4:26.04 ()	5:05.34 ()			
21 Lee County					5:10.12	
1) Claffey, McKenna SR	2) Mills, Farren	3) Kellerman, Gracie	4) Diaz, Logan			
30.32	1:04.77 (1:04.77)	1:42.57 (37.80)	2:24.23 (1:19.46)			
3:03.32 (39.09)	3:49.36 (1:25.13)	4:28.11 (38.75)	5:10.12 (1:20.76)			
22 Asheboro					5:18.31	
1) Pincus, Angie SO	2) Richau, Sadie	3) Herrin, Tatum	4) Valderrama, Carolina			
33.55	1:09.82 (1:09.82)	1:45.01 (35.19)	2:24.37 (1:14.55)			
3:03.30 (38.93)	3:46.11 (1:21.74)	4:29.44 (43.33)	5:18.31 (1:32.20)			
23 Eastern Alamance					5:28.61	
1) Shelansky, Tatum	2) O'Neal, Kaleigh	3) Engwall, Eiona FR	4) Wade, Mattie FR			
37.30	1:18.25 (1:18.25)	2:01.56 (43.31)	2:52.01 (1:33.76)			
3:29.49 (37.48)	4:12.07 (1:20.06)	4:47.31 (35.24)	5:28.61 (1:16.54)			
24 Eastern Guilford					5:35.84	
1) Lowdermilk, Eris	2) Loirand-Billet, Soline	3) Hefner, Sarah	4) Robertson, Hannah			
40.40	1:22.92 (1:22.92)	2:04.35 (41.43)	2:53.99 (1:31.07)			
3:30.97 (36.98)	4:22.27 (1:28.28)	4:53.78 (31.51)	5:35.84 (1:13.57)			

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Event 24 Men 400 Yard Freestyle Relay****3:06.47 AA-A****3:09.43 AA-C All-America**

Team	Relay			Finals Time	Points
1 Concord				3:25.08	40
1) Power, Matt JR	2) Lucky, Andrew FR	3) Ritchie, George JR	4) Epler, Robbie JR		
25.60	54.64 (54.64)	1:19.84 (25.20)	1:47.72 (53.08)		
2:11.81 (24.09)	2:37.75 (50.03)	3:00.33 (22.58)	3:25.08 (47.33)		
2 Northern Guilford				3:30.02	34
1) Snider, Ben SO	2) Karver, Noah SR	3) Layton, Jonathan JR	4) Lalumondier, Jeremy JR		
24.13	50.06 (50.06)	1:15.73 (25.67)	1:44.77 (54.71)		
2:10.70 (25.93)	2:39.08 (54.31)	3:02.95 (23.87)	3:30.02 (50.94)		
3 Hickory Ridge				3:31.25	32
1) Shimberg, Cole SR	2) Anderson, Keaton JR	3) Arbury, Keaton JR	4) Arbury, Kieran SR		
24.71	51.35 (51.35)	1:17.48 (26.13)	1:46.55 (55.20)		
2:12.15 (25.60)	2:40.92 (54.37)	3:04.79 (23.87)	3:31.25 (50.33)		
4 Cox Mill				3:33.17	30
1) Almaraz, Alex SR	2) Horn, Michael JR	3) Darrenkamp, Will FR	4) Holt, Max JR		
24.98	52.89 (52.89)	1:19.39 (26.50)	1:47.83 (54.94)		
2:13.35 (25.52)	2:41.31 (53.48)	3:06.39 (25.08)	3:33.17 (51.86)		
5 Ledford				3:37.99	28
1) Setzer, Alexander SO	2) Dumoulin, Ethan JR	3) Snow, Ryan SR	4) Rice, Logan JR		
23.83	50.14 (50.14)	1:16.48 (26.34)	1:46.78 (56.64)		
2:13.86 (27.08)	2:44.22 (57.44)	3:09.70 (25.48)	3:37.99 (53.77)		
6 Central Davidson				3:38.83	26
1) Walser, Aidan JR	2) Tysinger, Payton SR	3) Collier, Austin JR	4) Parks, Jonah SR		
26.57	55.70 (55.70)	1:20.26 (24.56)	1:48.78 (53.08)		
2:16.26 (27.48)	2:46.88 (58.10)	3:10.42 (23.54)	3:38.83 (51.95)		
7 Northwest Cabarrus				3:42.69	24
1) Gribble, Henry FR	2) Norris, Logan SR	3) Shinn, Robbie SR	4) Hamilton, Luke SR		
25.12	53.88 (53.88)	1:21.04 (27.16)	1:52.78 (58.90)		
2:19.43 (26.65)	2:49.71 (56.93)	3:14.77 (25.06)	3:42.69 (52.98)		
8 Central Cabarrus				3:43.41	22
1) Kunesh, Isaac SO	2) Thomas, Seth SO	3) Buck, Cameron JR	4) White, Jason SR		
26.28	55.14 (55.14)	1:22.83 (27.69)	1:54.09 (58.95)		
2:21.01 (26.92)	2:50.87 (56.78)	3:15.76 (24.89)	3:43.41 (52.54)		
9 Western Alamance				3:47.60	18
1) Frodyma, Jacob JR	2) Stuart, Colby JR	3) Pais, Mervyn SO	4) Henderson, Noah SO		
28.30	59.38 (59.38)	1:28.55 (29.17)	2:00.95 (1:01.57)		
2:28.51 (27.56)	2:58.81 (57.86)	3:21.43 (22.62)	3:47.60 (48.79)		
10 Robinson, J. M.				3:51.74	14
1) Cureton, Jaelyn SR	2) Tesh, Aaron SR	3) Jackson, Noah JR	4) Moran, Kyle SR		
27.82	58.48 (58.48)	1:25.81 (27.33)	1:54.84 (56.36)		
2:23.80 (28.96)	2:56.64 (1:01.80)	3:22.62 (25.98)	3:51.74 (55.10)		
11 Rockingham County				3:56.79	12
1) Holland, Jonathan JR	2) Yount, Jordan SR	3) Pruitt, Collin JR	4) Parrish, Daniel SR		
27.75	59.02 (59.02)	1:27.28 (28.26)	1:57.77 (58.75)		
2:26.16 (28.39)	2:58.16 (1:00.39)	3:25.86 (27.70)	3:56.79 (58.63)		
12 Western Guilford				3:57.36	10
1) Dahlinghaus, Will SO	2) Short, Daniel SR	3) Kennedy, Matt SR	4) Lynch-Wade, Shemssa JR		
29.15	1:01.62 (1:01.62)	1:29.79 (28.17)	2:02.07 (1:00.45)		
2:29.81 (27.74)	3:00.80 (58.73)	3:27.22 (26.42)	3:57.36 (56.56)		

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Northern Guilford HS & Terry Sanford HS

Swimming & Diving

Results

(Event 24 Men 400 Yard Freestyle Relay)

Team	Relay				Finals Time	Points
13 Carson, Jesse					4:00.81	8
1) Dixon, Cole FR	2) Kuehl, Connor JR	3) Hastings, Andrew SO	4) Meres, Michael SO			
29.52	1:01.50 (1:01.50)	1:20.32 (18.82)	2:01.01 (59.51)			
2:28.43 (27.42)	3:01.92 (1:00.91)	3:29.40 (27.48)	4:00.81 (58.89)			
14 McMichael					4:02.79	6
1) Beasley, Izik	2) Hundley, Grant SR	3) Miller, Kevin SR	4) Blackard, Brody SO			
30.20	1:04.73 (1:04.73)	1:32.90 (28.17)	2:03.91 (59.18)			
2:34.14 (30.23)	3:07.13 (1:03.22)	3:33.82 (26.69)	4:02.79 (55.66)			
15 Asheboro					4:04.88	4
1) Hydzik, Jonah	2) Jones, Justin SR	3) Weaklend, Jacob SR	4) Griffen, Benjamin			
29.85	1:03.55 (1:03.55)	1:30.63 (27.08)	1:59.94 (56.39)			
2:20.07 (20.13)	2:59.52 (59.58)	3:29.65 (30.13)	4:04.88 (1:05.36)			
16 Union Pines					4:08.29	2
1) Prevatte, Dalton SR	2) Burton, Luke	3) Venjohn, Victor	4) Hinds, Mathew			
29.34	1:01.64 (1:01.64)	1:32.51 (30.87)	2:06.19 (1:04.55)			
2:34.32 (28.13)	3:06.51 (1:00.32)	3:35.99 (29.48)	4:08.29 (1:01.78)			
17 Williams					4:19.67	
1) Coffey, Spencer	2) Gabrielli, Will	3) Baldwin, Jake	4) Edwards, James FR			
32.86	1:07.08 (1:07.08)	1:38.37 (31.29)	2:14.01 (1:06.93)			
2:45.06 (31.05)	3:21.16 (1:07.15)	3:48.21 (27.05)	4:19.67 (58.51)			
--- South Rowan					DQ	
1) James, Jayson	2) Severt, Noah SO	3) Carracio, Frankie	4) Bumgarner, Blaise SO			
32.31	1:07.84 (1:07.84)	1:36.97 (29.13)	2:08.93 (1:01.09)			
2:44.59 (35.66)	3:25.29 (1:16.36)	3:52.76 (27.47)	DQ (57.82)			
--- East Rowan					DQ	
1) Davis, Jake	2) Dry, Trey	3) Simpkins, Justin	4) Russell, Sawyer			
29.63	1:06.68 (1:06.68)	1:37.32 (30.64)	2:11.61 (1:04.93)			
	3:25.59 (1:13.98)	3:56.68 (31.09)	DQ (1:05.68)			
--- Lee County					DQ	
1) Jeffries, Andrew FR	2) Cox, Dylan SR	3) Vogelsang, Carter JR	4) Seth, Salas JR			
26.34	54.18 (54.18)	1:20.69 (26.51)	1:49.90 (55.72)			
2:15.19 (25.29)	2:44.62 (54.72)	3:11.73 (27.11)	DQ (57.62)			
--- Northeast Guilford					DQ	
1) Johnson, Conner SO	2) Gallagher, Garrett	3) Norton, David	4) Welborn, Bryson			
32.41	1:07.52 (1:07.52)	1:41.04 (33.52)	2:19.75 (1:12.23)			
2:51.34 (31.59)	3:29.42 (1:09.67)	4:03.09 (33.67)	DQ (1:12.44)			
--- Sanford, Terry					DQ	
1) Develvis, Steven SR	2) Reitz, Nick SR	3) Tristan, Smith FR	4) Huffman, Matthew SR			
28.49	1:01.96 (1:01.96)	1:30.21 (28.25)	2:01.96 (1:00.00)			
2:31.34 (29.38)	3:06.19 (1:04.23)	3:32.04 (25.85)	DQ (56.00)			
--- Eastern Guilford					DQ	
1) Mulvey, Christopher SR	2) Phillips, Shane	3) Mulvey, Samuel	4) Martin, Jermaine SR			
28.94	1:01.55 (1:01.55)	1:33.77 (32.22)	2:07.35 (1:05.80)			
2:40.86 (33.51)	3:18.69 (1:11.34)	3:46.90 (28.21)	DQ (59.09)			

2017 3A Central NCHSAA Regional Championships - 2/3/17 to 2/4/17**Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Results****Scores - Women**Women - Team Rankings - Through Event 24

1. Cox Mill	345	2. Northern Guilford	319.5
3. Concord	261.5	4. Hickory Ridge	215
5. Central Cabarrus	211	6. Western Alamance	190
7. Western Guilford	155	8. Union Pines	104
9. Robinson, J. M.	68	10. Williams	67
11. Ledford	65	11. Central Davidson	65
13. Carson, Jesse	39	14. Sanford, Terry	34
15. Northwest Cabarrus	19	16. South Rowan	13
17. Southern Lee	9	18. East Rowan	4
18. Rockingham County	4	20. Morehead	2

Scores - MenMen - Team Rankings - Through Event 24

1. Northern Guilford	330.5	2. Cox Mill	311
3. Northwest Cabarrus	212	4. Concord	204
5. Robinson, J. M.	171	6. Ledford	154
7. Hickory Ridge	151	8. Central Davidson	131
9. Central Cabarrus	99	10. Union Pines	78
11. Western Alamance	76	12. Rockingham County	62
13. Gray's Creek	36.5	14. McMichael	29
15. Southern Lee	28	16. Western Guilford	24
16. Lee County	24	18. Sanford, Terry	22
19. Eastern Guilford	15	20. South Rowan	14
21. Northeast Guilford	12	22. Carson, Jesse	8
23. Eastern Alamance	6	24. Asheboro	4
25. West Rowan HS	3	26. Morehead	2